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**SPANISH FOOTBALL IN THE DELTA**

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城市漫步珠江三角洲英文版 06 月份

ISSN 1672-8041



9 771672 804043

China Intercontinental Press  
国内统一刊号: CN 11-5234/GO

JUNE 2013

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《城市漫步》珠江三角洲 英文月刊  
五洲传播出版社 出版发行  
CHINA INTERCONTINENTAL PRESS

主管单位: 中华人民共和国国务院新闻办公室  
Supervised by the State Council Information Office of the People's Republic of China  
主办单位: 五洲传播出版社  
地址: 中国北京 海淀区北小马路 6 号华天大厦 23-26 层  
Published by China Intercontinental Press  
Address: Huatian Building, 6 North Xiaomachang, Haidian District, Beijing 100038, China  
http://www.cicc.org.cn  
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广告经营许可证: 京海工商广字第 8069 号  
法律顾问: 大成律师事务所 魏君贤律师  
Legal Advisor: Wei Junxian, Dacheng Law Firm  
国际标准刊号 ISSN 1672-8041  
国内统一刊号 CN 11-5234/GO  
定价: 15.00 元  
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CHAIRMAN MAO

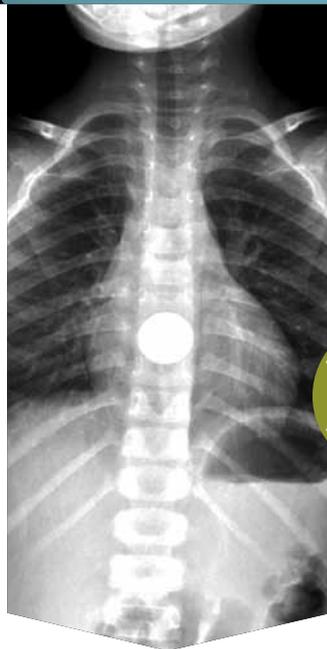
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SEAFOOD SUPREME

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See more details in the Guangzhou and Shenzhen Entertainment monthly inserts.

### // QUOTE OF THE ISSUE

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"NOBODY IS A STRANGER IN SHENZHEN BECAUSE ALL SHENZHENERS ARE STRANGERS."

MATHIAS DACCORD, CURATOR OF DÉCOUVERTES ART EXPO.

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# EDITOR'S NOTE

## Editor's Note

Chinese people typically use the topic of food as an icebreaker: "Ni Chi Fan Le Ma?" means, "How are you?" as much as it means, "Have you eaten?" The similarly indirect British prefer discussing the weather when opening a conversation and being no exception to that rule, I thought I'd begin my first Editor's Note with a traditional grumble.

It has been a testing rainy season for even the most imperturbable of Guangdong residents. At the time of writing, the Xinhua News Agency says: "Torrential rain affected 55 % of Guangdong Province on Tuesday and yesterday, bringing the death toll resulting from rainstorms to 36 in the province this year." This season has been a savage one, with three months of near non-stop rainfall interrupting everything from sporting activities to getting ones laundry dry. Let's hope June brings some blue skies.

Whether the clouds part or not, June promises to be a vibrant month. Festival Croisments, France's massive nationwide cultural campaign, shows no sign of ebbing. Particularly exciting is the return of Decouvertés (p24). Now in its third year, this exhibition is fast developing a reputation as the foremost place to view emerging Franco-Sino artistic talent in the delta.

Another June highlight is British Day. Now in its third year, this year's event will again show off the best of British, including music from the Beijing Beatles as well as fabulous games and prizes. Of course, the event is not exclusively aimed at Brits. If you're a fan of the premiership or simply curious about what warm ale and stodgy pies taste like, head down to the British School Guangzhou on June 15. We have the full story on page 31.

Finally, more attentive readers will notice some new names on the masthead. After three years as Shenzhen Editor, I've suddenly found myself behind the wheel of *that's PRD*. I'd like to thank my predecessor Shane Qin for sailing such a steady ship all these years. The winds are now a changing, but we plan to sail forth, with new sections in the pipeline and a fabulous new team aimed at realizing a more representative publication. If you have any thoughts regarding how *that's PRD* might improve we'll be glad to hear from you. Letters can be sent directly to: editor@urbanatomy.com

Thanks for reading and keep writing in.

**Tom Bird**  
Editor in Chief



THIS  
MONTH'S  
COVER

Designed by  
Jordan Ignatov .

## Win! Win! Win!

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**Zinfandel, Two Tickets To Zinfest**,

an exclusive wine event to be held

in China Hotel, A Marriott Hotel

(GZ p54 & SZ p52), **Two Bottles of**

**Hacienda Vieja Tequila**, two tickets

to see **Franz Von Chossy** on June

18 at the Xinghai Concert Hall (GZ

p56), as well as two tickets to see

the **Royal Philharmonic Orchestra**

**with Charles Dutoit** on July 7 at the

Guangzhou Opera House(GZ p58).

And for this month's SNAP CITY

photo competition, the winner

will receive a **lomography camera**

**from Lomography Gallery Store**

**Guangzhou** (PRD p8).



### that's Daily

Our daily blog on the PRD's latest



### Web Exclusives

News, reviews, interviews



### Eat & Drink

Reviews, listings, happy hour deals and more



### Events

Up-to-date info on what's happening all month



### The Photobox

Snapshots of life in the PRD

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## SNAP CITY

## This month's winner is...

Mike Ledowski-Klypa



Send your PRD pictures to [marketing.prd@urbanatomy.com](mailto:marketing.prd@urbanatomy.com) by June 18th. Winner receives a free lomography camera sponsored by Lomography Gallery Store Guangzhou. 3 Jiaoyu Lu, Yuexiu District, Guangzhou 广州市越秀区教育路3号 (020 2898 4264, [www.lomography.com](http://www.lomography.com))

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## QUOTE OF THE MONTH

"I'm calling on the Supreme Leader of North Korea, or as I call him 'Kim,' to do me a solid and cut Kenneth Bae loose."

Former NBA star Dennis Rodman taps his well-publicized BFF status with North Korean leader Kim Jong Un to ask for the release of a Korean-American man sentenced to 15 years of hard labour. This truly is the bromance that keeps on giving (great quotes...)



## THIS MONTH IN HISTORY

## One day in... June



June 4, 1928 and a train carrying warlord Zhang Zuolin from Beijing to Shenyang is ripped apart by a huge explosion, mortally wounding the 'Mukden Tiger,' in what is now dubbed the Huanggutun Incident.

Following the Xinhai Revolution of 1911, China had fractured into military cliques, ushering in a period known today as the Warlord Era. It was within this shaky societal struc-

ture that Zhang went from a poor village urchin known by the nickname 'pimple,' by way of a bandit gang, to become the supreme ruler of Manchuria.

His was a power supported by the Empire of Japan, who had hungry eyes on the region's largely untapped natural resources. Zhang agreed to provide security for extensive Japanese economic interests, suppressing Manchuria's endemic banditry problem, while the Imperial Japanese Army assisted him in resisting uprisings by rival factions.

But Zhang's ambition was not sated, and in his adventurism, overtaxed

Manchuria. Despite capturing Beijing in June 1926 - and proclaiming himself Grand Marshal of the Republic of China - the economy collapsed in the winter of 1927-28. The Nationalists, led by Chiang Kai-shek (and backed by the Soviet Union, Tokyo's strategic rival) attacked his forces in May 1928, and Zhang was forced into retreat.

Infuriated by his failure to stop the advance, Japanese militarists decided it was time to replace Zhang with a less self-interested puppet, applying pressure on him to return to Manchuria. As Zhang's train reached Huanggutun on the outskirts of Shenyang and passed beneath the

Japanese-operated South Manchuria Railroad, a bomb planted on the bridge exploded.

The assassination failed to have the desired effect. Zhang's own son, Zhang Xueliang, quietly carried out a policy of reconciliation with Chiang Kai-shek, which left him as recognized ruler of Manchuria instead of Japan's preferred successor, General Yang Yuting, considerably weakening Japan's political position in Northeast China. They were forced to wait several years before creating another episode to justify the Invasion of Manchuria, the Mukden Incident of September 1931.

## ACCIDENTAL CHINESE HIPSTERS

## Cool Cats

Please meet the original accidental Chinese hipsters. I saw this unforgettable couple years ago while on vacation and part of me has probably not been able to stop thinking about unselfconscious, out-of-context Chinese fashion ever since. The best thing? They are at a bank! Running errands and being bored! That lady was not even smiling while she was doing the most whimsical ATM transaction of all time. Alison Kuo // For more hip hip visit [accidentalchinesehipsters.tumblr.com](http://accidentalchinesehipsters.tumblr.com)



## FIGHT FOR YOUR RIGHTS...AND A PARTY

## Rainbow Warriors

A young gay rights activist identified as Xiang, 19, was arrested on May 17 after organizing a rally in Changsha, Hunan province. Approximately 80 to 100 people participated in the protest, which called for an end to homophobia and discrimination. Three others were arrested but released the same day. Similar demonstrations took place at the same time in Guangzhou, Beijing, Shanghai, Chengdu and Nanchang. In other LGBT news, May 18 saw Guangzhou's first ever Lesbian Night at the Kiwi Lounge in Tianhe. With over 100 people in attendance organizer Lisa said the night was a "huge success," and plans to "continue to connect more people from the community."



# TALES OF THE CITY

WRITTEN AND EDITED BY SIMON EDWARD SMITH, JANE KENT AND TOM BIRD

LAMB MEAT REPLACED BY RODENT MEAT

## I smell a rat



The old adage that you're never more than six feet away from a rat seems particularly true in Shanghai recently. Shanghai police have dismantled a USD one million crime syndicate that was supposedly passing off rat, fox and other small rodentia meat as beef and mutton. The ring of rodentry was made up of over 900 fraudsters who've subsequently been arrested on charges of selling tainted or fake meat products. According to China's Ministry of Public Security, more than 20,000 tons of fake meat was confiscated in a recent raid. One Weibo user did raise an interesting question: "How many rats does it take to put together a sheep?"

TALENT VISAS ON OFFER FOR GIFTED FOREIGNERS

## Everybody has one, apparently

Calling all skilled citizens of the world, China wants you. Aiming to attract 'urgently needed' senior-level foreign professionals, a bid has been made for two new types of multi-entry 'talent visas.' The R1 and R2 visas, set to be available in July, would grant beholders residency rights of up to five years. Criteria for being talented are not specified. A separate draft is in the works to allow those that have worked in China for ten consecutive years to be eligible for a green card.



SHENZHEN CRACKS DOWN ON IMPATIENCE

## Jaywalking into a fine

Shenzhen local police bureau recently announced a policy against jaywalking, or as *China Daily* somewhat disparagingly wrote, "Chinese-style road crossing." From May 23, jaywalkers in Shenzhen will face up to RMB100 fine if they are caught violating the policy. In Guangzhou, the punishment for jaywalking is slightly different. Instead of a RMB20 fine,



jaywalkers may choose to be a volunteer by wearing a green vest and helping the police coordinate traffic for ten minutes.

CHINESE HOLIDAYMAKERS CAUTIONED OVER CONDUCT

## Spitting image

Chinese vacationers contributed USD102 billion to the global economy in the last year, according to the United Nations World Tourism Organization, making them the single biggest source of global tourism income. Chinese tourists made 83 million trips abroad last year, compared with only 10 million in 2000. But with great purchasing power comes great responsibility, according to Wang Yang, one of China's four deputy prime ministers, whose statements



at a conference last month warned 'uncivilized behavior' by Chinese tourists is harming China's image, singling out talking loudly and spitting by his fellow citizens.

POISONOUS GINGER FOUND IN GUANGZHOU

## Spicy and spoilt

Guangzhou destroyed almost two tons of poisonous ginger from Shandong Province in Guangzhou's Jiangnan Fruit and Vegetable Wholesale Market. According to the report by the Guangzhou Agricultural Standards and Monitoring Centre, two samples were found to contain aldicarb, a substance banned for cultivation of vegetables or melons. The market claims that they are now strictly controlling food safety.



QR CODES IMPLEMENTED TO FIGHT THEFT

## Signed, sealed, delivered, it's safe

A new device has been introduced to fight against theft in Shenzhen. Nanshan District police are to offer laser-read quick response (QR) codes stamped onto citizen's personal belongings. The code contains the owner's personal information and cannot be erased or covered. Such a move is aimed at curbing the increasing number of criminals who profit from stolen goods. This technique will be first applied to bikes, items which are commonly coveted by thieves. The facilities to print the codes will soon be put into use in public places.



# THE REAL VOICES OF CHINA

## PHOTOGRAPHY PROJECT EXPRESSES HOPES OF THE YOUNG

BY KAROLINE KAN

There are some 256 million people aged 16 to 24 in China. What do they think? What are their hopes and fears? Chairman Xi Jinping has spoken of the “China Dream” to underscore the kind of bold vision that might inspire them. For answers, Xi might look no further than the work of British photographer Adrian Fisk, who traveled across China and India asking young people these exact questions.

The United Nations Population Fund is now sponsoring a worldwide version of Fisk’s iSpeak China project, iSpeak Global. Aimed at improving understanding between young people in developing countries, the photographer explained to us how it all began.

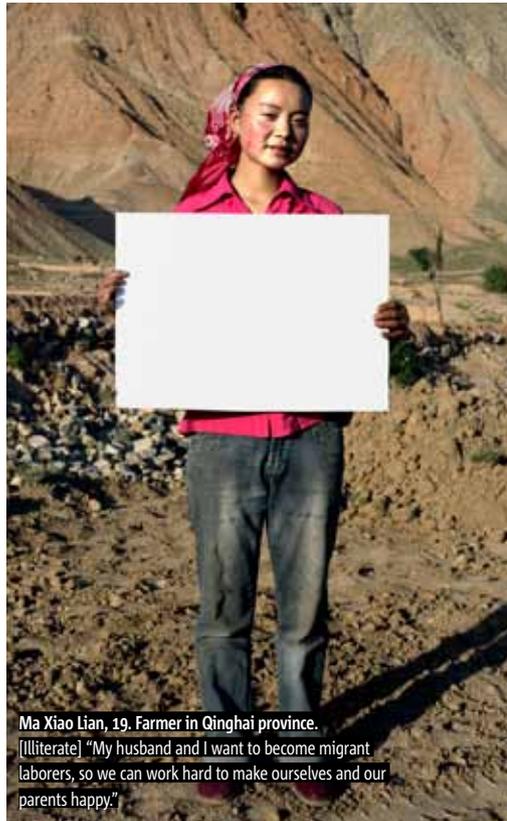
Fisk spent eight years living in India, where he realized that, despite their proximity, most young Chinese and Indians knew little about each other. In 2008, he traveled to eight provinces in the Middle Kingdom, including both affluent coastal regions and poorer rural areas, covering a total of 125,000 kilometers and photographing 45 people in restaurants, trains and on the street.

Initially invited to write down their single most important thought, many simply responded with a stock answer that sounded safe: “China is a great country and I want to be rich.”

“Young Chinese are in a kind of relationship with their government, on what they can and can’t express,” Fisk explains. “The history of the past 60 years in China makes the idea of writing on paper what you want to express very complicated.”

So Fisk set about winning his subjects’ trust, often discussing the project for hours before finally repeating his original questions: “What do you think? What are you worried about?”

The answers, he found, were very different in both countries, which are often compared for their similarities – emerging



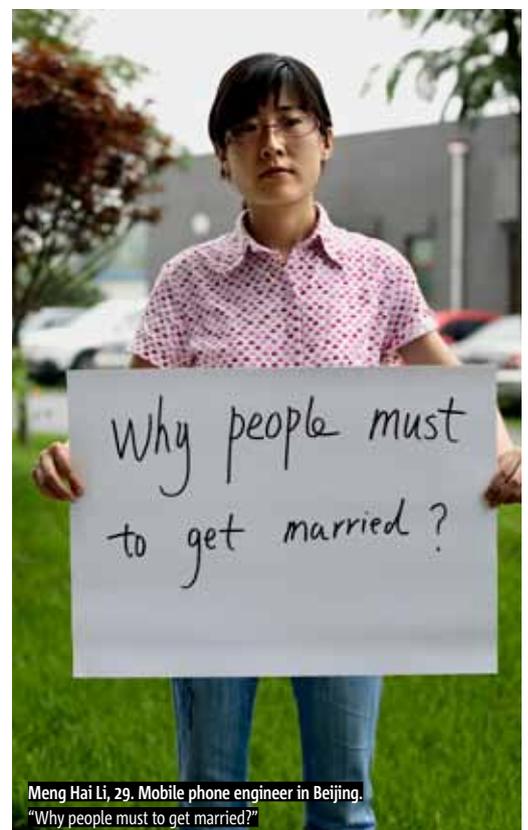
**Ma Xiao Lian, 19, Farmer in Qinghai province.**  
[Illiterate] “My husband and I want to become migrant laborers, so we can work hard to make ourselves and our parents happy.”



**Liu Gu, 26, Mobile-phone hardware designer in Beijing.**  
“If I have a sister, it would be better.”



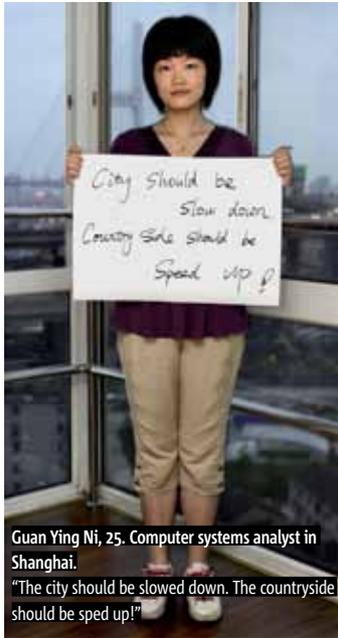
**Qiang Chow, 25, Construction worker in Qinghai Province.**  
“I dream that one day I can go to the holy Potala Palace in Lhasa on a pilgrimage.”



**Meng Hai Li, 29, Mobile phone engineer in Beijing.**  
“Why people must to get married?”



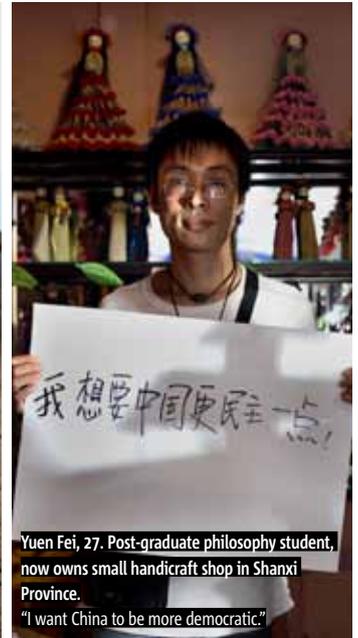
**Feng Long, 21.** First-time migrant laborer working as painter-decorator in Shanghai. "Why aren't there any companies setting up factories in the countryside? We don't want to work as migrant laborers."



**Guan Ying Ni, 25.** Computer systems analyst in Shanghai. "The city should be slowed down. The countryside should be sped up!"



**Li Jung Yang, 25.** Was a shepherd but, due to a ban on livestock in the area, is now a tour guide in Inner Mongolia. "I hope I can eat lamb, quaff wine and spirits, and keep singing and dancing like I was doing five years ago. This is our families' wish."



**Yuen Fei, 27.** Post-graduate philosophy student, now owns small handicraft shop in Shanxi Province. "I want China to be more democratic."

economies, vast populations, long, often tragic histories (including colonialism) – yet greatly differ in both culture and society.

"I think China has a richer youth culture, in which young people

have more opportunities," says Fisk. "But they are facing no less pressure than those in India." In China, for example, issues such as the one-child policy are unique preoccupations; in India, a similar subject might be the rigid caste system. Both suffer

the twin scourges of corruption and poverty.

Yet in an age of microblogging – Sina's Weibo service reached 500 million users this month – is iSpeak China even necessary? Fisk has his answer ready. "On

these social networks, users keep updating every day, while with iSpeak, they only have one chance – so they write down the one thing they care about the most."

// [www.ispeakglobal.org](http://www.ispeakglobal.org)



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**Pediatrics Team**

 <b>Udaya Lamichhane</b> ( from Nepal ) MD English, Russian, Nepalese, Hindi & Urdu	 <b>Kelly Xia</b> ( from China ) MD MCAP Speaks English, Mandarin & Cantonese	 <b>Huan Chen</b> ( from China ) MD Speaks Mandarin & Cantonese
--	--	--

**Dentistry**

 <b>Steven Dee</b> ( from Sweden ) DDS Speaks English, Swedish, Mandarin & Cantonese	 <b>Erick Chen</b> ( from USA ) Speaks English & Mandarin
--	---

**SPECIALTY SERVICES**

<p> <b>DERMATOLOGY</b> Dr. Chunying Guo <b>Jun 21-22</b></p> <p> <b>PSYCHOLOGY</b> Dr. Alfred Chambers <b>Jun 21-22</b></p> <p> <b>OB/GYN</b> Dr. Ellen Zhao <b>Jun 14-15</b></p> <p> <b>Speech Therapy</b> Angela Gong <b>Jun 9-10</b></p> <p> <b>Child Psychology</b> Dr. Alice Fok-Trela <b>Jun 16-18</b></p>	<p> <b>asia medical specialists</b> 亞洲專科醫生</p> <p><b>BRAIN &amp; SPINE SURGERY</b> Dr. Peter Pang <b>Jun 7</b></p> <p><b>BREAST, HEAD &amp; NECK SURGERY</b> Dr. James Kong <b>Jun 28</b></p> <p><b>GENERAL &amp; THORACIC SURGERY</b> Dr. YP Tai <b>Jun 18</b></p> <p><b>ORTHOPAEDICS &amp; SPORTS MEDICINE</b> Dr. Jason Brockwell <b>Jun 5, 26</b></p>
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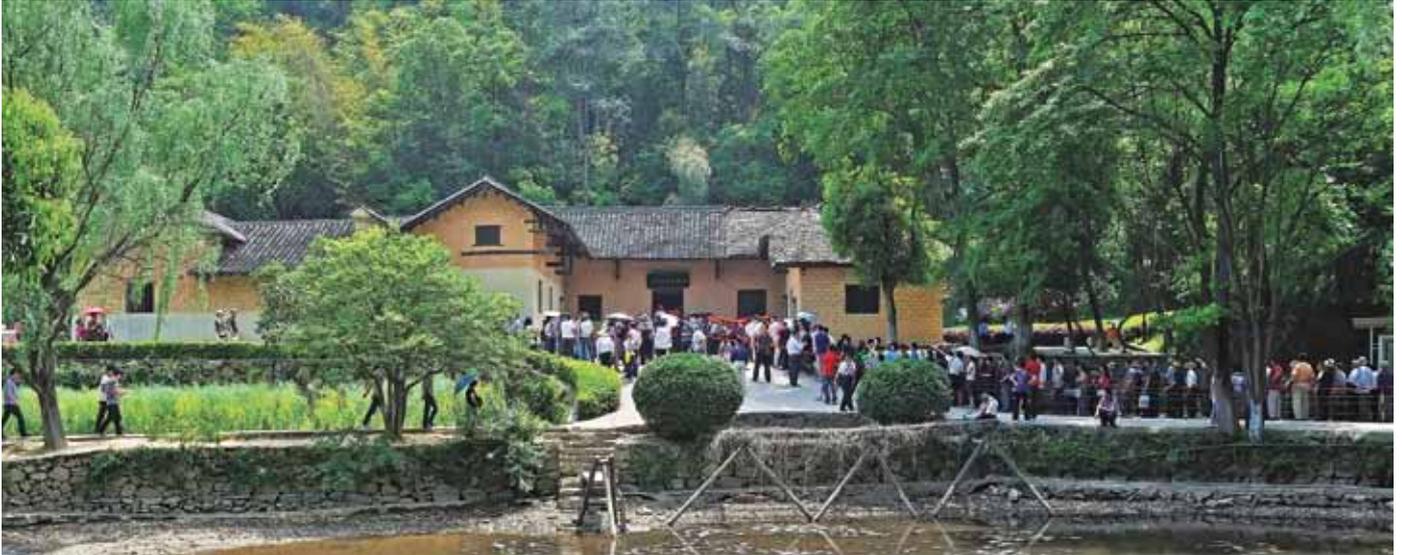
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# RED EARTH

## MAO'S BIRTHPLACE LEADS REVIVAL IN REVOLUTIONARY TOURISM

BY DR JONATHAN CHATWIN



**Getting there** Shaoshan is about 130km to the southwest of Changsha. Take the No 5365 train (RMB49), which leaves Changsha at 6.30am daily, returning at 4.29pm, or catch one of three buses (normally RMB32, 7.30am; 9am; 1.20pm). The last bus back leaves at 5.30pm.

**Staying** Shaoshan is a daytrip kind of place but if you find yourself compelled (or wishing to) stay, someone will offer a cheap bed with a family, for an authentic local experience. Or try the Shaoshan Binguan hotel, with doubles around RMB400.



**T**he soil in Hunan is red: a strong, bright red. It colors the rivers and the roads, the valleys and the fields. Days after I had left, I was still digging red earth from the tread of my boots.

“The East is Red,” goes the famous song, “from China arises Mao Zedong.” Whether the thoughts of Hunan’s favorite son ever occasionally turned to the landscape of his youth on the countless occasions that he must have heard that tune, we do not know; perhaps the connection never occurred to him. Yet, it was amongst the red fields and mountains of Hunan that Mao was first struck by the ideas that would so shape him, and the country he came to lead.

Specifically, it was in the village of Shaoshan, two hours or so out of Hunan’s capital Changsha, that Mao’s formative years were spent, tending the fields of his father’s farm by day, and devouring Chinese and Western history by night. He would return to Shaoshan only twice after the Republic’s founding in 1949: once in June 1959, after an absence of 32 years, and then again in 1966, when he decamped for 11 days to a villa at nearby Di Shui Dong (‘Dripping Water Cave’) to reflect upon the impending Cultural Revolution.

Shaoshan has become a place of pilgrimage in the years since

---

*It is estimated that there were half a billion red tourists in 2011 alone*

---

the Great Helmsman’s death: visitor numbers, having declined somewhat after the knocks his domestic reputation suffered in the 1990s, now stand again at a few million each year. This recent resurgence is of a piece with the burgeoning national enthusiasm for so-called ‘red tourism’, which has been driven, as these sociological phenomena tend to be in China, by relentless investment and promotion by the Party.

After a period of relative uncertainty regarding how best to deal with the sometimes murky realities of 60 years in power, the leaders of the country have now embarked on a persistent drive to promote the established highlights of CCP history. Regular red tourism conferences are convened, and the Party has established The National Co-ordination Group for Red Tourism, which offers advice to provincial chiefs on how best to celebrate the great members and orthodox history of the Communist Party – and attract a lucrative portion of the increasing numbers of red tourists, esti-

mated at half a billion in 2011.

These pilgrims can now relive the Cultural Revolution over dinner at the kitschy East is Red restaurant in suburban Beijing, drink from the well Mao is said to have dug in Ruijin, watch a performance in Yanan (final destination of the Long March), re-enact the struggle against the Japanese at the Cultural Park of the Eighth Route Army in Shanxi – or pay their respects to the late leader in Shaoshan.

Approaching the village outskirts on one of the mini-buses which ferry tourists around the area, Shaoshan initially looks very much like any other rural settlement in Hunan: terraced fields of that red soil; small, one-storey houses and shops with tiled fronts and small windows. It’s only when one reaches the center of the village that the historical associations of the place begin to confront the visitor. The heart of Shaoshan is a vast public square – around 100,000 square meters, according to the authorities – bordered by landscaped streams and conifers, which leads one, inevitably, towards an elevated bronze statue of Mao, jacketed and holding a paper scroll, in front of which an endless stream of visitors queue to honor the first leader of New China. Some bow; some kneel, hands together in a gesture of prayer, on a red carpet provided

## RED TOURISM

for such genuflection; others simply stand reverently, casting pensive glances at the figure.

Flanking this square are a wealth of tourist sites relating to Mao, all named with a confusing similarity. There is the 'Mao Family Ancestral Hall,' the 'Mao Jia Ancestral Temple,' the 'Mao Zedong Memorial Hall,' the 'Mao Zedong Library,' the 'Mao Zedong Museum.' The detail of the information presented at these sites can be somewhat difficult to access for most foreigners – there are few English translations, Shaoshan being first and foremost a domestic tourist destination – but the thrust of the collective narrative is nevertheless clear. Historical Shaoshan is a place of rural tranquility, inhabited by farming families who embody the peasant virtues from which the village's illustrious son would one day draw such inspiration in later years.

These narrative strands are picked up and refined at Shaoshan's foremost tourist site: the Mao family's former residence. This is the house in which, under the supervision



of his sometimes-authoritarian father and his devout Buddhist mother, Mao, his two younger brothers and his adopted sister grew up. The mud-brick walls, roofed with thatch and tile, are of a thick custard yellow, their low, square windows looking out across of pond of lily-pads. To one side, terraced fields rise away to some woodland. It is an eminently pleasant spot, retaining a sense of rural past that has largely been lost in Chinese villages.

The house is large – 13 rooms

– but was shared between two families. Inside, you shuffle around successive, black-timbered rooms, gaining insight into of Mao's eminent behavior as a young boy – always helping his mother with chores – and the general tenor of family life. Placards remind the visitor of the younger brothers' grisly fates – Zetan executed by the Kuomintang in 1935 and Zemin suffering the same fate at the hands of the warlord Sheng Shicai in Xinjiang in 1943; ugly destinies which seemed hard to credit in such peaceful, simple

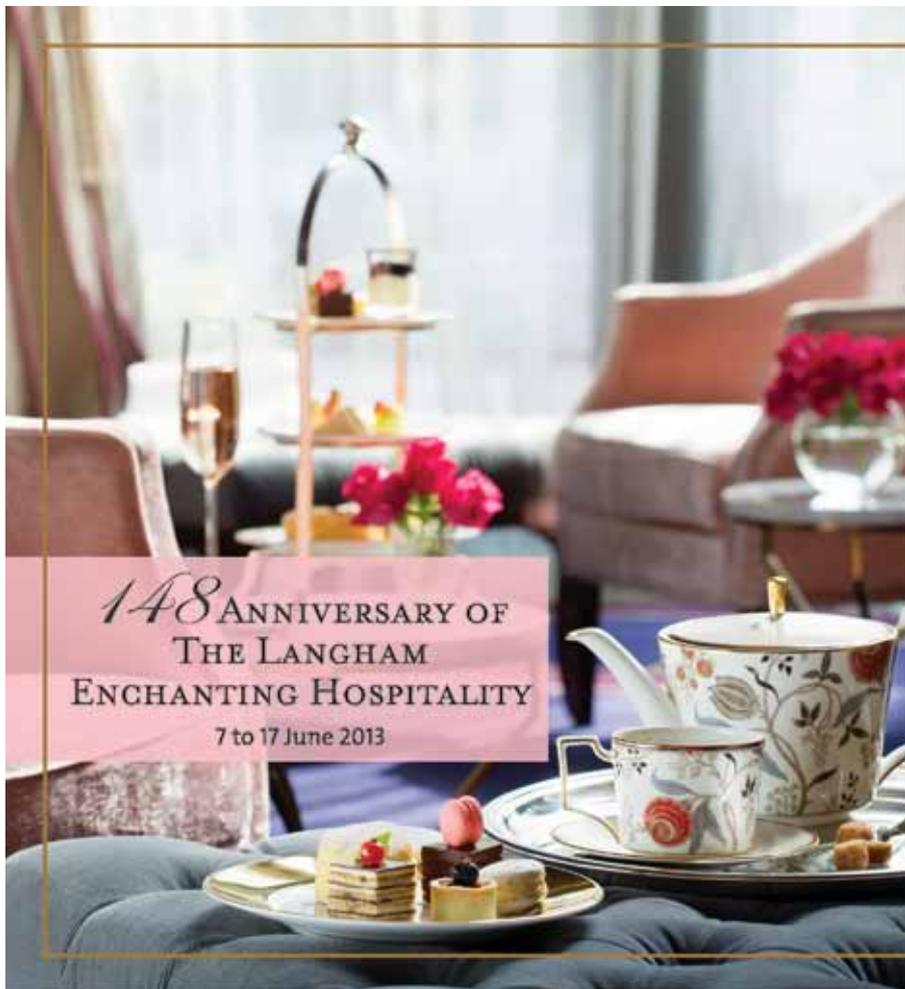
surroundings.

Worn out by sightseeing, we retire to a nearby restaurant. The only customers, we sat surrounded by the Chairman's image in various sizes and forms – all for sale. There were Mao magnets and snow globes; Mao busts and statues; Mao commemorative medals; Mao baijiu and, for the young, Mao candy. .

The restaurants here have extensive Chinese menus – though they may as well not bother. Everyone who comes here invariably eats the same overpriced dish: Mao's supposed favourite hong shao rou, or red pork.

Certainly, pig farming, once a significant industry here, has been cannily replaced with a far readier source of revenue: In some form or another, most of the villagers now make their money from Mao nostalgia. That Mao has brought prosperity to Shaoshan is indisputable.

// Dr Jonathan Chatwin is a freelance writer. His new book, *Anywhere Out of the World: The Work of Bruce Chatwin* is out now.



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Above offers are subject to availability. More details please refer to [shenzhen.langhamhotels.com/anniversary](http://shenzhen.langhamhotels.com/anniversary)



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## Lomography

The future is analogue

TEXT AND PHOTO BY JANE KENT

The retro designs and artsy appeal of Lomography cameras have had a loyal, even somewhat cultish following since the company's inception in 1992. A group of Austrian students studying in Russia were intrigued by the camera's old-school, KGB-esque looks. Further intrigued by the resulting saturated and sometimes blurred photos, they procured licensing rights and set-up shop in Vienna. Now with a second location near Beijing Lu, photo buffs in Guangzhou can learn what it means to become a "Lomographer."

Assistant shop manager Carol Tong explains that the original camera, the Lomo LC-A+ (RMB2180) is "the most iconic" and produces shad-

owy vignettes with heavy colour. The boxy hand-cranked Lomokino (RMB788) produces four frames per shot, which can then be developed into a short film. A large section is dedicated to the Diana line (RMB788-988). All have a classic, sturdy body and interchangeable lenses, but designs will suit many tastes, from neon greens to blue porcelain-inspired florals. There are also mini-Dianas to slip in a pocket, like a stark white model (RMB598) or a more flamboyant leopard print mini with flash (RMB988).

Beyond just selling their wares, Lomography offers activities, competitions and workshops in an effort to create a community around their products—for free. One out-



ing may focus on a specific camera, technique or topic. Weekly workshops can help beginners learn basics like loading film or more advanced users can actually learn how to develop their own black and white film—in the comfort of their own home.

// Lomography Gallery Store  
Guangzhou, No.3 Jiaoyu Lu, Yuexiu District, Guangzhou (020 2898 4264, www.lomography.com). 广州市越秀区教育路3号

### Win!

To win a lomography camera (La Sardina Beach Edition), please participate in the SNAP CITY picture competition on p8.



## FITNESS | BY BRAD PHILLIPS

### Debunking a Fitness Myth

Whole wheat may not be so good for you



problems and accelerated aging.

Dr. Davis states the primary link between obesity, diabetes, and wheat consumption is wheat's unique gliadin protein. This protein acts

as an opiate to the human brain and stimulates a craving for foods with a high glycemic content.

"Eat whole wheat" used to be widely spoken aphorism. Yet it is increasingly becoming the advice of heart specialists, dieticians, and other medical professionals to "wholly avoid wheat."

Sometimes "common knowledge" turns out to be not so accurate. This is often the case in the area of nutritional science. Since the 1970s it's been a common belief that "good for the heart" whole grains help lower cholesterol and are integral to any healthy diet.

However, our understanding is growing about how we metabolize grains and the full effect they have on the body, specifically wheat. An article published by *Life Extension Magazine*, written by William Davis, MD offers a link between whole wheat consumption and health risks including: obesity, diabetes, pancreatic injury, joint stiffness, digestive

If you would like more to learn more visit the Apollo blog: [www.apolloz.com](http://www.apolloz.com)

// Brad Phillips, head coach at The Apollo Program Add: #3 Block 6, 9th Yard Jianshe Da Ma Lu, Yue Xiu District, Guangzhou P: 159 8900 0800 建设大马路9号大院6座03号首层 (7天酒店) ([www.Apolloz.com](http://www.Apolloz.com))

## STREET CRED |

### City savvy



**Paul, British,** 21, student, wearing a T-shirt from Topman, Zara trousers, Reiss scarf, vintage suspenders, All Saints belt and sunglasses from Tianzifang.

**Allegra, Italian,** 28, fashion designer, wearing an Italian leather jacket, Dolce & Gabbana shirt, vintage shades from a small shop in Italy and Charles Philip shoes.

**Sebastian,** Italian, 31, owner of #1 Made in Shanghai, wearing all clothes of his own design.

OVERHEARD

“Did she really think that was OK to wear? And is her super large chest real? She at least wore red, but everything else was just a distraction from the significance of the trip.”



// A Weibo user comments on the, ahem, rather flashy look of supermarket billionaire heiress Andrea Catsimatidis, who accompanied her husband Christopher Nixon Cox – grandson of former President Richard Nixon – during a visit to China retracing the steps of Nixon’s 1972 trip to the Middle Kingdom.

COVET

### Grandma’s style

With its delightful mix of old-style prints and clashing patterns, this fabric case by Suzhou brand 37C Handmade perfectly balances the right dose of sassy and chic, reminding us of Granny’s vintage glasses case. RMB128.



// [www.nuandao.com](http://www.nuandao.com)



### Up and Down

Shanghai-based silkscreen and graphic art studio Idle Beats churns out seriously covetable designs. Simply described as “an artwork about life in China” by its creator Gregor Koerting, this original wood-cut print is a definite mood-lifter, from the bright colors to its playful message about life’s ups (shang) and downs (xia).

// [www.idlebeats.com](http://www.idlebeats.com)

SIX OF THE BEST

## Summer shades

### Zan Zan

Named Avida Dollars, an anagram for Salvador Dalí and phonetic rendering of the French *avide à dollars* – “eager for dollars” – these shades mean business in a whole new edgy way. RMB2,600.

// [www.coterie.cn](http://www.coterie.cn)



### Ksubi

Are you one of those ladies who obsesses over cats? Then you’ll love Ksubi studded cat-eye sunglasses. With a slightly oversized frame, this pointed number exudes 50s sexy chic. RMB1,168.

// [www.feilook.com](http://www.feilook.com)



### Jeepers Peepers

Paying homage to all things vintage and eclectic, these will help you channel your inner Lady Gaga. Or Janis Joplin – whatever works best for you, really. RMB160.

// [www.zooq.com](http://www.zooq.com)



### Topshop

The oval tortoise shells remind us of our mom’s summer shades back in the 70s. Hipster yet demure, these sunnies are understatedly stylish. RMB160.

// [www.topshop.com](http://www.topshop.com)



### Cheap Monday

Step out of the shade (see what we did there?) with the Cryokine sunglasses. Featuring a retro design, angled cat eye-shaped frames and slim arms, these will become your summer’s staple. RMB179.91.

// [www.asos.com](http://www.asos.com)



### Karen Walker

The queen of hip sunglasses never disappoints: these plastic geometric wayfarer sunglasses are fun, attention-grabbing and ever-so cool. Perfect to make a bold statement. RMB2,650.

// [www.shopbop.com](http://www.shopbop.com)



# THE SUMMER EDIT

A STYLE STANDOFF FOR THE HOT SEASON

BY MARIANNA CERINI

## Festival style



**Lace detail shorts**

RMB269

// **Mango,**  
[shop.mango.com](http://shop.mango.com)



**Suede ankle boots**

RMB499

// **Stradivarius,**  
[www.stradivarius.com](http://www.stradivarius.com)



**Cropped denim waistcoat**

RMB299

// **Zara,**  
[www.zara.cn](http://www.zara.cn)



**Print top**

RMB169

// **Zara,**  
[www.zara.cn](http://www.zara.cn)



**Stonework embellished clutch**

RMB499

// **Stradivarius,**  
[www.stradivarius.com](http://www.stradivarius.com)



**Sheer back midi check dress**

RMB1,225

// **Topshop,**  
[www.topshop.com](http://www.topshop.com)

## Wedding-friendly basics



**Flower dress**

RMB1,295

// **Sisley,**  
[www.sisley.com](http://www.sisley.com)



**Two-tone embroidered blazer**

RMB599

// **Zara,**  
[www.zara.cn](http://www.zara.cn)



**Conscious Exclusive satin jumpsuit**

RMB499

// **H&M,**  
[www.hm.com](http://www.hm.com)



**Leather ankle strap sandal**

RMB569

// **Mango,**  
[shop.mango.com](http://shop.mango.com)



**Debutante shoulder dress**

RMB659

// **Topshop,**  
[www.topshop.com](http://www.topshop.com)



**Paul and Joe Sister lace cardigan**

RMB1,251.78

// **Shopbop,**  
[www.shopbop.com](http://www.shopbop.com)

## Safari vibe



**Printed skinny jeans**

RMB349

// **Gap,**  
[www.gap.com](http://www.gap.com)



**Topshop denim skirt**

RMB429

// **Fei Space,**  
[www.feilook.com](http://www.feilook.com)



**Motel Rocks demi dungaree playsuit**

RMB568

// **Zooq,**  
[www.zooq.com](http://www.zooq.com)



**Ruby Rocks crop tee**

RMB385

// **Zooq,**  
[www.zooq.com](http://www.zooq.com)



**Straw hat**

RMB149

// **Uniqlo,**  
[www.uniqlo.com](http://www.uniqlo.com)



**Sneakers**

RMB699

// **Nike,**  
[www.nike.com](http://www.nike.com)

Which holiday plan will most influence your summer wardrobe? A music festival or tropical vacation? A wedding back home or a trip into the great outdoors? Take a look at our high street buys from all sides of fashion's battle royale. Just make sure your closet is stocked with these key looks and summer will take care of itself.

Tropicana mood



**Maxi dress**

RMB129

// H&M,  
www.hm.com



**Fringed top**

RMB249

// H&M,  
www.hm.com



**Leather gladiator flat sandals**

RMB249.88

// ASOS,  
www.asos.com



**Embroidered skirt**

RMB279

// Pull&Bear,  
www.pullandbear.com



**Finch 'Aqua Drops' Bikini**

RMB560

// Zocou,  
www.zocou.com



**Knitted dress**

RMB1,195

// United Colors of Benetton,  
www.benetton.com

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# BEAUTIFUL BINTAN

## SLEEPY ISLAND JUST AN HOUR SOUTH OF SINGAPORE

BY LAUREN HOGAN

**M**any are the reasons to take the five-hour flight from Shanghai to Singapore – a bit of business, an eating escapade or to visit old friends who have opted for less pig-infested waters. And while a tropical breath of fresh air is guaranteed, the city-state can also feel like just another big metropolis. But blue sky, powdery sand and clear turquoise waters are just a skip across the Singapore Strait, and the easy isle escape of Bintan.

It is only 55-minutes and S\$65 (the equivalent of RMB320) to ferry south from Singapore to this speck on the Riau Archipelago, which is actually three times larger in size than its neighbor. Part of Indonesia, Bintan has a rich history dating back to the 3rd century, when it was a trading post on the route from China to India.

During the 12th and 13th century the island was annexed by a succession of Malay kingdoms that reigned over this part of the world – from the Empire of Sumatra to the Malacca Sultanate - and in the 14th century it became known as 'Pirate Island,' as Malay bandits made it their base.

Centuries later the pillaging is of the all-inclusive five-star variety, and the type of resort getaways that take the kids snorkeling or to ride elephants while parents dressed in white button-downs



and tartan cargos drink cocktails with the sand between their toes.

But head to Telok Dalam – meaning 'deep bay' in the local dialect – and you'll discover backpacker bungalows. Situated in Trikora, the northeastern end of the island, pitching a tent is an option for S\$7 a night (if you've brought your own) but the roomy pondok pavilions - leaf house-type accommodations for S\$32/person or S\$40/two - with their mosquito net-covered mattresses and fans that work between 6-11pm, are more comfortable, especially as sudden, heavy showers are daily happenings.

Opened by Swiss-born Marc Thalmann in 2006, the no-fuss resort is on the eco-side of the hospitality business, using only

locally-made products for both its facilities and spa, in the effort to capture the 'real Bintan.' Striving to give back to the local community, Thalmann also encourages his guests to donate a dollar per room, per night to the village primary school, as well as to visit it to teach English. Karma in paradise.

Rising with the first rays of light and rooster crows, I'm soon on the beach picking up kuai-sized sand dollars as golden beams flicker over the waves before some beach yoga. And all this pre a breakfast of crepes a-lamak, thin pancakes decorated with grated coconut, banana, lime juice and cinnamon.

Back on the sand I'm being introduced to a fisherman's nightly catch, rows upon rows of tiny, silver fish and squid bake in

the sunlight, drawn in from massive wooden houseboat-looking vessels. At night, lamps glint underneath the 'boats,' attracting fish and, in doing so, trapping hundreds of the tiny suckers. I'm invited to try a few. Salty.

Finding it too hard to sit still, I skip the snorkel and kayak options for a buoy that fits the bill: stand up paddle surfing (SUP). After tentatively getting hang of the board three times my size, I finally manage to stand, a sense of contentedness and sheer amazement taking over my whole self.

---

*In the 14th century Bintan became known as 'Pirate Island,' as Malay bandits made it their base*

---

After renting a motorbike (S\$5/hour), the afternoon sees me zipping along the one road that winds through Bintan. Steering my two wheels on the left side – English rules apply – I pass palm-roofed huts from which villagers wave and laugh when they see who's driving.

A group of mix-match resort workers are taking a break to bump a volleyball back and forth and, not far past them, I discover Casa Italia Pizzeria, where Armando from Sicily and his wife Mona from Bologna bake traditional woodfire pizzas. I am soon munching on warm, thin-crust slices under a group of cabanas overlooking the ocean. Life can't get any better than this.

Back at my own utopia, where the traditional dish, goda goda - eggs, tofu, boiled veggies, shrimp crackers and peanut sauce - is equally delicious, I

select a seat underneath a picnic hut and order an afternoon pick-me-up of kopi-o – drip-style local coffee as a light breeze rustles the palm fronds spanning the yard - a former coconut plantation.

As one of the fruits comes crashing down, I scan the treetops for the native silver leaf monkeys, but no luck. Doan and Vitalis, two of the staffers, tell me I'll have to go to the island's rain-forest if I hope to spot one and offer to find a guide for me if I choose to do so.

At 5pm, the sun begins to settle behind the tropical trees and staff members go in search of guests – most of whom are relaxing in hammocks - to ask what they'd like for supper. Tonight I choose grilled fish fillet with turmeric, raw veggies, sambal chili and rice.

As I receive my plate, Armando, the Sicilian who has made Bintan his home, rolls up on a motorbike, three rectangular pizza boxes in tow, and starts handing them to a few children who have spent their day in the

sun and sea. Once everyone has been cared for, the staff gathers together, some propped up in the remaining hammocks, as one of them begins to play his ukulele.

The evening's pink and purple sky has transformed into a deep blue tinged with orange that continues to darken as thousands of stars pop through. Food coma has hit and as songs in Malay float through the salty air, I find myself curling up in the closest hammock to soak in - if just for a few minutes – a view impossible to find in the city. Shanghai has never felt so far.



### How to get there

From Singapore, take a taxi to Tanah Merah Ferry Terminal and take the ferry (Bintan Resort Ferry recommended) to Bintan. Visa required upon arrival to Bintan, which can be paid inside the terminal (seven days/USD10, 30 days/USD25). Visit [www.brf.com.sg](http://www.brf.com.sg) for more. To get to Trikora, hire a taxi from Indorent (located inside Ferry Terminal). A new ferry terminal is scheduled to open in Trikora next year.

### Where to stay

Mutiara Beach Bintan Guesthouse (62 821 7121 1988, [mutiara-beachresort@gmail.com](mailto:mutiara-beachresort@gmail.com), [www.mutiarabintan.com](http://www.mutiarabintan.com))

### Things to do

Trek – At 340m high, Gunung Bintan is the largest mountain on the island.

Tour – Staff can arrange tours by motorbike or with a local guide to see traditional villages, go on a fishing cruise or visit the main towns Tanjung Pinang and Tanjung Uban.

Water sports – Stand up paddle surfing, snorkelling and kayaking are available at Mutiara.

Ride – Rent motorbikes or bicycles to explore Bintan. ATVs are available at some resorts. There is also an elephant camp on Bintan.

Relax – A variety of local spas – to include Mutiara's own - offer massages, manicure, pedicure and other beauty services.



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FILM

## Coming to a theater near you...



06/02

### JURASSIC PARK 3D

Steven Spielberg's dino classic roars back into theaters complete with a three-dimensional tune-up. For those who missed the film's original outing in 1993, it follows paleontologist Dr. Alan Grant (Sam Neill) and paleobotanist Dr. Ellie Sattler (Laura Dern) on a special trip to preview millionaire John Hammond's (Richard Attenborough) island amusement park, where he's used pre-historic DNA to breed long-extinct reptiles. All's hunky-dory, until the creatures escape their pens and the carnivores go on a killing spree.



06/20

### FAST & FURIOUS 6

Following Fast Five's successful heist in Rio, it looked as though Dominic Toretto (Vin Diesel) and his crew of professional criminals had finally put the car in park. There's just the niggling annoyance that they're wanted fugitives. So when DSS agent Luke Hobbs (Dwayne Johnson) promises to wipe their records clean if they take down a skilled mercenary organization led by Owen Shaw (Luke Evans), they're ready to put the pedal to the metal once more. After all, where there's a wheel, there's a way.

TRANSCRIPTED

"I advise these stars to jump from buildings to improve their ratings!"

Hong Kong actor Anthony Wong, star of *Ip Man: The Final Fight*, took to Weibo to criticize *China Celebrity Splash*, after one of the contestant's assistants drowned during training. Premiering in April, the reality TV show features famous faces from around Asia learning how to dive and has quickly become popular with viewers. In the wake of the death, China's broadcast regulator briefly forced the program off air for two weeks and implemented a series of reforms before allowing it to return to screens.



CAUSING A SCENE

## Clowning around



If you think the world of clowning is all about red noses, big shoes and small cars, BP Zoom's *Menage 2 Temps* will open your eyes to a whole new world of physical-comedy possibilities. Perfecting their act over the course of 20 years, American Bernie Collins and Frenchman Philippe Martz utilize aspects of mime, cabaret and magic in this humorous show, which features prim Mr. B and doltish Mr. P going on a series of adventures, from journeys to the depths of the ocean appareled in fish fins to sky-high exploits in cardboard boxes being kept aloft by a single red balloon.

// June 7-8, 8pm, RMB80-280.  
Guangzhou Opera House, 1, Zhujiang Xi Lu, Zhujiang New Town, 广州市珠江新城珠江江西路1号

GOSSIP

## Pay-per-boo



Most that's PRD readers wouldn't watch Chinese TV if you paid them – which is what some channels are now doing, reports the *Yancheng Evening News*. Among those accused of bribing audience members to laugh, weep and boo is Hunan Satellite's *I Am A Singer*. The paper found punters could earn RMB700 a pop if they slap their thigh and roar with fake laughter when required. This, clearly, explains a lot.



## Robots in reality

Paramount are trying to top *Iron Man 3*'s USD21.1 million box office opening by choosing Chinese actors via a reality show. The wretched roles for *Transformers 4* include a martial artist, a "sexy woman," a computer geek and a, uh, "Lolita-type character," media reports. The primetime show airs in June and will feature eight judges. One day, all crap pandering to China will be made like this.



## Zhang's wang

Is Zhang Yimou as prolific under the covers as he is behind the camera? The celebrated 63-year-old director may have as many as eight children, putting him seven over the legal limit – exceptions don't apply to Fifth Generation auteurs. Annoyed netizens swiftly calculated Zhang's potential fine, with one lawyer telling ifeng.com it could be as much as RMB160 million. Keep making those lame *wuxia* blockbusters, Zhang.

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# STREET SWAGGER

## A MAN WITH HIP-HOP STYLE

BY TOM LEE



**W**hen Mourad Merzouki founded his own dance ensemble in his early 20s, one of his core ambitions was to take hip-hop from the streets to the stage, breaking it out of its prescribed boundaries. As a symbol of this goal, he named his troupe Kafig, a German word meaning 'cage.'

"The piece *Kafig* that I created in 1996 gave the name to my company," elucidates Merzouki. "The theme of this piece was about being locked up, and we chose it because at the beginning, hip-hop was often locked up in one style and one specific representation."

Though these days hip-hop is a widely accepted mode of artistic expression, back in the late 80s and through to the beginning of the 90s many considered it an aesthetically meritless pursuit that was solely the realm of immigrant youths living in working-class suburbs.

"Hip-hop was not considered a form of dance," says Merzouki, "and some people thought it would just be a trend that would not last."

In his efforts to legitimize popping and locking, the France-based choreographer drew upon skills learned in his childhood, an unorthodox mix of circus training and

*It was a real challenge to show that hip-hop dance could dialogue with other cultures: it is constantly evolving*

martial arts, both of which he began studying at age seven. Where circus school developed him as an acrobat and performer – while driving home the importance of stage design and props – karate and boxing classes taught him how to focus his energy.

As he progressed in his sporting disciplines, he also noticed parallels between fighting and dancing; parallels which have since become a common feature of his practice, most obviously in 2010 piece *Boxe Boxe*, which draws upon the jabs, hooks and feints of the boxing world.

Born to Algerian parents in Lyon, Merzouki was raised at the intersection of two worlds. This background, he says, has allowed him "to be comfortable with cultural exchanges and crossings. I tend to avoid barriers and I am always interested and attracted by the 'other.'"

This fascination with the nebulous 'other' has led to projects such as *Pas à Pas*, produced with South African Jay Pather, which

melds traditional Zulu dances with hip-hop; and *Agwa* and *Correria*, pieces inspired by Rio's favelas and conceived for 11 Cariocas Merzouki met at the Lyon Biennial.

Most recently, his penchant for cross-cultural collaboration has seen him working in conjunction with Taiwan's National Chiang Kai-Shek Cultural Center to create *Yo Gee Ti*. Premiered last year at the Taiwan International Festival of the Arts, it is showing for the first time in Shanghai this month.

The work has its foundations in a trip Kafig took to Taipei to perform *Recital*. Captivated by the energy of the local dancers with whom he was sharing the stage, Merzouki was keen to work with them on a fresh commission.

"I decided to meet with a new culture both imbued with ancestral traditions and rooted in extreme modernity," he elaborates. "What I particularly liked in this process

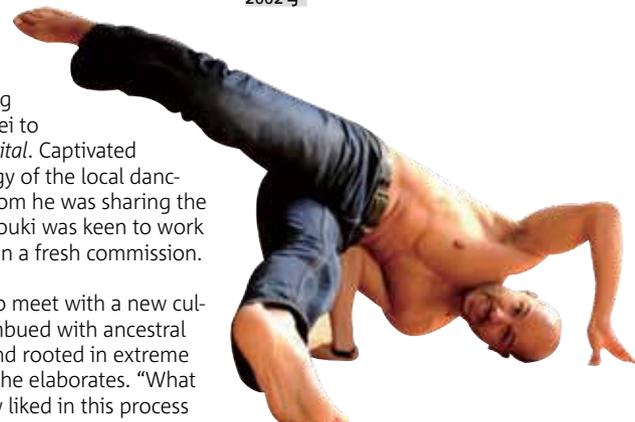
was to mix different cultures: French and Taiwanese; hip-hop and contemporary dance. It was a real challenge to show that hip-hop dance could dialogue with other cultures: it is constantly evolving and getting more mature."

Eschewing clichéd representations of East and West, Merzouki relied instead purely on the juxtaposition of inherent Asian and European physicality, stressing that he "did not need to reinforce this by using traditional accents."

*Yo Gee Ti* takes its name from the Mandarin for 'organism,' a nod to the clothing of Johan Ku, a rising Taiwanese fashion designer who often works with wool. Ku conceptualized the dance's costumes and inspired Merzouki's choreography, which incorporates gestures reminiscent of weaving and knitting. "His creations seem organic to me; they are very sculptural," says Merzouki, noting that the limited elasticity of the fabric forced him to think about "the costume as a constraint for the dancer's gesture, pushing me to find the rhythm elsewhere."

The perception of hip-hop has come a long way in the last 20 years, and so has Mourad Merzouki. In transforming from a teenager who first discovered dance on the streets of Lyon to an accomplished international choreographer, he has evolved street style into an absorbing, stage-worthy experience.

// 8pm. Children's Palace, 2002 Fuzhong Yi Lu, Futian District. (8351 3000). 广东省深圳市福田区福中一路2002号



# GET YOUR ROCKS OFF

B10

BY LYNDSEY CLARK



"Every musician likes the space. In all of Southern China, our place has the best lighting and sound system. It's like a factory for music."

Teng's claims that the venue is popular among artists can be verified by the impressive array of international bands that make up the constant stream of musicians passing through B10 such as New Zealand punk band So So Modern and Japanese visual kei group Kiryu. Having previously managed Live House, which played host to around 700 concerts, Fei and his partner A Fei are a prime example of the old adage that it's not what you know but who.

The B10 live summer jazz week will run from June 12 to 22.

//B10, OCT Loft, Shantou Street, Nanshan District (86337602) 深圳南山区 汕头街 华侨城创意文化园 B10 栋

At the risk of sounding like an ageing rocker lamenting reality TV singing shows, the concept of something being 'all about the music' is a rarity these days. However, whilst the Simon Cowells of this world continue to milk the industry for as many yachts as it will buy, some people still recognize the importance of quality live music and having a venue in which to showcase it.

*It's a pioneering example of a venue that puts its performers at the forefront of its very existence*

B10 in OCT is one such place; a pioneering example of a venue that puts its performers at the forefront of its very existence.

Manager Teng Fei says: "B10 is not about making money, it's about having a good venue for people

who love watching and playing live music. We wanted a pure, cultural space so there is no bar and no restaurant as mixing so many concepts is difficult; it's all about the music."

As you enter the modest building, the initial large bright space has a suitably organic feel to it. Artwork and event posters line the pure white walls which stretch into a high, airy ceiling forming a room that could easily pass for a gallery.

The openness of the entrance contrasts beautifully with the darker, more atmospheric performance space. A colorful painted collage of tinned sweets leads you into the area, which has the capacity for up to 800 people. Aside from some artistic decor, little has been done to alter the interior other than the addition of sound equipment, lighting and a stage which Teng reveals has been sponsored to the tune of two million kuai.



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# FRANCO-SINO ART EXPO RETURNS

## DÉCOUVERTES 2013

BY TOM BIRD



The Festival Croisements that began in March is ongoing with over 200 events, exhibitions and performances in more than 20 cities across China. The PRD is particularly vibrant this year with various performances gracing venues throughout the region, notably Fête de la Musique (see p25). With so much Franco flare dazzling delta audiences, it might be easy to overlook more pensive French offerings. But now in its third year, Sino-French art showcase Découvertes promises to be a highlight of the cultural season with a typically eclectic collection of French, Chinese and international art exhibited in galleries in Shenzhen and Shunde. We caught up with Parisian curators Mathias Daccord and Pierre Picard ahead of the exhibitions to discuss Découvertes past, present and future.

"In 2010 I was contacted by the French Consulate to try and supply them with two festivals; one was about art, one was about cinema," says Daccord, regarding the genesis of the project. Eventually the art project became the preferred option and Daccord, alongside long-standing collaborator Picard and Chinese partner Qiu Qiu, set about developing the project. Intending to seek out promising

*Shenzhen is a cultural crossroads, so the project feels at home here. Nobody is a stranger in Shenzhen because all Shenzheners are strangers*

artists Daccord decided to call the project Découvertes (discoveries). "We try to show emerging artists that are different but have some similarities – there is some point where they can reach each other."

Picard elaborates: "In the first year [2011], with Criss Cusson and Wu Qiang, Découvertes had a theme of 'words.' Wu Qiang has a modern interpretation of calligraphy and Cusson uses a lot of text and silk screening in his work."

The art presented in the second year – which incorporated five artists and was exhibited for the first time in Wuyi gallery in Shunde – operated under an urban theme, though Daccord and Picard's core objectives remained consistent. "We present up-and-coming artists, preferably with a relationship to China," says Picard. "For us these artists are already very mature but they are yet to be discovered here. The idea is to bring them

to the front of stage, let them be seen and let them meet one another."

Daccord espouses the same attitude regarding the importance of a dialogue: "The idea is to create a network between China and France with and for the artists. To create proximity between artists from different countries who wouldn't otherwise have the opportunity. The more French artists come to China and vice versa the more art and culture will evolve."

The two curators believe that hosting Découvertes in the young metropolis of Shenzhen and the third-tier industrial hub of Shunde only adds credence to the relevance of the project.

"Shenzhen is a laboratory. It means everything," says Daccord. "Beijing and Shanghai are weighed down by tradition. Shenzhen is a cultural crossroads, so the project feels at home here. Nobody is a stran-

ger in Shenzhen because all Shenzheners are strangers."

Picard concurs: "Shenzhen is interesting because it's kind of a cultural hub. And it's where China opened to the world."

The venue is equally important. "When we choose a venue for Découvertes we think a lot about who is going to come," says Daccord. "The point is to make something popular, something that anybody can access. That's why in the first year we held it in a bar in Shenzhen. Because it's somewhere anyone might go. My philosophy is still the same. Art should be accessible to anybody."

This year, Découvertes – hosted by Picard and Qiu Qiu's company Ping Pong – will return to Idutang Gallery in Shenzhen and Deyi Space in Shunde. The exhibition will present some familiar faces alongside emerging talents. Paris-based Criss Cusson will return to China. Shenzhen-based Sichuanese painter Wu Qiang, fresh from a residency in La Rochelle, France will give a live performance alongside Alexis Tolmatchev from Paris. French-Chinese photographer Yves Chan You's work will be on display as will the photographic works of Shenzhen-based observational artist Li Zhengde, who originally hails from Hunan.

And like previous years, which have seen performances from Zhuhai-based DJ Slim Buddha and experimental electro artists Deng Bo Yu, there are likely to be some musical highlights as well. "The point is, at Découvertes is that you don't know what you are going to discover," notes Daccord.

// Découvertes will begin in Idutang from June 29 and Deyi on June 22 and run for 3 weeks at each venue. Idutang Gallery and Bar, OCT Loft, Enping Lu, Overseas Chinese Town, Shenzhen 深圳华侨城恩平路华侨城创意园一渡堂. Deyi Art Gallery, Shun Feng Shan Park, Nanguo Dong Lu, Daliang, Shunde District, Foshan (0757 2222 2167) 德懿艺术馆. 佛山市顺德区大良南国东路顺峰山公园桂海芳丛园内.

MUSIC

# SAY OO, LA, LA

## FÊTE DE LA MUSIQUE

PHOTOS BY WU JINRONG



**Li Zhengde** Originally from Anhua Township in Hunan Province, photographer Li Zhengde has spent the last seven years in Shenzhen working on his project Xin Guo Ren. "I've wandered through different parties and social events, taken buses to remote places late at night to try to capture the different aspects of Shenzhen in the 21st century."

**Wu Qiang** Born in Zigong City Sichuan, Wu Qiang moved to Shenzhen in 1990. He has been developing his unique painting style for over 20 years, combining a traditional mountain-water and calligraphic styles with contemporary postmodern influences, notably the works of Francis Bacon.



**Alexis Tolmathev** Parisian artist Alexis Tolmathev, who works in various mediums including street art, performance and sculpture says: "Art is the only way to make a certain understanding of the world surrounding us, because whatever we do or whatever we say we are just lost – like being an eternal stranger."



**Criss Cusson** Born in Laval, France in 1968, Criss Cusson began painting at a young age. He graduated from the School of Fine Arts in Rennes in 1993 and at the age twenty held his first exhibition, Les Arts au Soleil at Parc et Chateau du Nessay. He says of his work: "I make my collages of unconsciousness pictures by mixing industrial painting and classic oil painting. My aim is to create an ironic criticism about the modern world and what we make and destroy of nature."



**Yves Chan You** A French artist with Cantonese origins, Yves Chan You was born in 1972. He has lived in China for the past five years. He photographs urban landscapes in China, especially old suburbs. He works with film and digital mediums to convey his unique vision of a nation rapidly undergoing change.



In addition to Découvertes, Pierre Picard and partner Qiu Qiu are organizing Fête de la Musique in Shun Feng Park, Shunde Daliang. "In 2011 the French consulate and [Shunde] local government asked me to organize the festival, which included architecture installation, music, dance, Kungfu, and Cantonese Opera," says Picard. "I was the coordinator and curator. It was very successful – they estimate at 300,000 people came over the three day festival."



This year is likely to be just as exciting. Promoted by Picard and Qiu's cultural events company Ping Pong, the outdoor musical extravaganza will be held on June 22 and 23 and is presented in association with L'Institut Francais and the French Consulate in Canton. Fête de la Musique promises to showcase some fantastic European and Chinese musical talent as part of the Croisements cultural season. Already confirmed to play is Paris based Dutch-American Natascha Rogers, French Band April Shower, Belgian indie pop band Girls in Hawaii and German jazz master Franz Von Chossy. For local tastes, Guangxi folk / reggae fusion



band Rice Noodle and Wu Tiao Yi, a folk trio who sing in Chaoshan dialect will perform.

// For full listings and ticket info visit [www.faguwenhua.com](http://www.faguwenhua.com)

# PLANTING AMERICANA ROOTS IN SHENZHEN

BRUE AND SZLM

BY TOM BIRD, PHOTOS BY LI ZHENGDE



**B**rue has been an ongoing musical project led by guitarist / singer Rue Moyer for three years in Shenzhen. However, it was September 2012, after the ambitious country player met fellow Americans Adrian "Heilong" Blackstock and Jon Howland that the band really found its legs. Incorporating Blackstock's RnB rhythms and soulful harmonies with Howland's electrifying guitar solos, the band has become one of the major attractions on the delta circuit in little under a year. The addition of saxophonist Uran Kamper completes the quartet's line-up.

"We blend together very well because we all feed off of one another. We pick each other's brains and learn from one another," explains drummer / vocalist Blackstock who hails from Virginia, USA.

Bostonian guitarist / bassist Howland concurs: "Rue and Adrian have figured out most of the blending because they've found a way to make Rue's country rock style fit with Adrian's R&B and soul style. Uran and I just try to adapt as we go and make the songs more colorful and interesting."

With influences ranging from

*As the band's wordplay name suggests, Rue and company are all about the blend*

progressive-metal band Tool through to hip hop icon Kanye West, one might imagine Brue is having a bit of an identity crisis. But as the band's wordplay name suggests, Rue and company are all about the blend. Whether Brue are jamming the blues, rapping over Bob Marley or reeling off a bar band classic like Country Roads, the unique mélange of sounds ensures the band is easily identifiable. Self-penned compositions like Passport and Hammer Falls seek to purport the band's distinctive brand.

In addition to gigs in venues

like McCawley's, Spurs and Blu Bamboo, Brue host the ever popular open-mic night at Rapsclallions every Thursday. The band frequently jams with performers of all creeds and capabilities. "Aside from me, everyone else has a fulltime job and is performing out of passion rather than to put food on the table. We develop community through music," says Moyer of the band's involvement in cultivating new talent.

Such endeavors characterize Moyer's role in promoting Shenzhen's fledgling music community. "I believe we are the



backbone of the local expat music scene," remarks Moyer who together with his wife Gabree Kwan founded Shenzhen Local Music (SZLM) in early 2012.

SZLM is a music platform dedicated to supporting the local scene and has hosted various events around the city including April's hip hop festival, which attracted a 700 strong audience to Bao'an's F518 Space. "Shenzhen Local Music is about bringing the musicians, venues and their audiences together to create the music community in Shenzhen," Moyer explains.

The next big event planned by SZLM is the second annual blues and folk festival which will run from June 5 to 9 in various venues around Shenzhen. "Last year Rapsclallions owner Darragh Hudson suggested we organize a blues and folk festival at Raps. I ran with the idea as a great way for SZLM to kick-off our events production channel. We chose blues and folk because we felt these genres were the most accessible to the wide range of musicians that live in Shenzhen."

This year's event plans to be more wide-reaching than last year. Though still in the planning stages at the time of writing, Moyer is preparing a five day feast of sounds, including Gary Hurlestone of Smiling Knives presenting a history of folk at Brown Sugar Jar on Wednesday 5. On Thursday 6 Frankie's will host a history of the blues presented by Corey D. Abrams. Friday, Saturday and Sunday will see more activity around the Coco Park Bar Area with performances from Jordon Dotson, David Seymour, Battle Wolf Band and of course, Brue.

*That's PRD* will be there too, covering the event as official media partner and sponsoring the stage at Rapsclallions on Friday 7. "I'm truly inspired by *That's PRD* actions to support SZLM and our local music scene," says Moyer.

// For full band schedule see [www.thatsmags.com](http://www.thatsmags.com) or [www.shenzhenlocalmusic.com](http://www.shenzhenlocalmusic.com)

# UNSAVORY ELEMENTS

## STORIES OF FOREIGNERS ON THE LOOSE IN CHINA

BY NED KELLY

Released to a sellout session at the Shanghai International Literary Festival back in February and boasting 28 names that should sound somewhat familiar to all but the illiterate China newbie, *Unsavory Elements* has created a quiet buzz by boasting in its subtitle that it contains “Stories of foreigners on the loose in China.”

Let’s get this straight out of the way: the fear with a mission statement like that is that the contents are going to entail a bunch of blow-hards trying to shock with their most outrageous, BS-laced bar room brag stories. Well, we’re relieved to report that – for the most part – it is not. Rather than being ‘on the loose,’ many of these writers seem to be gently observing, and it is this that generally yields results when it comes to gaining insight into a culture.

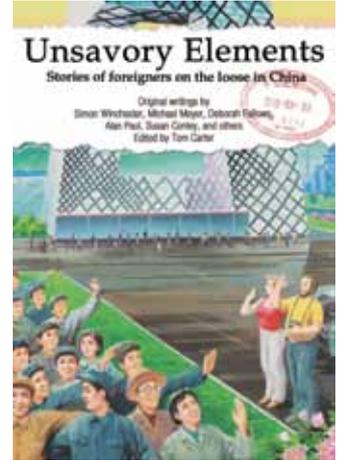
Take Dan Washburn’s journey into the winter hills of Guizhou and the humble family of a Chinese professional golfer he was aiming to write a book on. It is a charming, curious tale, from their utter ignorance of what golf is, to a hard-drinking yet unfailingly hospitable brother, and made all the warmer by the culminating revelation that they all have absolutely no idea what Washburn is doing in their home.

And then there is hardy explorer Jeff Fuchs, who takes us onto the Tibetan Plateau and along the Ancient Tea Horse Road, introducing us to one of the veterans of the highway in the sky. Yeshe is “an old man wrapped in primordial furs hunched in the corner of his tent” who has “a hint of a smile upon his wide mouth when he recounts the dangers of travel, as though the memories simultane-

ously stir in him both melancholy and joy.” Yeshe is a man you want to hear talk by the hearth, and thanks to Fuchs, you get to.

Peter Hessler of *New Yorker* fame does a postcard from the edge piece with a devastating ending on the Chinese border with North Korea; Kaitlin Solimine tells the tender tale of her surrogate Chinese mother from her days as a high school home-stay exchange student; and Derek Sandhaus takes us through the nuances (and occasional nightmares) of a baijiu banquet. So it’s a mixed bag.

The stories are all short and accessible, with the best of the bunch (to our minds) the ones that aren’t outwardly trying to draw a conclusion – conspicuously turning an anecdote into a metaphor – but simply casting light onto a corner of China they



have witnessed. There are 28 of these tales, and some of them hit the spot more than others, but all make for an eminently dip-into-able, informative and enjoyable collection.



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# THE REAL DEAL

## SPANISH GIANTS REAL MADRID OPEN GUANGDONG ACADEMY

BY MATT HORN



**A** two hour drive north of Guangzhou lies Qingyuan, a city of some four million people, is famed for its hot springs, the customs of the Liannan and Lianshan minorities and scenic mountains.

But 18 months ago some of those mountains were flattened as work began on an RMB1.1 billion venture between Guangzhou Evergrande and Real Madrid, aimed at changing the face of football in China.

Riding up the impressive tree-lined driveway, visitors are confronted by an edifice that has more than an echo of Harry Potter's school Hogwarts. A grand entrance leads on to a series of buildings with ornate turrets silhouetted by the sky. Dorms can be found in both east and west wings. There are four canteens, a supermarket, a library, state of the art clinics and classrooms.

Then there are the actual sporting facilities. Today there are 30 pitches for the first intake of nearly 1,100 boys and girls, aged 7-14, who joined the school after its official opening last October. Those numbers will soon rise to 76 pitches, with

a targeted school roll of 3,000 youngsters. Looking ahead to the end of the initial eight-year-plan, the number of pupils in mind is an incredible 10,000.

To achieve that goal, 15 Real Madrid Foundation-approved coaches have been recruited from Spain, living and working in the school. Head coach Fernando Sanchez Cipitria was a left winger in his playing days, in a career that saw him win two caps for Spain. He is passionate about the eight year project and determined to make it a success.

His team of foreign coaches works alongside 100 Chinese colleagues, developing their skills and widening their understanding of the beautiful game.

Evergrande Guangzhou's coach Italian Marcello Lippi, who led his nation to World Cup triumph in 2006, is the honorary president of the school, and when he visits talks all things football with Cipitria.

"He is very, very impressed by the school and all the facilities," said Cipitria. "He is a big supporter of what we are doing here."

One of the Spanish coaches, Roberto Tendero Villamayor, explains about the logistics of working with Chinese students. "We each have our own translator, so we are able to communicate with the children. We are able to pick up some Chinese, but they are able to understand our hand signals if needs be.

"We test their fat every day, and see if they need anything given to help them stay healthy and keep their nutrients monitored," Villamayor continues. "This will help them to improve and move forward with their fitness and football skill set."

Working with the Chinese trainers is not just about improving their coaching skills, it aids the Spanish with regards to their long-term commitment to the project. "We are able to learn how to teach in a different language and this will help us progress in the future," says Villamayor.

His friend and fellow coach Guillermo Trama Luchini played in the Spanish league. He is acutely aware of the work that lies ahead of the whole coaching team. "We go to Guangzhou and watch Evergrande play,"

he says. "There are some good players, but there is no doubt the level of football is a long way below other leagues around the world."

It is now up to Luchini and co to ensure that the next generation of talent is a considerable step up.

Yet while the aim of the school is to unearth future football stars, with such a huge intake it is inevitable that most kids won't make the top grade. That is why there is an equal focus academic study; the school is the responsibility of South China Normal University and is already rated among the top in Guangdong Province. In a couple of years' time, pupils will join millions of others around China in taking the Gaokao, the National College Entrance Exam.

"If they cannot or do not want to be footballers in the future, they also have ability to go to college and study a different major," says Liu Rui, director of the foreign relationship department.

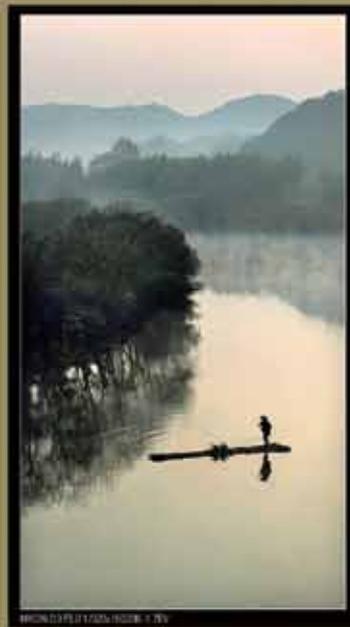
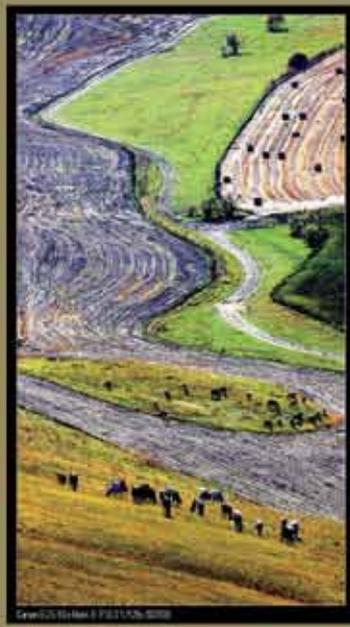
As well as the standard curriculum classes, students are encouraged to sign up for "interest" classes in activities including dance, art, singing and piano. For down time they can play table tennis, pool and snooker. But one thing they can't do is snack on crisps and chocolate. Nothing that might be detrimental to their diet is stocked in the school supermarket – instead you find plenty of fruit.

School fees are a costly RMB35,000, although there are scholarships available for players of exceptional talent who would not otherwise be able to afford the full fee.

So can this footballing Hogwarts deliver the soccer magicians of the future? One thing is certain – Evergrande and Real Madrid will leave no stone unturned in their mission to make it happen.

Calling for entries for the 'Shufu Photography' contest

# Photographic China



## Introduction:

For many, capturing the Middle Kingdom's beautiful imageries and stunning sceneries has become somewhat of a spiritual quest.

Published by China Intercontinental Press, Photographic China is a new publication set to showcase unique aspects of China –both cultural and geographic—through different people's lenses.

The first of a series of volumes, the book will include winning entries from the 'Shufu Photography' contest, which aims to create a platform for both amateurs and professionals to display their one-of-a-kind works and portraits of China, alongside the country's culture and breathtaking sites, city developments, natural landscapes, charming minorities and more. For more information, check <http://www.ciccphoto.com>.

**Submission period:** Until July 15, 2013.

## Requirement:

- Alongside the specific documentation required for their work, participants will be allowed to submit both colored and black and white photographs.
  - All submitted photos must be vertical. Horizontal photos will not be qualified for the contest.
  - Photos size should be larger than 5MB.
  - Submitted photos must be original and unaltered. Modified images will be withdrawn from the contest.
  - All photos can be sent to [shufusheyings@163.com](mailto:shufusheyings@163.com) and must include theme, number, title, time, place and brief introduction of the subject displayed.
  - The organizer has final decisional rights.
- allowed, or they will be withdrawn of the contest automatically.
- Please send the original photo to [shufusheyings@163.com](mailto:shufusheyings@163.com) with the Theme number, name, time, place and brief introduction.
  - The organizer has the right of final interpretation.

For more information on themes, check [www.ciccphoto.com](http://www.ciccphoto.com).



# BETTER OUT THAN IN

## SIFTING THROUGH STOOL FOR SWALLOWED TREASURE



BY TREVOR MARSHALLSEA

In the early years of parenthood you worry about things your offspring might mistake for food, put in their mouth and swallow. Especially when you're married to a doctor, everything morphs from "benign little knick-knack" to the despised, chill-sending item known as "the choking hazard."

That makes sense in the baby years. But for the love of God, you shouldn't have to worry about it when they're 6!

But here we are with Things They Never Warned Me About #136.

First, a graphic content alert. This story involves the digestive system and things that come out of it. So if you're reading this while eating, drinking or making love, perhaps put it down until later.

My daughter Evie swallowed a coin. I've no idea how or why. All I know is that it was on my watch. Worse still, it was on my lap.

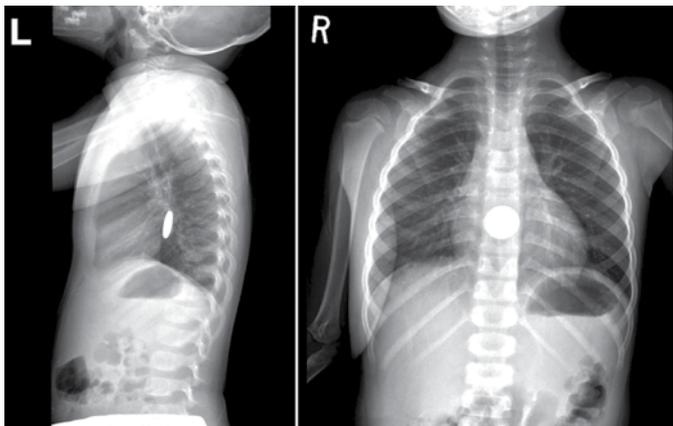
We were Skyping my nephew in Australia. Perhaps I should blame him. Since Evie and I were facing the computer, he should have seen the whole thing, officer, and raised an alarm. But being 17, he was no doubt texting while speaking to us, and thus distracted. (The same callow youth was actually bitten by a deadly brown snake once whilst walking and texting at the same time. True story. He made the papers.)

In any event, our chat was interrupted when Evie spun around and said: "I've swallowed something I shouldn't!"

I thought of a piece of paper, some cardboard at worst. Parenthood is never that simple.

"A coin," she said. The worry showed on her face, perhaps in correlation to the gobsmacked look on mine.

There was a moment to absorb. I made sure she wasn't choking. At least it had gone down the



*My wife's method was to have Evie poop into Glad Wrap and then lovingly, tenderly, fondle it through the plastic*

right hole - or slot, I suppose - if there is a right place for a coin to go down a child.

My next stage was incredulity. That this had happened was unfathomable, something you just can't accept, like watching a footballer miss an open goal, the ending of *Thelma & Louise*, or any Beijing intersection.

But it had happened. Despite our scratched-record parently warnings, she'd had the coin in her mouth, had moved suddenly and lost control of it, and down the hatch it went. This I had to relate to my wife Stef, who of course came home from a bad day at work that very instant.

I was heartened that at least it was a one jiao coin. "It's tiny!" I said, invoking a hitherto unknown spirituality by adding, "This too shall pass".

You don't get off that lightly. Not if your wife's a doctor.

"What is it made of?" she began. "If it's made of zinc it can corrode the stomach. How big is it? Anything over 20 millimetres is likely to get stuck."

I confess my parenthood training hasn't broadened my knowledge of Chinese coins beyond

the fact some of them had a funny hole in the middle.

I found a helpful coin collecting website. It said the one jiao coin was precisely 19 millimetres across! Better still, it was aluminium. (The zinc issue has been a known problem in America since 1982, when the US mint began making pennies with a 97.5 per cent zinc content, just to corrode the stomachs of stupid children.)

I double checked by emailing the website. They elaborated that one jiao coins had been made of nickel-plated steel since 2003. I was marvelling at the amazing things you learn through your children when Dr. Wife jolted me out of it.

"We'll have to go through her poos until we're sure the coin is out," she said.

The horror.

This was really not what I wanted to hear. By contrast, Evie thought it sounded hilarious.

Stef went first, the next afternoon. I thought this was far too soon, firstly for it to have passed and secondly for Stef to escape suspicion that she liked this sort of thing.

Her method was to have Evie poop into Glad Wrap and then lovingly, tenderly, fondle it through the plastic. From my safe place in the backyard I soon saw there was only black smoke in the chimney.

When my turn came I used a plastic stick. I gritted my teeth, thought of England and poked and prodded as if making soup. For her part, Evie sat there chuckling maniacally. Still nothing.

Days, and many poos, went by unrewarded. One day, whilst literally knocking them back with a shitty stick, the thought occurred that Evie may have passed the coin at school, and that I was now just doing this for fun.

"No," she insisted. "It didn't feel like anything shiny came out." This seemed like a definite no, for another old saying holds that you can't polish a turd.

The stories came out. One parent told Dr. Wife their kid incubated a coin for twelve days. Another's daughter had swallowed a British pound coin, and since that went well, threw down four more. (PARENTING TIP: Not a bad coin to swallow. Small and heavy, they pass quickly. Within a couple of days they had that mythical 'perfect child' who poops pounds).

An American friend witnessed a bachelor party drinking game in which a quarter is flipped into a beer. The loser, sculling his beer, also swallowed the quarter. At least he was a drunken adult male. A six-year-old should know better.

Finally, on day 16, Evie had her first X-ray. It really was good news that the coin had been passed. I'm not even going to ponder when.

// Trevor Marshallsea was a foreign correspondent in Beijing in the 1990s and returned a decade later. This time around he stays at home to grow the kids. Read more of his domestic adventures at [www.thetigerfather.com](http://www.thetigerfather.com)

# A GREAT BRITISH DAY OUT

## FAMILY FUN FOR EVERYONE

BY LENA GIDWANI



The third annual British Day is exactly what it promises to be: a relaxing festival celebrating the diversity of cultures native to the United Kingdom. Great Britain may not have a national day as such. However, this has not stopped the flocks of Britons, locals and other nationalities living in Guangzhou from coming together to celebrate all things British. The event, unique to

Guangzhou, is celebrated at the same time as the people back at home are celebrating The Queen's birthday. This year British Day will be held on June 15th. The event is organized by The British Chamber of Commerce and The British School of Guangzhou, with support from the British Consulate-General Guangzhou, the Cultural and Education Section of the British Consulate-General and British businesses based in the region. Major sponsors include MINI Cooper, Sennheiser, British Airways and Rolls Royce.

If last year's event was any indication, guests can expect an array of famous British food and drink, from fish and chips to homemade pies, from tea to beer. They'll be amazing games, activities, entertainment and loads of huge prizes, including two return air tickets from Hong Kong to London. Headlining the event again is The

Beijing Beatles, who promise to dazzle the crowds by recreating the classic sounds of the 60's.

*We are expecting over 2,000 people to join us and celebrate the very best of what Britain has to offer*

Andrew Massey, Deputy Consul - General of the British Consulate -General Guangzhou is passionate about what's on offer at this year's British Day. "We are expecting over 2,000 people to join us and celebrate the very best of what Britain has to offer, from music to food to goods and services. We will have six authentic red telephone boxes displayed throughout the site, traditional live entertainment, an air-conditioned VIP tent, themed cocktail and beer bars, a luxury car display, 'Oxford

Street' offering food and products for sale, a 'Best Hat' competition and various other fun activities for kids, including a football tournament!" With so much on offer, it's no wonder that local businesses have stepped up to the plate to lend a supportive hand and partake in the revelries. Fingers crossed that the dreary British weather will not be in attendance!



// Tickets are RMB20 for adults and RMB10 for kids below 1.2m. For more information, email [britchamteam@britchamgd.com](mailto:britchamteam@britchamgd.com) or call (020) 8331 5013 The British School of Guangzhou, 983-3 Tonghe Lu, Nanhu (8709 4788) 广州英国学校, 南湖同和路983-3

## WORD ON THE STREET

# LANGUAGE OF LOVE?

## WHAT IT WILL TAKE FOR CHINESE TO SOUND SEXY



BY EVELINE CHAO

**W**e don't like Chinese accents. And by "we," I mean most people from outside the Sino-Tibetan language family; and by don't like, I mean not in the swooning way that Americans, for example, go gaga over Australian accents. Even my mother, who herself has a Chinese accent, once said to me, "Chinese accent just soooo annoy."

At this point, some expat out there is probably saying, "I love Chinese accents!" It's different for us, though, because we're familiar with the sounds. For a reminder of how most people react to Chinese, wait until your next visitor from abroad. I've had many Americans gesture at a nearby group of Chinese and ask me, wide-eyed, "What are those people fighting about?" I replied with amusement, "That

guy just said, 'Where's Nanjing Road?'"

While some unfamiliarity can sound sexy and exotic, for the most part, people prefer the sounds of languages similar to their own.

Our subconscious stereotypes about the culture surrounding a language play a role too. Americans swoon over Romance languages, while German and Russian sound ugly. It's no coincidence that many of us grew up seeing Germans and Russians portrayed as bad guys in Hollywood movies. (Though, the accents in those movies are dubious, as I once learned from the Dutch guy who played Nils the German Terrorist in Die Hard.)

Any sociolinguist will tell you

that there's nothing inherently pleasing about one language over another. It all has to do with our own associations and the ways the sounds contrast to those of our own.

Studies also show that having an accent negatively affects people's perceptions of how intelligent and credible you are. This is true not just with foreign accents, but also with accents within a language. Think of the way we react to cockney versus posh-sounding Received Pronunciation English, or the accents of people from the American South.

Obviously, this has major implications for job hiring and other equality issues. The good news is that a study by linguists Susana Eisenclas and Chiharu Tsurutani at Griffith University

found that students who were studying foreign languages did not have the same prejudice as other students against lecturers with foreign accents. Exposure to other languages and multicultural environments seems to make us more open to different speech sounds.

Only when Chinese, both the language and the people, cease to seem alien will we see English speakers swooning over the accent. In the meantime, there are always languages that sound even worse to us than Chinese. Just ask my Cantonese-speaking friend: "Mandarin sounds so soft and poetic!"

// Eveline Chao is the author of *NIUBI! -The Real Chinese You Were Never Taught in School*, available in local English-language bookstores.



# PLASTIC POPULATION

## CHINA'S CHANGING FACES

BY STEPHEN GEORGE

**E**elin is one of China's leading modeling agencies. On its books are some of the country's highest-paid and best-known faces. It has a sleek website featuring a gallery of attractive young men and women striking glamorous poses. Where it differs from other agencies is its openness about one of the fashion industry's last remaining taboos: plastic surgery.

"Plastic surgery is acceptable in today's age," argues 45-year-old Alva Chien, Eelin's creative director. "It's nothing to be ashamed of, and there's certainly no need to hide the truth – especially in the fashion world. Few people are born perfect."

Eelin makes no effort to regulate the use of cosmetic surgery among those it recruits – and in some cases, the agency may even promote surgery as a means of achieving attractiveness.

"I personally support the use of micro surgery; it's the trend of the times," explains Chien. "Surgery is a good option for some people. For example, there was a model recently who had a very good body, nice big eyes, nice oval-shaped face – everything except for the nose. In this case, if it can really make you look better, why not have the surgery?"

Originally from Taiwan, Chien has worked in the fashion industry for 17 years, a period which has coincided with a surge in the popularity and availability of cosmetic surgery in the Chinese Mainland.

"Twenty years ago, if you were to spend RMB10,000 on skincare products, you'd be considered as having a luxurious lifestyle," he says. "But today, it's perfectly acceptable to spend upwards of RMB100,000 on making your face look better. Surgery is really just the latest upgrade in skin care products."

According to Chien's estimates, as many as 70 percent of all models and actresses currently working in China have undergone some form

of facial surgery. And he does concede that such a high proportion may be leading to a negative outcome.

"I sometimes worry that the younger generation is forming too narrow a definition of beauty. After all, wouldn't it be horrible if one day, you woke up and walked down the street and everybody you met looked exactly the same?"

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China now ranks as the third-largest plastic surgery market in the world, valued at RMB300 billion with an annual growth rate of 40 percent

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Among the 100 or so clients arriving at Beijing's Bioscor clinic each week, such concerns remain largely immaterial. This high-end exclusive clinic boasts several foreign doctors and specialists in the very latest facial procedures, including rhinoplasty (nose job; RMB10,000+), blepharoplasty (double-eyelid surgery; RMB10,000-15,000) and chin augmentation (RMB10,000+), as well as various imported dermo-fillers, Botox and fat-removal treatments.

"We are seeing a definite increase in patient numbers," explains Bioscor general manager Sharon Keng. "Plastic surgery is becoming a very normalized practice – there's no stigma attached to it. For most of the women who come to our clinic, surgery is no different to buying an expensive designer dress or handbag. They go shopping in the morning and get their faces done in the afternoon. It's part of the lifestyle."

There are no official figures relating to the use of plastic surgery in China. However, according to the most recent report by the International Society of Aesthetic Plastic Surgery (ISAPS), China now ranks as the third-largest market outside of the United States and Brazil. Between 2009 and 2010, a total of 3.4 million procedures were carried out – an estimated two million for non-medical or cosmetic purposes.

A recent report by Phoenix TV went further still, valuing the industry at a staggering RMB300 billion (US\$47.7 billion) and placing its annual growth rate at an estimated 40 percent. Such figures rank plastic surgery among the country's four most profitable and fastest-growing consumer markets, behind only housing, automotive and tourism.

"Competition is fierce," says Keng. "New clinics are opening all the time. Several years ago, there were maybe a few hundred places in Beijing that offered cosmetic procedures – today there's anything from two to three thousand."

Such sudden growth has led to a shift in the doctor-patient relationship.

"Our policy is aimed at enhancing a person's existing features; we don't perform radical reconstructive surgery," says Keng. "Recently, a very young girl, still in her teens, arrived at our clinic with unrealistic expectations. In effect, she wanted her entire face remodeled."

"When our doctors refused to carry out the procedure, the girl threatened to commit suicide. She became completely hysterical. Eventually, her parents gave in and, despite our warnings, found her a clinic that would perform the surgery."

The majority of Bioscor's patients are women aged between 18 and 30, although some can be as young as 15. Youth, explains Keng with a noticeable trace of exas-

peration, is no longer a substitute for beauty.

"Young, wealthy Chinese have become obsessed with looking good – I wouldn't say they're vain, but there is a feeling that if they have the money, why shouldn't they spend it? The more expensive the procedure, the better it must be, and many parents are more than happy to oblige. Especially if it gives their child a competitive edge.

"Personally, I think it's all happened too quickly: the buildings, the cities, the people, everything [in China] is changing, and no one is reflecting as to why."

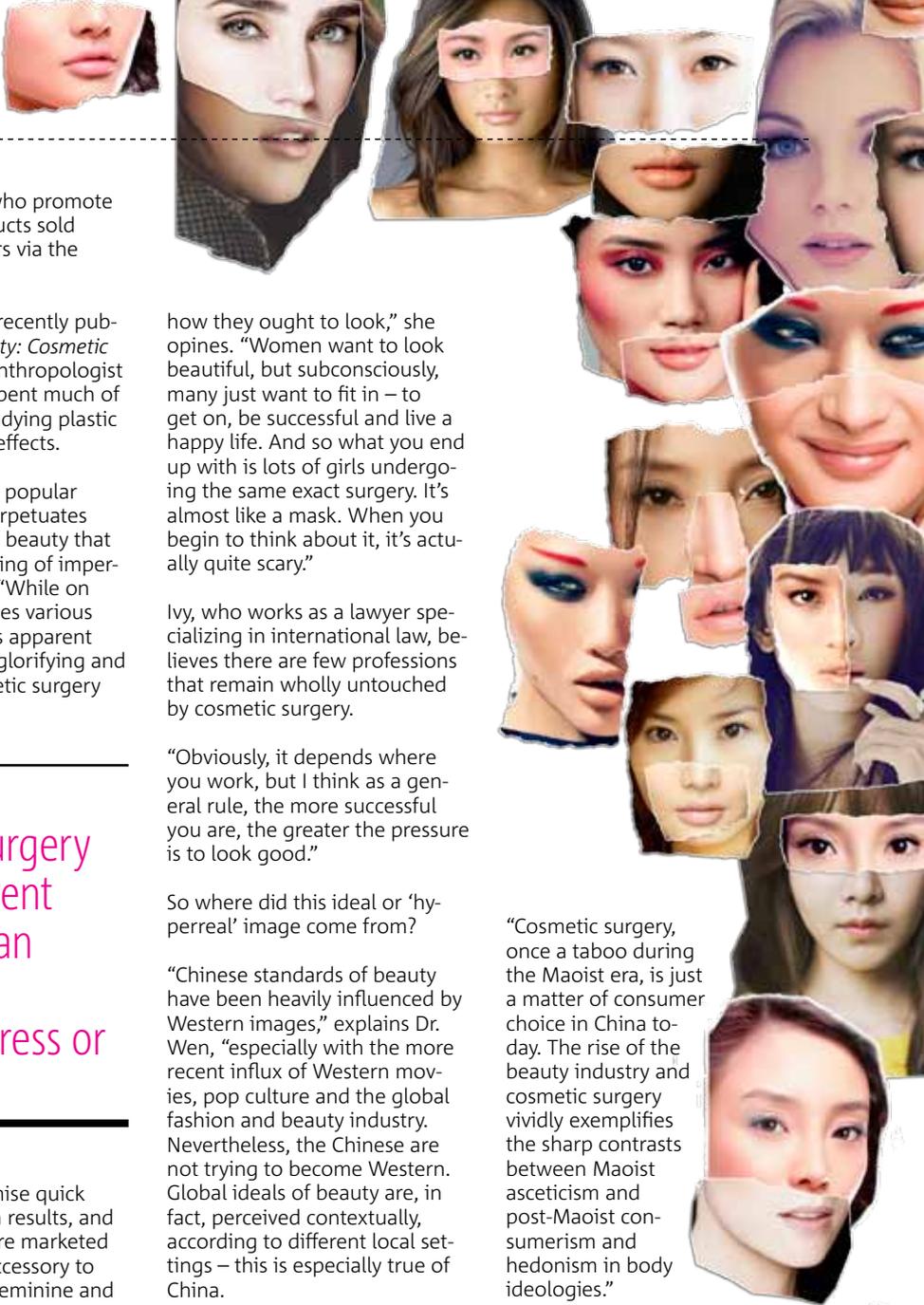
Across the other side of town is the Ximei Hospital. More affordable and less exclusive than Bioscor, it attracts a wider variety of patients from across the social spectrum, many of who become repeat customers, viewing surgery as a piecemeal, stage-by-stage process.

Ximei president Dr. Zhang Surong, herself a product of various minor procedures – including blepharoplasty and rhinoplasty – points to celebrities and models as being instrumental in shaping public perceptions of beauty.

"Take, for example, Huang Yilin – she's a well-known model and one of our more famous clients. After her surgery, she uploaded pictures online showing her new look eyes and nose. This led to a big increase in young women coming to us and requesting similar procedures."

In Zhang's opinion, plastic surgery has become a status symbol. "Young people today want to be more attractive, more desirable. They think, 'If she can have it, why can't I?'"

One such person is 27-year-old China now ranks as the third-largest plastic surgery market in the world, valued at RMB300 billion with an annual growth rate of 40 percent



old airline employee Liu Jing. Throughout the last three years, Liu has undergone no fewer than 10 cosmetic procedures, at a personal cost of over RMB50,000.

"I've had my eyes widened, my nose reshaped to give it a higher, more narrowly defined bridge and my chin and face-shape tapered and sharpened. I also have regular dermo injections [similar to Botox] to help keep my skin looking taut and fresh," she explains casually.

"It is always important to look pretty," continues Liu, who is open with her colleagues about her surgery. "When many people around you make improvements to their appearance – though some of them pretend not to, be it double-eyelid surgery or Botox injections - it's natural that you'd want to have a try too. And once you try it, you want to go back again and again – it's addictive."

Like many of the young women undergoing surgery, Liu aspires to look more like Chinese actress Fan Bingbing. "She is perfect – the ideal beauty," says Liu. "I think given the opportunity, every woman would choose to look like her."

Take a walk through any major Chinese city and it seems Liu has a point. The face of Fan, alongside other, markedly similar-looking models, stares out from a variety of billboards, magazine covers, advertisements and newsstands, their large eyes and pointed chins radiating an omnipresent image of 21st-century cosmetic perfection. For those searching for a less homogenous definition of beauty, there can be little escape.

Fashion model An Li arrived in Beijing from her home in Shanxi Province in 2005 to compete in a CCTV-sponsored modeling competition. "I was too young at the time," recalls the 27-year-old. "I believed I could achieve anything with the right level of ambition and hard work – I was wrong."

An felt marginalized by what she terms the "ugly side of the fashion world," and considered dropping out of the industry altogether. Having decided to hold out on getting a nip and tuck, she now gets by as an online Taobao model – one of

many thousands who promote clothing and products sold direct to consumers via the Internet.

The author of the recently published *Buying Beauty: Cosmetic Surgery in China*, anthropologist Dr. Wen Hua has spent much of the last decade studying plastic surgery's rise and effects.

"On the one hand, popular Chinese culture perpetuates an 'ideal' image of beauty that fuels women's feeling of imperfection," she says. "While on the other, it provides various solutions to fix this apparent 'inadequacy' – by glorifying and normalizing cosmetic surgery among celebrities.

## For most women, surgery is no different to buying an expensive designer dress or handbag

"Many clinics promise quick and easy high-tech results, and their procedures are marketed to women as an accessory to make them more feminine and attractive."

According to Dr. Wen, the physical qualities considered beautiful by today's cultural standards – such as big eyes, a prominent nose, a small face, large lips and angled facial features – present an unrealistic and narrow vision of Chinese femininity.

"To paraphrase the French philosopher Jean Baudrillard, we are living in 'an age of simulation,'" explains Dr. Wen. "That is to say, hyperreal images of beauty have replaced the real, and real women are instead imitating hyperreal models."

Back at the Bioscor clinic, 35-year-old Ivy is resting after undergoing a RMB3,500 micro-cosmetic procedure intended to soften her jawline.

"I think many young women in China today are confused as to

how they ought to look," she opines. "Women want to look beautiful, but subconsciously, many just want to fit in – to get on, be successful and live a happy life. And so what you end up with is lots of girls undergoing the same exact surgery. It's almost like a mask. When you begin to think about it, it's actually quite scary."

Ivy, who works as a lawyer specializing in international law, believes there are few professions that remain wholly untouched by cosmetic surgery.

"Obviously, it depends where you work, but I think as a general rule, the more successful you are, the greater the pressure is to look good."

So where did this ideal or 'hyperreal' image come from?

"Chinese standards of beauty have been heavily influenced by Western images," explains Dr. Wen, "especially with the more recent influx of Western movies, pop culture and the global fashion and beauty industry. Nevertheless, the Chinese are not trying to become Western. Global ideals of beauty are, in fact, perceived contextually, according to different local settings – this is especially true of China.

"It is also important to note the influence on Mainland Chinese perceptions and practices of beauty from Korea, Japan, Taiwan and Hong Kong, as evidenced by the success of Japanese video games and anime-style cartoons, Korean television dramas and Hong Kong and Taiwanese movies and pop music."

For Dr. Wen, plastic surgery's growth is indicative of the wider social and economic changes currently taking place throughout China.

"What we have today is a rise of consumer culture, coupled with an unprecedented commodification of the body," she says. "More and more Chinese women – and men as well – now pay close attention to fast-changing styles in fashion, haircuts, grooming and body appearance.

"Cosmetic surgery, once a taboo during the Maoist era, is just a matter of consumer choice in China today. The rise of the beauty industry and cosmetic surgery vividly exemplifies the sharp contrasts between Maoist asceticism and post-Maoist consumerism and hedonism in body ideologies."

In fact, Wen argues, the development of the beauty industry has allowed the government to strengthen its hold and to reinforce its legitimacy, "not on the basis of the old Communist rhetoric of egalitarianism, but on the new consumerist rhetoric of prosperity and choice in the market."

For those reluctant to buy into this brave new world, things can be tough.

"There is a lot of pressure to look a certain way," says An Li, the model who declined surgery. "I sometimes wonder if my idea of beauty is outdated. I'm beginning to think that the only way to be a successful, well-paid model is to change the shape of my chin – though I really don't want to."

// Additional research by Karoline Kan

# BEAUTY GONE BAD

## AN UNREGULATED INDUSTRY IS LEAVING LIFELONG SCARS

BY RFH

Since undergoing expensive plastic surgery six months ago, 28-year-old Wang Wei contemplates suicide on a regular basis. He has even threatened his own doctor: “The worst thing I could do is kill myself – but you will pay for that, I assure you.”

Up until last year, Wang was a fashion model working four to five days a week, earning RMB2,000 a time for magazine and Taobao.com shoots. “My looks are the most important thing in the world to me,” he says – and he figured the next step was to improve them.

A friend suggested a form of surgery known as ‘orbital decompression,’ saying that if his eyes more closely resembled those of Hong Kong actor Guo Fucheng, better known as Aaron Kwok, it would aid his career.

Orbital decompression is an extreme procedure normally only used to treat exophthalmos, a condition characterized by excessively bulging eyes; it involves removal of small amounts of bone and fat from the sockets, allowing the eyes to sit further back in the head so that they do not protrude.

A succession of hospitals declined to perform the operation, pointing out that Wang did not suffer from any medical condition that would require it. But an online advert gave Wang hope: Dr. Xia Chengjun claimed to work for a famous hospital in Shenyang, and promised a hassle-free, tailored service.

“The happiness of realizing my dream made me lose my mind,” Wang now admits. “I should have been more careful. Now it’s too late.”

After Dr. Xia recommended a blepharoplasty, Wang underwent two procedures, but during recovery felt that something was wrong. When the day came to remove the bandages, Wang was shocked.

“I had the eyes of an old man from a comic book,” he recalls. “I asked the doctor, ‘Where are

my European-style eyes?’” The doctor repeated the same mantra over the next six months: “They are still recovering.”

In fact, it later emerged, the doctor had not performed orbital decompression surgery, but simply liposuction. The effect was devastating to Wang. “The eyes are the window to the soul... I am now totally disfigured.” Dr. Xia has since changed his number and refuses to discuss the case.



Wang Wei before the operation

I had the eyes of an old man from a comic book. The eyes are the window to the soul... I am now totally disfigured



...and after

Wang may be one of the luckier ones.

The perils of China’s newborn passion for cosmetic surgery was highlighted by the death of Wang Bei, 24, a contestant on hit Hunan reality show *Super Girl* known for her good looks, who nevertheless elected to go under the knife in 2010 for “facial bone-grinding surgery” to taper her jaw line.

According to Xinhua, an “anesthetic accident” occurred at the Zhong Ao Cosmetic Surgery Hospital in Wuhan, where Wang was receiving her treatment: her jaw began bleeding during the procedure, causing her to suffocate.

The bizarre tragedy shocked young web users, who criticized both the unnecessary nature of the surgery and the lack of regulation. “I hope the tragedy can raise people’s awareness of the slack supervision of the industry,” one wrote.

According to Zhao Zhenmin, Secretariat of the Chinese Association of Plastics and Aesthetics (CAPA), while cosmetic clinics are not allowed to conduct any surgery by law, some are doing so illegally, and are responsible for many of the botched operations. When things do go wrong, cosmetic clinics are not equipped to respond.

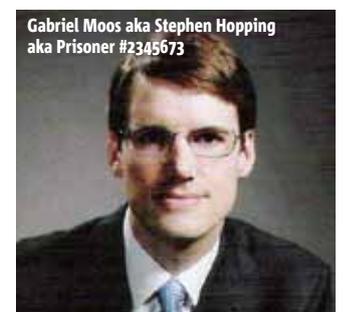
“It’s highly dangerous to have surgery done at these places,” Zhao told *China Youth*. “They are usually under-qualified on the materials, equipment, hygiene procedures, processes and other technical specs.”

Botox, for example, should only be purchased from certified suppliers, and its transportation, storage and usage requires strict supervision. But an untrammelled demand has led untrained doctors to start carrying out operations, “which is risky and irresponsible,” as Zhang Huabin, a professor of plastic surgery at Guangdong Medical College explained to the *Sydney Morning Herald*.

The *Shanghai Daily* reported on one such case in May this year. When 20-year-old Liu visited an illegal clinic in Huangpu for rhinoplasty, she was instead given two shots of collagen in her nose, which blocked veins, causing her to lose sight in one eye. Police later arrested the ‘surgeon,’ Huang, who admitted to having no medical license, instead simply turning a small, rented apartment into a fake clinic using basic equipment and skills gleaned from the Internet.

Even highly complicated procedures, like leg lengthening (see ‘Break a Leg’ on p66) are taken on by cowboys. One Chongqing woman, Zhang Wen, discovered she was just 4 centimeters short of the 1.6-meter minimum to be an Air China flight attendant – her dream job. She paid RMB20,000 to a shady clinic, who bungled the surgery, leaving her with a debilitating limp but without the money to correct it.

Some clinics employ foreign doctors to boost their credibility (and prices), but this is no guarantee of safety. Between 2004 and 2007, hundreds of expats and locals paid visits to an American physician practicing at a new clinic just a short walk from the Great Hall of the People, and soon spread word of his affordable prices.



Gabriel Moos aka Stephen Hopping aka Prisoner #2345673

By 2006, word was also spreading that the American, advertising himself as Dr. Michael Gabriel of the Confidant Medical Clinic in Wangfujing, bore a startling resemblance to one Steven Gabriel Moos, a wanted fugitive and “lifestyle practitioner” who fled Oregon, USA, following a

federal indictment on “multiple criminal charges, including the unlawful importation of misbranded drugs and human growth hormone; falsifying information submitted to the Drug Enforcement Administration (DEA); and unlawfully obtaining controlled substances.”

Moos departed Beijing in 2007 and was arrested in Dubai two years later, where he was revealed to have been practicing surgery in his kitchen and

**Many clinics hire some Korean people and equipment and simply claim they're experts with top-range technology**

storing fat from liposuctions in water bottles.

The CAPA's Zhao says that ‘xenocentrism’ is a major problem in the industry. Many consumers blindly trust doctors, especially foreign ones, and believe that not only are all pretty Korean women the result of surgery, but that Korean techniques are better.

“Many clinics hire some Korean people and equipment and simply claim they're experts with top-range technology,” Zhao says. “Many are not qualified at all and following their suggestions can be hazardous.”

Zhao says that government regulations need to firstly focus on reining in false advertising, especially online, as this is where most customers get their information. Portal sites feature “exaggerated claims with wording like ‘the most authentic,’ ‘most effective,’ ‘China’s best.’ Many profitable clinics also use the names of public hospitals

to promote themselves too.” Secondly, regulators should publish lists of certified clinics and surgeons for public reference.

“Last but not least,” continues Zhao, “cooperation across different government departments is very important, as plastic surgery clinics are governed by the Ministry of Health while regular cosmetic clinics come under the Industrial and Commercial Administrations, which enables [them] to evade supervision,” Zhao concludes.

Any regulations will come too late for people like Wang. Having paid RMB20,000 for the disastrous surgery, he says his modeling career is ruined.

“I think there will be less and less jobs there for me,” he says. “Those who called me for work after the plastic surgery never called me again. And I have no new clients.”

Wang partly blames his parents – his father, he says, encouraged him to trust the doctor “as he is such an expert” – and relations have soured at home.

Wang is rare in coming forward about his experience. Some refuse to even acknowledge their surgery. One British entrepreneur based in Beijing argued with his girlfriend, a 22-year-old BTV presenter, about her over-extensive breast-augmentation efforts. “She denied having had implants and said [the growth] was a side-effect of emergency heart surgery!” he recalls, incredulous.

According to the Meika plastic surgery hospital in Beijing, there is no way to create the “European-style eyes” that Wang desired, because Chinese skulls are significantly different from Caucasian ones. But the Langli hospital, who refuse to accept liability, have a different answer for Wang: they say his eyes look better than ever before.

// Additional reporting by Karoline Kan

**Hair transplant**  
**35,000**

**Eyebrow reconstruction**  
**15,000**

**Eyelash reconstruction**  
**15,000**

**Canthoplasty**  
**10,000**

**Double eyelid**  
**10,000-15,000**

**Rhinoplasty**  
**10,000**

**Eyebag removal**  
**10,000-15,000**

**Chin augmentation**  
**10,000**

**Freckle removal surgery**  
**6,600**

**Augmentation Mammoplasty**  
**20,000-90,000**

**SMARTLIPO:**

**Cheeks**  
**16,000**

**Chin**  
**12,000**

**Mandibular**  
**16,000**

**Abdomen, flanks**  
**30,000**

**Both thighs**  
**25,000**



# MY HIDEOUS FACE

## A VISIT TO ASIA'S LARGEST PLASTIC SURGERY HOSPITAL

BY KAROLINE KAN



If I'm honest, I've always been secretly interested in what it would be like to have double eyelids. The curiosity stems from my family. According to my mom, one of the most important reasons why my dad's family – who all have single-fold eyelids and narrow eyes – wanted my parents to get married was that my mom has “large beautiful eyes with double eyelids.”

This, of course, meant that my parents would have a 50 percent chance at producing “good looking” kids. Unfortunately for them, both I and my brother inherited my father's looks. My grandfather has remained distraught to this very day.

When my nephew was born earlier this year, the first thing my family all wanted to know was not whether he had all his fingers and toes, but whether he had those all-important double

The staff all wear the same tight-fitting uniform, sport the same haircut, and – this is where it gets weird – have the same exact face

eyelids. Answer? No. Having single-fold eyelids is a sin in China, and my family are perennial sinners.

In a brazen attempt to lift this apparent generational curse – and in the name of journalism – I have decided to do what members of my father's family should have done long ago: book a consultation at my local plastic surgery hospital, aka “the biggest plastic surgery hospital in Asia” (their slogan, not ours).

Okay, so first and foremost: it's big. Much bigger than I'd antici-

pated. From the outside it looks like an elaborate Vegas-style casino, replete with ostentatious marble pillars, shiny colored glass and security guards dressed like 18th-century courtesans.

From the inside, it feels more like a luxury hotel. As soon as I walk in, a small battalion of women glide towards me, asking how they might help. Each wears the same tight fitting uniform, sports the same style haircut, and – this is where it gets weird – has the same exact face.

“Don't be afraid, all the surgery here looks perfectly natural,” explains one of the women soothingly. “My nose has been injected with hyaluronic acid. Just one dose, and immediately it looks different.” Okay. She passes me a glass of water. “And, of course, people won't even notice, because it looks so natural.”

If by natural she means resembling the horn of a white rhinoceros, then yes, I might be inclined to agree. Instead, I nod sagely.

One of the girls ushers me to the second floor. She leads me along a corridor, decorated with oil paintings and ornate shelves with large green plants, and into a large palatial lounge area where I am introduced to the hospital's resident “face designing consultant” Dr. Huang.

Dr. Huang smiles. The woman with the rhino horn smiles. The receptionist on the other side of the room smiles.

It's unnerving.

“Hi Karo...” says Dr. Huang in a soft voice, using the familiar shortened version of my name. “What do you want to consult me about?”

“Maybe my eyes? I'm still not very sure,” I reply.

“Don't worry,” says Dr. Huang. “You'll be one hundred percent sure after the consultation.”

And so it begins.

I take a seat in front of Dr. Huang, and she leans towards me, peering deep into my soul. Finally, after what feels like an eternity, she extracts herself from her trance-like state and begins to examine my eyelids, as if carrying out research on a newly discovered specimen. She frowns, she smiles, she ponders. At last she writes down something in her notebook.

“I think I've discovered the main problems with your face,” says Dr. Huang assuredly. “Where do you want to begin?”

Problems? Where to begin? There are so many flaws on my face that you have to make a list? I tell her to begin with the part that concerns me the most: my eyes.

"If you look carefully, your eyes are not exactly the same size," Dr. Huang says. I feel my face begin to blush. This is not what I had expected to hear. It's a new discovery, it sounds serious. Tell me more.

"Close your eyes."

I do as I'm instructed.

"Open them."

"Close them, and open them..."

I do the eyelid movement a further six times. "I have found the reason why your eyes look narrow," says Dr. Huang.

"Your eyelids have weak muscles, which means to open your eyes you have to lift your eyebrows. And look!" Dr. Huang passes me a mirror. "There are already some small wrinkles on your forehead, not because of your age, but because of your weak muscles." Great.

"How old are you, honey?" Dr. Huang continues.

I tell her my age.

"Oh, my god! How can you be so young? You look at least five years older!" She exclaims with a genuine expression of pity.

"Look, the skin around my eyelids is much firmer than yours. If things carry on as they are, you will look terrible in just a few years." Her finger pulls my eyelids back, in an attempt to show me clearly just how terrible and weak my eyelids really are.

I begin to grow scared. Images of my grandmother's sagging face flash through my mind – will this be my fate too?

"How do I solve it?" I ask.

"It's easy. We just need to do a little surgery on your eyelids –

**For the first time in my life, I see my features as the failed work of my parents. A genetic disappointment. How could I have been so shamelessly confident all these years?**

to make the muscles stronger – and cut off some redundant fat to make it firm again... It only costs a little more than RMB10,000," says Dr. Huang, with a smile.

Her perma-smile soon begins to fade again though. "Look at your poor face... what a shame."

A sense of self-pride stops me from asking what exactly she is referring to. I needn't have worried – she tells me anyway: "I'm so sorry about those freckles on your poor face. I guess you blame your parents..."

"What?" I say, confused. "What do you mean?"

"Well, the freckles are inherited from your parents. What a shame, your skin is so fair, it makes the freckles even more obvious," she says with a deep despairing sigh.

I wonder what she would think if I tell her that I regard my freckles as an old friend. I remember when I was a little girl and my dear old dad would tell me, "A face without freckles is like a sky without stars."

I look at Dr. Huang's dejected expression. What if my dad was lying? Maybe freckles really do make my face look horrible. Maybe they are the most dis-

gusting thing in the world? I suddenly find myself blaming my parents, I imagine shouting at them: "Why did you give me these cursed freckles?!"

Fortunately, Dr. Huang is on hand with a solution. "Hey sweetie, why not have a little try today – we have a discount. You can get rid of your freckles with Photorejuvenation. For the small price of RMB10,000, you can have a face as clean as mine!"

Yes, finally, a bright white metallic face with thick makeup. Just what I've always wanted!

I smile and tell her honestly that I like my freckles and I wouldn't want to spend RMB10,000 to have them removed. For the first time since we met, her smile recedes completely and the shape of her nose becomes clear, reminding me again of the rhinoceros in my middle school biology book.

Perhaps realizing that I'm staring at her nose, Dr. Huang changes tack. "Do you want to do something to your nose instead? The nose is incredibly important. Just a little hyaluronic acid and you can get this effect instantly." She points to her nose.

For the first time in my life, I see my features as the failed work of my parents. A genetic disappointment. How could I have been so shamelessly confident all these years? I should have hidden myself away. I resolve to buy a mask, or maybe a black scarf to wrap around my ugly face to avoid offending people.

I tell Dr. Huang I need some time to think about it. "Today is the last day of our discount, don't miss it..." she says, her voice growing increasingly frustrated.

I reassure her that as crazy as it might sound, I don't want the hyaluronic acid injection. She sighs and asks an assistant to send me out. Maybe it is the same assistant who received me? Who knows – they all look the same. But at least they all have perfect noses.

## UNDER THE SKIN



China now ranks as the third-largest market for plastic surgery outside of the United States and Brazil. Between 2009 and 2010, an estimated two million non-medical, or cosmetic procedures were carried out.

China's plastic surgery industry is worth an estimated RMB300 billion (US\$47.7b), with an annual growth rate of 40 percent.

Plastic surgery is now the country's fourth most profitable and fastest-growing consumer market, behind housing, automotive and tourism.

Leading plastic surgeon and deputy secretary of the Chinese Association of Plastics and Aesthetics, Li Qingfeng, estimates his hospital alone receives as many as 100,000 patients each year, and all of Shanghai could receive as many as 300,000 yearly.

The most popular surgeries are double eyelid surgery, chin augmentation and canthoplasty – to give the appearance of wider eyes. The most widely imitated and desired looks are those of actress Fan Bingbing and Hong Kong fashion model AngelaBaby.

The majority of patients are young women aged between 18 and 30, though the male market is also growing. Male surgery is now believed to account for up to 10 percent of all procedures.

// Sources: International Society of Aesthetic Plastic Surgery (ISAPS), Phoenix TV, the Washington Post

# BREAK A LEG

## GRUESOME SURGERY TAKES GETTING AHEAD TO EXTREMES

BY HART HUGUET HAGERTY AND RAEMIN ZHANG



**A**t a Shanghai hospital, just opposite a busy IKEA, Dr. Li Rongguo is busy sawing apart a young woman's shin bones, then screwing the severed tibias and fibias to external metal braces with pins, rods and wires.

It is a procedure Dr. Li enacts several times a year. The patients are almost all healthy young men and women.

After being bedridden for a week, her agonizing pain only dulled by heavy sedatives, the woman's long, slow journey begins.

Three times a day for up to 16 months, the bone-embedded screws must be manually turned, extending the fracture to encourage new bone growth. It sounds barbaric but it's China's most successful method of leg lengthening – a surgical procedure which is proving increasingly popular among some wealthy first-tier urbanites.

Dr. Li is a world-renowned director of orthopedics at Renai Hospital in Shanghai, and has a decorated military background. Patients are referred to him from all over the world in the hope that he can fix legs crippled by disease or accidents. But, in an increasing amount of cases, patients are coming to him because their legs are simply too short for their owner's liking.

In the past decade, Dr. Li has performed over a thousand leg surgeries and, while he declines to say how many are purely cosmetic, Dr. Li says the pursuit of height is on the rise. His cosmetic patients range from 20 to 40 years old, divided equally between men and women, most of them university graduates.

Li says the increasing interest in cosmetic leg-lengthening surgery, which costs around RMB100,000, can be attributed to several factors.

"First, people earn more money in China now, so they can afford the surgery," he says. "Also, my patients mostly have low selfes-

# MY LIFE IS CHANGED FOREVER... I HAVE A BOYFRIEND NOW!

teem and less opportunity in society. It's hard for them to find a good job."

In a country where hundreds of qualified candidates are applying for each vacant position, a minimum height requirement is an effective way for an employer to weed out prospects. A search on Chinese job sites uncovers height minimums in many fields. Some companies require their workers, male or female, to be at least 165centimeters tall. Sales consultants in some companies are required to be a minimum of 170centimeters for men, 165centimeters for women. A number of Chinese universities have similar height requirements: Hebei University requires journalism students to be at least 170centimeters (male) or 160centimeters (female).

Anhui University has a similar

ratio of of 168/158centimeters for those who want to major in Chinese language, history, philosophy or media studies. Shanghai's police demand male officers be at least 168centimeters, female 158centimeters (Beijing had a similar policy until 2011); more exotic jobs, like TV hostesses, require a 164centimeters minimum.

Dr. Li cites the ever-urgent desire to marry. "Many of my patients undergo this surgery to find love and marriage. You're considered more attractive in China when you're taller."

Ms. Wang, a 23-year-old woman from Jiangsu, who added 7 centimeters to her height with Dr.

Li, is thrilled with the result.

"It's amazing. My life is changed forever," she gushes. "I have a boyfriend now!" she explains, beaming.

When Ms. Wang underwent the surgery in 2008, she kept it from her family. "I didn't tell my family because I knew they would worry. At the time, I was already living away from home, so I saved my money and got the surgery done secretly. I lived in an apartment by myself and studied English for six months as I healed. When I finally came home, the braces scared my parents for a while, but now they're happy for me."

Such isolation and secrecy is common because the extreme surgery, not surprisingly, is considered alarming. Many patients therefore go through the entire process alone, sometimes healing in purdah in a cheap apartment near the hospital for six months to a year, occupying themselves, just as Wang did, by taking courses or online jobs.

But a substantial post-puberty growth spurt can't be concealed forever. When they finally return home, Dr. Li says, "Patients often reappear in front of everyone claiming it's just a miracle that they grew taller."

And in some ways, it is a miracle: in November 2006, the Chinese Ministry of Health banned the practice for cosmetic purposes, saying, "It must only be carried out for strict medical reasons and performed in authorized hospitals."

But one "strict medical reason" can be "stress" caused by a lack of height, according to an orthopedic clinic in Beijing.

"We would like you to keep a low profile about your cosmetic lengthening surgery," the clinic's website warns. "When asked by the related authorities (highly



## STEP BY STEP

**1)** The tibia and the fibia are bisected below the knee without touching the marrow, then nickel-titanium braces are screwed into the bone.

**2)** Medicated, the patient can usually walk again with crutches after a week.

**3)** Painkillers can affect bone growth, so the patient must persevere without after a week. To reduce risk of infection, patients cannot wash their legs and are given antibiotics.

**4)** To grow 6 to 8 centimeters, patients must wear braces for one year up to 16 months, manually turning the screws three times daily to extend the fracture 0.55 millimeters per day.

**5)** X-rays are taken bi-monthly to track regeneration evenly. After five months, the braces are adjusted to ensure even growth.

**6)** Finally, the patient undergoes a second bout of surgery to remove the braces. The new bone is just strong enough for walking, but patients must wait another year for strenuous activity.

unlikely), it will be helpful that you could admit to suffering from height-related stress, so that the surgery is more justified on medical grounds."

// Additional reporting by RFH. A version of this article first appeared in *That's Shanghai* in June 2011.



# CITY SCENES

## *Around the World in Four Hours with GNIS*

**O**n May 11, over 400 people travelled around the world as they joined Guangzhou Nanhu International School for their annual bazaar held in Favorview Palace. After sampling tasty dishes from Morocco, India and France, it was time to drink speciality Chinese teas before sampling Italian pastries. The Indian design booth, Chinese chopstick challenge and Korean arrow throwing – among many others activities – kept everyone very busy. The Chinese Bamboo Dance was a big hit as well as the Fairy Tale Fashion Show.



## *Business Women in China Forum: A Women's World, A Better World?*

The European Union Chamber of Commerce held the Business Women in China Forum at the Asia-Pacific International Club on May 17. It is the first time for the chamber to organize such an event and as a result received sizable local attention. Around 100 people attended the forum, listening to the inspiring insights shared by the four invited speakers. Carmen Cano, Deputy Head of the EU Delegation to China and one of the four speakers, travelled all the way from Beijing to Guangzhou to present her answer to the forum's central question.



## *AmCham Spring Ball: The Legend of West*

**O**ne of the most anticipated events in town, the AmCham Spring Ball was held at the China Hotel, A Marriott Hotel on May 18. Under the theme of "The Legend of West," guests adorned in cowboy outfits were offered a special chance to experience the Wild West as well as the cowboy culture. The highlight of the party was the lucky draw with the prizes reaching a total of over RMB one million.



## Queen's Day Celebration at the China Hotel, a Marriott Hotel

As part of their first order of business, the Dutch Association Guangzhou (or NVG) held its first annual Queen's Day celebration on April 30 at the China Hotel, A Marriott Hotel. Queen's Day is a wildly popular holiday originating from the Netherlands where citizens celebrate their appreciation for their beloved Queen by partying, of course. Yet, since Queen Beatrix abdicated back in April, this year will actually be Queen Beatrix's last Queen's Day! From now on it's going to be called King's Day, following the investiture of her son Prince Willem-Alexander. The NVG was kind enough to open its doors to everyone on this festive day, giving curious minds a taste of how the Dutch let loose. Amongst a funky live musical performance were DJ sets, native snacks from the Netherlands, lots of lucky draw prizes and orange as far as the eye could see.



## that's PRD Food & Drink Tasting Event in Shenzhen

Held on May 20 by *that's PRD* and The Langham, Shenzhen, this event introduced great food to *that's PRD* readers. Twenty guests from different industries gathered in Silk restaurant on the second floor to enjoy tantalizing seafood, Asian and Western dishes as well as sumptuous sweets, all accompanied by fine wine. At the end of the party, guests participated in a lucky draw, some of them won fabulous prizes sponsored by Silk, Langham Shenzhen, Jiahua Language School, Fusion Fitness, Viva Dental and Thomas Bakery.



# PRD FOCUS

New Concept Mandarin, the international Chinese language training company, held the 8th Anniversary Party of its Guangzhou center at Party Pier in Guangzhou on May 18. Over 100 expats and friends attended the event and enjoyed a night of Chinese language learning activities, lucky draw, musical performances and a delicious meal with drinks arranged by People's Cafe.



From Friday 17 to Sunday 19 Shenzhen rocked like it has never rocked before. On the 20th anniversary of Beijing's legendary Midi Festival, China's top rock and folk musicians performed on stage at Shenzhen's first ever Midi Festival. Highlights included China's Godfather of rock, Cui Jian.

April 20 saw eager and sharp-suited expatriates grace the China Hotel, A Marriott Hotel for the 2013 Guangzhou Job Fair. One of the hotel's ballrooms was taken over for the event, which saw nearly 800 foreigners pass through the doors over the course of the day. Around 40 companies set up a stall to present themselves and pitch from, and be pitched to of course!



On April 25, Summertime Fine Wine invited wine lovers to attend a master class for Clarendon Hills at Pipette French Restaurant, InterContinental Hotel Shenzhen. Clarendon Hills is a small family run winery based in Clarendon, South Australia, being renowned for their flagship wine Astralis which is widely and consistently viewed as one of Australia's top wines.



American International School of Guangzhou cooperated with Pantene Beautiful Lengths, a program encourages people to grow, cut, and donate their hair to make real-hair wigs for women who have lost their hair due to cancer treatments. On April 27 at AISG's PTA International Day, 17 professional stylists from SO'O-LK salon were invited to cut the hair of the participating students and designed professional hair styles for them.

Kerry Wines held a wine dinner for wine lovers and media at W Hotel on May 19, presenting six wines from d'Arenberg, a world renowned, family owned, McLaren Vale winery that produces high quality, award winning Australian wines. The Dead Arm Shiraz, The Twenty-Eight Road Mourvedre, Stump Jump Sticky Chardonnay Blend, The Hermit Crab Viognier Marsanne, The Lucky Lizard Chardonnay and The Peppermint Paddock from d'Arenberg were all presented to the guests.



The 10th Huiling Charity Walkathon was held at the Guangzhou Oriental Resort on May 18, attracting hundreds of foreign and national participants from both private and public sectors to sponsor and improve the lives of people with mental disabilities.



On May 9, Amcham South China hosted an ice-breaking party at Marco Polo Shenzhen to welcome their new members. Hundreds of Chamber members as well as officials from the diplomatic community of Guangzhou got together and shared their experience of succeeding in business.



The day before Chelsea became Europa League champions in June, the club was demonstrating it has its sights set far beyond Europe. Executive Ron Gourlay was at the Ritz Carlton, Guangzhou alongside R&F President Zhang Li to take part in the launching ceremony of the football school partnership between Guangzhou R&F and the Blues. "Chelsea's motto is here to play, here to stay," explained Gourlay. The school is to be based in Yanyang Town, Meixian, Meizhou.



# 9Z

Guangzhou reviews,  
events and information



## OPERA TURANDOT

Puccini's Persian Poem  
Graces Guangzhou

*See P57 for details*

### THIS MONTH

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# WHAT'S ON IN **JUNE**



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**GIDON KREMER WITH GIEDRĖ DIRVANAUSKAITĖ AND CHEN SA**  
GUANGZHOU OPERA HOUSE P56



**JUN 13 THU**  
**PIANO RECITAL: JEF NEVE**  
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**JUN 1-30 SAT-SUN**  
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**CHILDREN'S DAY AT FOODS**  
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**JUN 1-30 SAT-SUN**  
**DIM SUM BUFFET**  
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◆ **JUN 7-8 FRI-SAT**  
**MIX 2 TIMES – BP ZOOM**  
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◆ **JUN 15 SAT**  
**BRITISH DAY**  
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◆ **JUN 8 SAT**  
**CELLO RECITAL: NATALIA**  
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◆ **JUN 15-16 SAT-SUN**  
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◆ **JUN 8-16 SAT-SUN**  
**GRAND STYLE FATHER'S DAY**  
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◆ **ALL MONTH**  
**STREETS OF OLD CANTON**  
China Hotel, A Marriott  
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◆ **JUN 14 FRI**  
**THE DRAWINGS CONCERT**  
Xinghai Concert Hall  
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◆ **ALL MONTH**  
**CHAMPAGNE PROMOTION**  
China Hotel, A Marriott  
Hotel  
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— Interpretation between English and Chinese —  
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## Gossip

The Guangzhou restaurant and bar scene is in bloom again after the annoyingly moist spring. More additions have popped up on Xingsheng Lu: **Amaze Restaurant & Bar** has opened to offer Thai food and creative cocktails. Nearby, **Bull's Chicago Grill & Bar** is in their soft opening and will be serving a full menu American-style grilled food soon.

New things have also been occurring along the river. Yanjiang Dong Lu has welcomed a range of new restaurants, including the **Ribera** which offers Mediterranean cuisine, the Italian restaurant **Casa Bella** and the barbecue restaurant **Birdie**.

Some existing establishments have undertaken several new projects. The UN Book Store on Beijing Lu has set up **UN BookCafé** on their first floor and at Party Pier, **Above Lounge Bar** is coming soon to the rooftop of **The River**.

## OPEN DOOR



## An old friend with new offerings

### Tomatoes

We are happy to learn that Tomatoes has launched their yearly new menu at their three branches.

Pizzas and pastas with smoked ingredients are one of the highlights among the new options. There's Smoked Salmon Pizza, Smoked Beef Pizza, Smoked Ham Pizza and Smoked Turkey Pizza on offer. For pasta, Smoky Pasta topped with your choice of salmon, beef, chicken or turkey is also worth trying. And the Bruschetta Vegetables (RMB26) is a new starter for the vegetarians out there. For meat lovers, try their Chicken Caprese Salad (RMB48). The newest additions are desserts made on the premises. With all that said, the real star is their Breakfast Set Menu (6am to 11.30am). Priced from RMB38 to 48 and served with fresh juices, coffee and tea, the sets really are a superb deal.



// Add.: Shop 1-2, 1, Jian She Liu Ma Lu, Yuexiu District (8388 1742) 越秀区建设六马路1栋1-2号



## THE FIND

### Shanghai steamed buns

Shanghai Xiaolongbaos – soup buns steamed in small bamboo baskets – is probably the most well-known Shanghai snack, yet it's not all that easy to find good Shanghai Xiaolongbaos in Guangzhou. Fortunately, we've discovered Cheng Long Hang, a small shop selling Shanghai food products that does everything right with these delightful little bundles.



Their delicately wrapped Xiaolongbao (上海风味小笼包, RMB15) have a juicy, tasty pork filling. They also offer another "deluxe" version of Xiaolongbaos with crab roe as the filling (蟹粉小笼包, RMB38). The shop is renowned for their hairy crabs, thus the crab roe they're using is of a high quality too. To eat Xiaolongbao, carefully pick one up with your chopsticks and dip it in black vinegar, which enhances the flavor of the steamed bun no end. But take care! Take a little bite first, or the hot soup will burn your tongue.

// Add.: 31 Miaoqian Zhi Jie, Yuexiu District (8765 0579 / 8765 0577) 成隆行, 越秀区庙前直街31号

## IN SEASON

### Mulberries 桑葚

Dubbed 'fruit health care' because they boast a potent cocktail of vitamin C, antioxidants, anthocyanins and iron, these sweet and tart berries (sangshen, 桑葚) are thought to help fight cancer, aging and diabetes. They're also delicious. Mulberry trees are cultivated mostly in Yunnan, Fujian and Xinjiang provinces. Select fleshy and dark purple ones. Handle with care, they stain everything purple!



## IN SEASON

### Lychees 荔枝



These juicy, ping-pong-sized globes (lizhi, 荔枝) are a popular summer treat, said to promote smooth skin and blood circulation thanks to high doses of sugar, protein and vitamin C. However, TCM dictates one should avoid eating them on an empty stomach due to their 'hot' properties. The best come from Guangdong and Fujian provinces. Choose ones with firm and evenly colored red shells.

**HIDDEN GEM**

# ARBAT

## NEVER FEAR, THE CAVIAR IS HERE

BY JANE KENT



Situated on the growing food strip of Xingsheng Lu, Arbat is named after a famous street in Moscow, known for its lively cultural atmosphere. Welcoming patrons on the outdoor patio is a statue of an intoxicated gentleman surrounded by signs pointing home. The interior is spacious, painted to resemble a street scene, lined with historical photos and finished with a cobblestone floor. Even the cash counter is a part of the décor—it looks like a Soviet-era post office.

We start with the Salad Olivier (RMB33), basically a pressed potato salad with peas, garnished with quail eggs and red caviar. It's an interesting mishmash of tastes and textures, and contrasted nicely with the Soup Uha (RMB 38) a surprisingly delicate broth of fish, onions and "flamed vodka." Next up was a trio of baked bread patties (RMB15) stuffed with tasty mixes of meats, cheese, cabbage and fish—manager Tania explains that this is comfort food, often made by grandparents.



"Russians like a lot of food, so we have generous portions," says Tania when the mains arrive. All are truly delicious—little button dumplings stuffed with beef and pork (RMB35) and the hearty Beefsteak po Kupechski is a tender veal cutlet with quail eggs and thick fries. The agreed-upon favourite was a Uzbek dish of tender beef chunks seasoned with cumin on perfectly-cooked lemony rice pilaf, a satisfying meal considering it comes with a tangy tomato salad and the price tag of RMB 40. Dessert is a simple classic—crepes with honey or sour cream and caviar(RMB20).

The emphasis is on authenticity, from the Moscow-trained chefs to imported ingredients, and since the closure of Red Square a few years back, Arbat appears to be a welcome return of Russian fare to Guangzhou.

// Add.: Shop G6, Xingsheng Hui, 17 Xingsheng Lu, Zhujiang New Town (3847 9186) (Liede metro station, Exit D) 天河区珠江新城兴盛路17号G6铺



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# LE GRILL

## OLD JOINT, NEW CONCEPT

BY ESTER YANG



**R**obata, the Japanese style grill house, at Sofitel Guangzhou Sunrich has been renamed and revamped. Now in its place is Le Grill – a western style steakhouse headed by Chef Nicolas Vienne.

The former classy décor has been retained, while the concept is something entirely new. “Offering market-style food, we don’t have an extensive menu, but we renew it every two weeks with the finest and freshest ingredients,” Chef Vienne explained to that’s PRD.



The current menu covers some exclusive seafood items including blue lobster and oysters from Brittany, France. For the beef, besides the cuts from China’s Dalian, Australia and America, now you can enjoy prime cuts from Japan and New Zealand, too.

Seasoned simply with Australian sea salt, pepper, garlic and rosemary, each of the cuts are grilled on an Argentine wood-fire grill – something called a parrilla – then sent to the oven to maintain their juice. Diners are suggested to enjoy the original flavor of the meat. But if you incline towards stronger tastes, there are five accompanying sauces for you to choose from.

However, it’s not all about the grill or “parrilla”, Chef Vienne has also created a collection of innovative dishes based on traditional French cooking skills.

The Coco Corn Foie Gras (RMB158), a dish of balance and creativity, made an interesting yet satisfying starter. Topped with yogurt ice cream, it cleansed our palate of the fatty pan-seared foie gras. And his Onion Soup (RMB78)

was much lighter than the traditional, heavier version. Roasted onions were slowly cooked with vegetable broth and topped with Emmental fritte, bringing out the original sweetness of the onion.

The head chef has also borrowed some recipes from his mother. Lamb Stew (RMB268), Chef Nicolas’s mother’s recipe, was a symphony of lamb loin, lamb sausage and lamb jus that allowed us to indulge in the flavorsome farmed-raised stock.

*Le Grill is likely to create more of a buzz with their new offerings*

To finish, Flambeed Baba au Rum (RMB88, two persons), their signature dessert, was strong in flavor and impressive in presentation. It was a real treat for the eyes when a burst of flames was created when the rum was ignited.



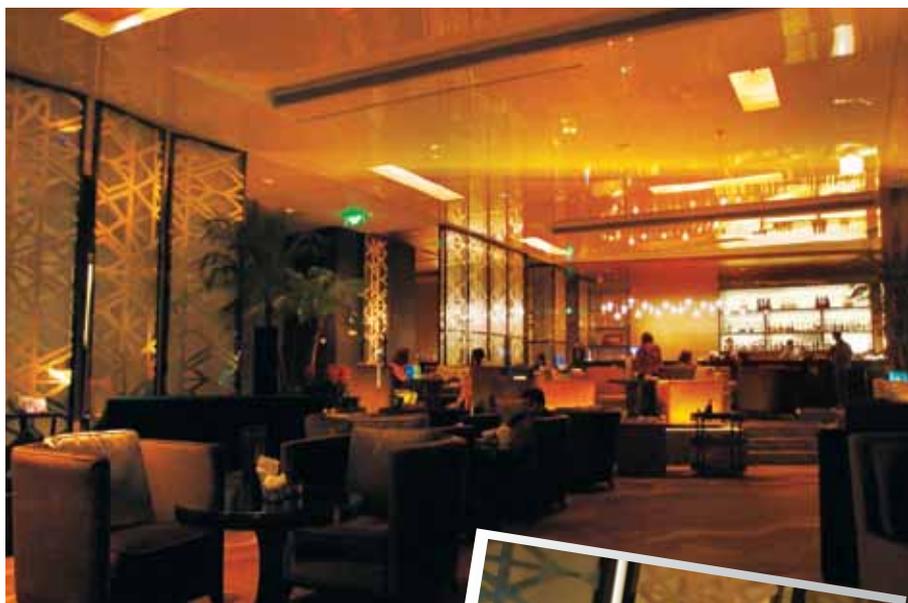
Chef Vienne can also custom-make a six course menu for you (RMB688+15% per persons, minimum four persons). You don’t need to make a reservation, just walk in, call the chef and await your unique dinner.

All in all, the hotel has done everything right with its recent addition transformation. With its premium ingredients, talented chef and professional service, Le Grill is likely to create more of a buzz than its previous offering.

// 6pm - 10pm. Add.: 6/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 3344) 香榭丽舍扒房, 广州大道中988号广州圣丰索菲特大酒店

# T LOUNGE AND BAR DONE TO A T

BY LENA GIDWANI

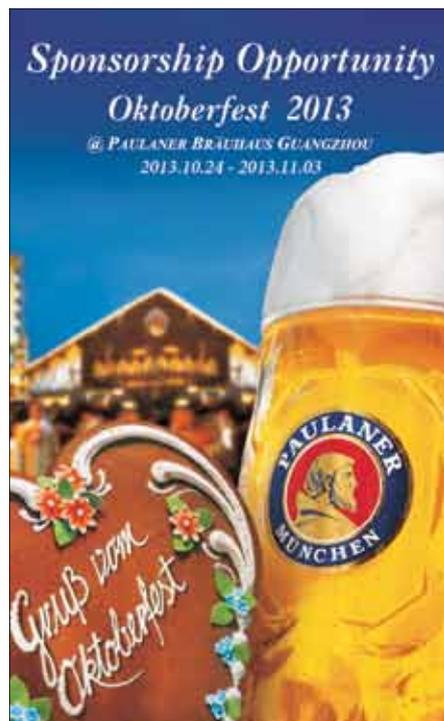


Whether you're visiting for the first time or are somewhat of a regular, it's easy to see what makes T Lounge and Bar so elegant. Ambient lighting, Hawaiian-esque floral arrangements, a soothing piano performance and plush high back seating provide the ideal rejuvenating setting to unwind in. By day, the lounge offers up selections of all things sweet and savory, made daily by Chef Ong, the Hilton's cake guru. The tea sandwiches and miniature quiches, brownies and scones, although delicious, are not the highlights of its famed afternoon tea sets from around the world. It is the Ong-perfected cakes and macaroons that make the T Lounge and Bar the destination. The macaroon, (RMB8/pc) a traditional French confection made from almond meal and infused with creamy fillings like green tea and mango, melted in our mouths, while still maintaining its delicate crunch.

If you're not up for an afternoon tea blow-out, slip in for a lunch or early dinner treat. Deli burgers, salads, classics and hot tapas plates

will sate the hungry. When the sun does down, T transforms into a picture of unpretentious, yet luxurious comfort - premium cigars, an assortment of cognacs, ports and single malt whiskies, and of course, the boy-next-door charm of Ron Kingston. Sweet, smooth, sensual and mesmerizing, Kingston, a Melbourne native with a decade of experience under his belt, has that knack of setting the tone with his music. It's no wonder that this singer, songwriter and guitarist has over 10,000 Weibo fans and four albums to his name. From Stevie Wonder to Adele, Kingston's sultry, soulful vocals tickle the ears, along with laidback moves and soft grooves that weave through each song. An impeccable combination for those seeking a sweet, whimsical high.

// Daily 9am - 12am. Ron Kingston performs from Monday to Saturday from 8pm to 12am. Add.: Lobby, Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3610) 天河区林和西横路215号天河新天希尔顿酒店大堂



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# REFRESHING SUMMER SNACKS

## GOI CUON

BY TOM BIRD

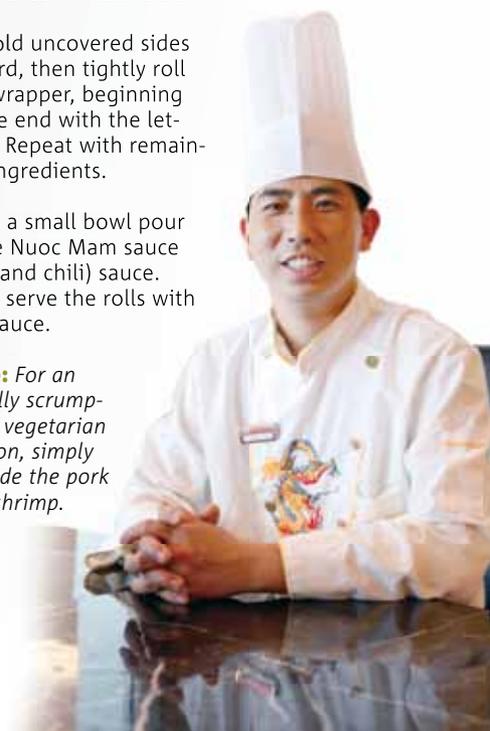


Spring rolls are as quintessentially Vietnamese as fish and chips are British. Known locally as Goi Cuon, these scrumptious snacks can be found from North to South Vietnam, on street corners and in fine restaurants. French-Vietnamese restaurant Spring Lounge opened its doors January this year in the glittering new Hiya Megamall. Thanks to Chef Wong who took the time to show us how to create authentic fresh spring rolls.

### How to prepare:

1. Place the rice paper in a bowl of water to soak for a few seconds. Remove and place on a towel.
2. Place two shrimp halves, sliced pork, a handful of rice noodles, ground peanuts, coriander, mint, spring onion and lettuce, leaving a few centimeters uncovered on each side.
3. Fold uncovered sides inward, then tightly roll the wrapper, beginning at the end with the lettuce. Repeat with remaining ingredients.
4. In a small bowl pour some Nuoc Mam sauce (fish and chili) sauce. Then serve the rolls with the sauce.

**Note:** For an equally scrumptious vegetarian version, simply exclude the pork and shrimp.



### Ingredients:



### Ingredients:

5g Rice paper  
10g Lettuce  
5g Coriander+ Spring Onions + Mint leaves  
5g Peanuts  
5g Rice Noodles  
5g Sliced Pork  
5g Shrimp

### How to prepare:



// SPRING LOUNGE BAO AN Spring Lounge, L337, 3rd floor, Hiaya Mega Mall, Baomin 1st road, Bao'an district. (23349761)  
深圳市宝安区宝民一路海雅缤纷城L337铺 春之曦语餐厅

## WHAT'S NEW

# DESSERT KITCHEN SWEET FUSION

TEXT BY ESTER YANG, PHOTOS BY TAWAKA JIANG



Fusion food has been well-received in Hong Kong, a city where cultures converge from different countries and regions. So it's no wonder that Dessert Kitchen, a shop of offering Western-Japanese fusion desserts, has attracted crowds in Hong Kong since it opened last year. And in early 2013, the brand made its mainland debut in Guangzhou's Grandview Mall.

Toned in white and grey, the Guangzhou branch has a concise but cozy environment with acceptable service. And what about the food?

Their picture menu depicts a wide collection of shaved ice, parfaits, waffles, puddings and more that all look too pretty to actually ingest. We first tried the award-winning Purple in Love (RMB48) – a blackcurrant shaved ice surrounded by fresh grapes and Japanese-style rice cakes with taro ice cream filling. On top were grape-infused jelly pearls which burst in our mouth like caviar, adding another layer of texture to this creation. The taste, however, didn't feel quite so natural.

Then we came to Taste of Uji (RMB48), a parfait drizzled with green tea sauce and served with red beans. A good item to stave off the summer heat, though it was lacking in flavor to us. They also serve Waffles (RMB48) topped with homemade ice cream that's available in seven different flavors including, Vanilla, Cookies & Cream, Green Tea, Mango,

Strawberry, Grape & Rum and Chocolate. We liked the contrast between the ice cream and the warm waffles, but the waffles were a bit too much on the chewy side.

Taking into account the pricing and lavish presentations, when it came down to it we were more or less disappointed with the taste of these fusion desserts. Still, it's comforting to know there's a new option in town for those with a sweet tooth, and hopefully with more time they'll find their feet in the local market.



// Daily 10am- 10pm. Add.: Shop A028, 4/F, Grandview Mall, 228 Tianhe Lu, Tianhe District (8550 5933) 甜品工房, 天河区天河路228号正佳广场4楼A028号铺

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# LOVE IT I'M LOVIN' IT

TEXT BY SIMON EDWARD SMITH, PHOTOS BY TAWAKA JIANG



From simply reading the name of the restaurant it's hard to say whether or not it's a suggestion, an order or an opinion. But I'm promised by

manager Andy that it's an assurance that those who visit, will love Love it.

This Italian restaurant officially opened at the end of last July and can be found on the less restaurant-ridden Liede Da Dao Bei. It's a good location for peace and quiet (and free parking) but perhaps a bad thing if you want to dine in an area with more of an atmosphere.

Inside the interior design feels like Elton John was going to go all out, but decided to play it low-key glam instead with only a few crystal chandeliers, wall mirrors and silver-rimmed magenta velvet chairs. The whole joint is a tad ostentatious but stopped short of tacky.

Like with most restaurants Love it aims at high quality service, "like

a hotel" and it seems their weekly training has really paid off. The staff are highly attentive and accommodating.

Drinks wise Andy admits that the menu is like most of the bars out there, but I was happy sipping back a tall Havana Gold with coke and ice (RMB45).

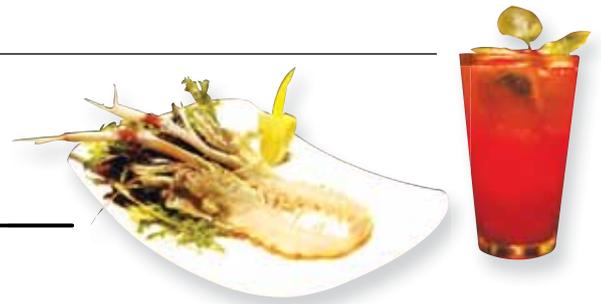
We began with Small Scampi (RMB78), a large shrimp split open to deliver two thick white succulent slivers. Next up was Baked Herbed Crusted Salmon with Mustard Cream sauce (RMB128); a perfectly-cooked chunk of tenderness wrapped in a coat of crispy herbed-infused skin.

The plate of Deep-fried marinated beef with chilli powder (RMB48) on the side was a surprising discovery, and what I imagine high quality beef jerky to taste like;

juicy, tough and endlessly chewy.

Depending on how business goes for Love it, they may be opening another branch in Zhujiang New Town, which may give rise to possible naming difficulties; Love them? Love this? Love that?

// Add.: Shop 103, 28 Liede Dadao, Tianhe District (26220122) 天河区猎德大道28号珠江道商业广场103号铺



## QUICK EATS

# MOS BURGER I'M SLUMMIN' IT



TEXT BY JANE KENT, PHOTOS BY TAWAKA JIANG

Ask a Japanese person about Mos Burger, and they will tell you it has the reputation of being "slightly better" than McDonalds. Already finding some success in Taiwan, Hong Kong and other parts of Asia, several Mos Burger loca-

tions have recently cropped up in Guangzhou. It is a typical fast food joint in most ways, with a drab interior, sticky tables and plastic chairs. However, it tries to separate itself from the rest with one claim—that after ordering your food at the counter, it will be

made to order and then brought to your table. The fact that your food doesn't sit under heat lamps seems to have resonated with Japanese people, as they have made Mos Burger the second most profitable burger chain in their country.

The most interesting and popular "burger" available is the Pork Ginger Rice Burger (RMB17), which instead of a bun made of bread, there are two patties of sticky rice surrounding the shredded pork inside. After having a peek inside and pulling out two large strips of fat, the Rice Burger turned out to be alright. The pork was tender, accentuated by the ginger and pairing well with the rice bun. It made sense to try just a plain-old Cheeseburger (RMB10) to see how it chalked up. It was slightly larger than typical fast food burgers, had a mildly char-

grilled flavor and a soggy bun. The French fries (RMB10) were unremarkable, portioned small and came nowhere close to the reconstituted, deep-fried potato product that McDonalds does so well. What was good? The salad, actually. For 10RMB, it was crispy and had a tasty sesame dressing. After receiving our dessert—a shriveled up apple pie (RMB10) which was still frozen in the middle, we realized an important distinction needs to be stated: "made-to-order" does not mean "fresh." It's still flash-frozen processed food which is then micro-waved—at Mos Burger you just have to wait a bit longer for it.

// Add.: B2, Popark Plaza, 63 Linhe Zhong Lu, Tianhe District (3891 1139) 摩斯汉堡, 天河区林和中路63号东方宝泰购物广场B2楼



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# ZINFANDEL

## A CALIFORNIAN CLASSIC COMES TO CHINA

BY SIMON EDWARD SMITH AND JANE KENT



Zinfandel has existed for quite some time, just not in the form most people know today. The semi-sweet “blush” white zinfandel wine has outsold red wines in the US for years. But since the early days of winemaking, the zinfandel grape was used in the Mediterranean and Croatia to produce red wines. The vine all but disappeared during an epidemic of phylloxera insects, until a vine was re-discovered in Croatia in the mid 18th century.

Austria then shipped the vines over to Long Island, during the Habsburg rule over Croatia. Thirty years later, they made their way westward during the 1850s California gold rush. The origin of the strange name is a puzzle, as the word has no concrete etymological roots—it’s thought to be possibly German.

The Zinfandel grape produces best in a warm climate and therefore mainly cultivated on the high and arid slopes of California. A small amount trickles out of several other states including Arizona, New

York, Oregon and Washington but around 80% of bottles come out of the west coast state.

Because of this monopoly and its refreshing taste, it is considered “the signature of California,” says Jurrien Bongers, the Director of Food and Beverage at China Hotel, A Marriott Hotel. Not only does the climate lend itself to zinfandel production, California food culture pairs well with zinfandel, as it often revolves around Mediterranean style ingredients like tomatoes, fresh olives, nuts and olive oil. The light, playful feel of Zinfandel turned out to be a natural fit with the laidback atmosphere of the state. For many Californians, Bongers says, “serving a round of zinfandel signifies the “start of the party.”

Despite being around for over 150 years, it’s gained popularity only in the last few decades. “It didn’t really come onto the scene until viticulture techniques improved and knowledge about the grape diversified,” explains Bongers. It developed a loyal fol-

lowing in California, and once it had its “cult,” it took off. The first Zinfest was held in Lodi, which is regarded as the premier Zinfandel region, to celebrate all zinfandel has to offer.

The unique taste of Zinfandel is in large part due to the “minimal contact between the grape and it’s skin,” explains China Hotel, A Marriott Hotel’s resident sommelier, Daniel Kwok. When the skin comes off immediately, it “decreases tannins and there is less acidity, creating the light, crisp and refreshing taste.”

After starting with a typical white zinfandel, a “blush” wine, we move into new territory—red zinfandels. The Soghesio Old Vine Red Zinfandel from Sonoma is warming but has immediately identifiable aromas of star anise and licorice. “It is well-rounded and complex,” says Kwok—not words usually associated with Zinfandel.

*Because of California's monopoly and its refreshing taste, zinfandel is considered the signature of the state. For many Californians, serving a round of zinfandel signifies the start of the party.*

We then sample Summergate’s Gnarly Head Red Zinfandel, from the Lodi region. The name comes from the knobbly appearance of the vines, which are over 80

years old. Summergate is one of the oldest and most respected wineries in California. It is a part of the Delicato family group, who maintain their own labels and vineyards, which “is more unusual these days,” says Bongers. The red zinfandel is spicy, with concentrated berry flavors. Kwok pairs it with dark chocolate and points out how the 15% alcohol content creates even more warmth.

In the celebratory Californian style, China Hotel, A Marriott Hotel, will be holding their very own Zinfest on Saturday June 15. An event for both oenophiles and “collectors of empty bottles” the afternoon will be split into three segments; Master Class (invite only), Zinfest and Hotel California. With a more easygoing party atmosphere towards the end of the event, the aim is not just to replicate the west side’s own Zinfest but represent their cultural history in general. Hence the reason why a band has been hired to play laidback hits, the Santa Barbara County based movie Sideways will be on show and a poolside BBQ will be on offer.

At the moment, zinfandel is unknown throughout China yet Californian wines rank eighth in all imported vino. Wine drinkers and those just starting out on the grapevine tend to incline towards reds as they pack more of a punch and are in general more complex than whites. Add in the fact that red is a lucky colour in China and since its doors opened in the 80’s they’ve persistently been told that bordeaux is the wine to drink, it seems that attempting to inject a new high quality red is an auspicious endeavor.





# Hotel California

## - Zinfest 2013

June 15<sup>th</sup>, 2013 3:00PM – Late  
China Hotel, A Marriott Hotel

What's inside?

Master Class of Zinfandel (only for invitees)

Zinfest: Grand Tasting of 20 different zins, Live music,  
grape crushing competition, cooking show and more  
Hotel California: Relaxing night out on the Pool Deck

For more information, please E-mail to [shadow.liu@marriotthotels.com](mailto:shadow.liu@marriotthotels.com) or contact (20) 8666 6888-3253



## 2013 Summer Meeting Package

From July 1 to August 31, 2013, enjoy preferred pricing on meeting packages exclusively at China Hotel, A Marriott Hotel, Guangzhou

Preferred Deluxe Room rate at RMB 600 per night

Special full day meeting packages at RMB 400 per person, including different theme tea break and lunch(Café veranda/Prime/Four Seasons) daily, Free Wi-Fi

Earn an extra 10,000 Marriott Rewards points with our 2013 Summer Meeting Package!

All points are subject to the Marriott Reward terms and conditions

For more information, please contact Tracy Yip

E-Mail: [eventbooking.gz@marriott.com](mailto:eventbooking.gz@marriott.com) or 86 (20) 86666888 ext.3283

122 Liu Hua Lu, Guangzhou, 510015, P.R.China

Tel: 86 (20) 8666 6888 Fax: 86 (20) 8667 7288 Website: [www.MarriottChinaHotel.com](http://www.MarriottChinaHotel.com)

 中國大酒店  
CHINA HOTEL  
A MARRIOTT HOTEL

# EVENTS

For more event information visit [www.thatsmags.com](http://www.thatsmags.com).  
To list your events email [editor.prd@urbanatomy.com](mailto:editor.prd@urbanatomy.com)

**JUN 1**

**ARTS**

**Tap Dance: Yin Xiang Xiang Jiang**

Hosted by the Guangdong Dance Festival and supported by the Hong Kong Arts Development Council, this tap dance show will feature R&T (Rhythm & Tempo) – a tap dancing group from Hong Kong. In this show, they will mix Cantonese rap with tap creating a perfect combination of traditional Cantonese culture and western dance. Free. GMDC Small Theater, 13 Shuiyin Lu. 3pm.

**EAT/DRINK**

**Junior Splash**

Bring your children to China Hotel, A Marriott Hotel this Children's Day and share the joy together. On this special day, the fourth floor of the hotel will be transformed into a play area with a variety of fabulous games for children along the pool. You can enjoy the BBQ lunch buffet, with free flow juices, as well as selected beers and wine. BBQ lunch buffet: RMB288 net per adult; RMB138 per child (aged from 3 to 11). China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888)

**Children's Day at FOODS**

Visit FOODS on Children's Day for a lively outing suitable for all ages. Dine on an assortment of internationally

renowned dishes and reminisce about your youth while children find a kid-friendly buffet and clown performance in their very own activities corner.

RMB528+15% per person; half price for children (ages six to 12); complimentary for children under six. FOODS, The Ritz-Carlton, Guangzhou, 3 Xingan Lu, Zhujiang New Town, Tianhe District (3813 6888)

**JUN 1-2**

**ARTS**

**Drama: The Animals and Children Took to the Streets**

This play is presented by 1927, a London-based theatre company specializing in combining performance and live music with animation and film. It tells the story of Bayou Mansions, a sprawling, stinking tenement block. Agnes Eaves and her daughter, Little Evie, arrive and they're on a mission to save Bayou Mansion's children using love and encouragement. A story of riots, kidnap and political subterfuge ensues. RMB80-380. The Experimental Theater at Guangzhou Opera House, Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (3839 2888). Daily 8pm

**JUN 1-12**

**EAT/ DRINK**

**ART**



**JUN 15**

**JAZZ CONCERT: FRANZ VON CHOSSY**

In 2012, the pianist Franz von Chossy from Holland turned his award-winning trio into a quintet with an unorthodox line-up. This quintet is regarded as a superb mix of musical genres ranging from modern classical music to jazz with a touch of Eastern European folklore. The new suite from the quintet, 'When the World Comes Home', is a musical interpretation of the expulsion of Adam and Eve from paradise. The nine parts of the suite explore the story's full range of emotion. Graceful lyricism is contrasted with dark undertones as the music moves from simplicity, harmony and balance to complexity and dissonance.

**To win tickets, please participate in the Cryptic Pictures competition on back page.**

RMB180-380. Chamber Hall, Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island (8735 2222 ext.886, [www.concerthall.com.cn](http://www.concerthall.com.cn)). 8pm

**Glutinous Rice Dumpling Promotion**

Celebrate the Dragon Boat Festival with traditional glutinous rice dumplings.

The Peach Blossom, Garden Hotel, 368 Huanshi Dong Lu (8333 8989 - 3316)

**JUN 1-20**

**ARTS**

**Exhibition: Her Insights**

Five women artists from South China are displaying their paintings in Hong Kong Contemporary Art Museum in Guangzhou. After receiving professional training from art schools, these five women artists developed their careers as painters. For nearly 20 years, they have remained focused on creating their own aesthetic theories.

Hong Kong Contemporary Art Museum in Guangzhou, Redtory, No.128, Yuancun Si Heng Lu, Tianhe District. ([www.hkartm.com](http://www.hkartm.com))

**JUN 2**

**ARTS**

**Concert: Gidon Kremer with Giedre Dirvanauskaitė and Chen Sa**

Latvian violinist and conductor Gidon Kremer – one of the most respected violinists in the world – will perform with Chinese pianist Chen Sa and his wife, Lithuanian cellist Giedre Dirvanauskaitė. As one of the most original and compelling artists of his generation, Gidon Kremer has established an international reputation. Cellist Giedre Dirvanauskaitė has toured around the world collaborating with a number of musicians. And Chen is regarded as one of the most talented pianists in China. They will perform a repertoire which includes string solo and trio pieces.

RMB80-680. Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (3839 2888, [www.gzdjy.org](http://www.gzdjy.org)). 8pm

**JUN 7-8**

**ARTS**

**New Circus: Mix 2 Times – BP Zoom**

BP Zoom is M.B and M.P, aka American Bernie Collins and Frenchman Philippe Martz. With one being utterly naive and clumsy and the other as sly as a fox, this physical comedy double act is being hailed as one of the best of its kind today. Join them for a balloon trip across the globe and an undersea extravaganza.

RMB80-280. Experimental Theatre, Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (3839 2888, [www.gzdjy.org](http://www.gzdjy.org)). Daily 8pm

**JUN 8**

**ARTS**

**Backstreet Boys Concert**

The Backstreet Boys, the multi-platinum American boy band, is hugely loved among pop fans worldwide for hits such as 'I Want It That Way' and 'Quit Playing Games With My Heart.' Having experienced many changes since forming in 1993, the five-piece ensemble is again complete with Nick Carter, Howie Dorough, Brian Littrell, AJ McLean and Kevin Richardson for an upcoming world tour celebrating their 20th anniversary.

RMB280-1,080. Haixinsha Park, Zhujiang New Town. 8pm. For tickets, call 400 610 3721.

**Cello Recital: Natalia Gutman**

Natalia Gutman is a Russian cellist who started to play cello at the age of five. Having won the International Tchaikovsky Competition, she entered the Moscow Conservatory in 1964. Her first prize at the 1967 Munich ARD Competition marked the beginning of her international career. She's toured around Europe, America and Japan with conductors including Wolfgang Sawallisch, Riccardo Muti, Claudio Abbado, Bernard Haitink, Yevgeny Svetlanov, Yuri Temirkanov, Sergiu Celibidache and Kurt Masur.

RMB100-280. Symphony Hall, Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island (8735 2222 ext.886, [www.concerthall.com.cn](http://www.concerthall.com.cn)). 8pm

**JUN 8 -16**

**EAT/DRINK**

**Grand Style Father's Day, Encounter with Delicacy and Wine**

Offering the quintessential global gourmet dining experience, The Market Café has a prime location in Zhujiang New Town with a stylish and contemporary design. Embark on an unforgettable culinary journey on this Father's Day with an overwhelming buffet featuring giant groupers, Australian beef selection, Australian lobsters, roasted whole sucking pigs, oysters and Pacific tuna. For all bookings made with pre-payment before Jun 10, each gentleman is entitled to enjoy a complimentary glass of selected fine wine or draft beer.

Buffet lunch: RMB338+15% per person (Jun 8-15) / RMB438+15% per person (Jun 16); buffet dinner: RMB 498+15% per person (Jun 8-15) RMB498+15% per person (Jun16). The Market Café, Grand Hyatt Guangzhou, 12 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8550 8025)

**JUN 12**

**NIGHTLIFE**

**Gig: WangWen**

Originally from Dalian, WangWen is a rock/post rock band which has been influenced by Tortoise, Mogwai, Mono and Red Red Meat. Their music is a mix of melancholy melodies and heavily noisy guitars. The band is fond of live

performance and they have toured around China and Europe. Close your eyes and you will easily lose yourself in the ambience created by their music. RMB60 (presale) RMB80 (at door). T:union, inside Sculpture Park, 545 Xiantang Xi Lu, Yuexiu District (3659 7623). 8.30pm

## JUN13

### ARTS

#### Piano Recital: Jef Neve

Belgian pianist and composer Jef Neve has become a prominent figure in his homeland and his reputation is rapidly spreading worldwide. Neve started to play in local bands at the age of fourteen when he composed a wide variety of pieces for the most divergent ensembles. At seventeen he played with various jazz bands, classical ensembles, pop bands, theatre productions and solo performances with the Flemish Philharmonic Orchestra conducted by Michel Tilkin. In 2000, he graduated from Lemmensinstituut in Leuven with Master of Music degrees in Jazz and classical piano with distinction.

RMB180-380. Chamber Hall, Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island (8735 2222 ext.886, www.concerthall.com.cn). 8pm

## JUN 14

### ARTS

#### Le concert de dessins - The Drawings Concert

A group of selected comic artists and illustrators from Angoulême – the city of French comics – meets the great figures in Chinese comic illustration to compose a music concert. Comic artists and illustrators make their characters come to life while musicians express the same story using their own musical talents. Musicians Areski Belkacem and two Chinese musicians will work together with Mathile Domecca, Charles Berberian and two other Chinese comic artists.

RMB60-380. Symphony Hall, Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island (8735 2222 ext.886, www.concerthall.com.cn). 8pm

#### Jazz Concert: Coco Zhao

Being highly active in the Shanghai jazz and modern American jazz scene, Coco Zhao is one of the most sought-after singers. Zhao immersed himself in the history of Chinese traditional music, western classical music and jazz, ever since he attended the Shanghai Conservatory of Music. The result of this study has been the creation of a stunning blend of Shanghaiese and western music.

RMB180-380. Chamber Hall, Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island (8735 2222 ext.886, www.concerthall.com.cn). 8pm

### NIGHTLIFE

#### Gig: Saisa

Founded in 2009, Saisa is a three-man post rock band from Tokyo, Japan. Influenced by post rock and Shoegazing, Saisa's music consists of various sounds of guitars, high vocals and powerful rhythms. They hope to express the spirituality of music that transcends culture, race and beliefs.

RMB50 (presale)/60(at door). T:union, inside Sculpture Park, 545 Xiantang Xi Lu, Yuexiu District

(3659 7623). 8.30pm

## JUN 15

### NIGHTLIFE

#### Gig: Zhao Ze

Formed in 1993 in Guangzhou, Zhao Ze is one of the most successful indie rock bands in China. They combine the electronic and the psychedelic with progressive rock, post rock, avant-garde electronic music – and even Chinese folk music – to produce touching, passionate and endless tension in their music.

RMB70 (presale)/100(at door). T:union, inside Sculpture Park, 545 Xiantang Xi Lu, Yuexiu District (3659 7623). 8.30pm

#### Concert: Tan Dun and Lin Cho-Liang with Guangzhou Symphony Orchestra

Renowned conductor Tan Dun and violinist Lin Cho-Liang will work together on this concert with the Guangzhou Symphony Orchestra. Tan is a Chinese contemporary classical composer and conductor who has cemented his place on the international music scene with a creative repertoire that spans the boundaries of classical music, multimedia performance as well as Eastern and Western traditions. Lin is a Taiwanese American violinist who is famous for his performances with major orchestras, including the Boston Symphony Orchestra, Cleveland Orchestra, Royal Concertgebouw Orchestra, London Symphony Orchestra, Philadelphia Orchestra and New York Philharmonic.

RMB80-880. Symphony Hall, Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island (8735 2222 ext.886, www.concerthall.com.cn). 8pm

### COMMUNITY

#### British Day

British Day is held each year as a celebration the best of British culture. Its aim is to offer more than 2,000 expected guests a relaxing day of fun activities, music, prizes and great food and drink. The event will be aimed at not only British expatriates, but locals and other nationalities who will be invited to attend what promises to be a very special day.

The British School of Guangzhou, 983-3 Tonghe Lu

## JUN 15-16

### ARTS

#### Exhibition: "Pause" by Lynn Pook and Julien Clauss

Lynn Pook and Julien Clauss, two visual and audio artists from France who invented this exhibition, wants the audience to be part of the exhibition. A device which is composed of five hammocks, several speakers and a network of sensors are the only things displayed in this exhibition. Visitors are invited to sleep on the hammocks and put on the headphones. Their movements will then be transformed into sounds and sent to the headphones.

Fei Gallery, G/F, Estate Plaza, 5 Nonglin Xia Lu (Exit C at Dongshankou Metro Station, Line 1) (3768 8830, www.feigallery.com).

## JUN 16



All month **EAT/ DRINK** Flavors of Cantonese

### ARTS

#### Concert: Sarah Brightman

Sarah Brightman is the world's best selling soprano from England, beloved for her staggering vocal range. Being the first artist to have been invited twice to perform the theme songs of the Olympic Games, Brightman has passionately achieved a slew of artistic goals in her three-decade career. For this concert, she will not only present a collection of her greatest hits, but also reveal tracks from her latest album *Dreamchaser*.

RMB280-1680. Guangzhou Stadium, 783 Baiyun Dadao Nan, Baiyun District (400 610 3721)

#### Jazz Concert: Natascha Rogers

Natascha Rogers is a singer and percussionist with Dutch American heritage. Having travelled to Cuba and Africa and learning from Afro-Cuban percussionists Jean-Marc Pierna and Olivier Congar, Rogers fuses the African and Latino rhythm and tempo with her exquisite voice.

RMB180-380. Chamber Hall, Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island (8735 2222 ext.886, www.concerthall.com.cn). 8pm

## JUN 21

### NIGHTLIFE

#### Gig: Lisa Portelli

Graduating from the Conservatoire de Reims (Regional Music Academy of Reims), Lisa Portelli is a singer with a child-like voice who has revolutionized the texts and sensibilities of the French rock scene. This talented young singer can easily move the audience with her guitar and voice.

TBC. C:union, 115 Shuiyin Lu (8380 2501/ 135 6024 4425). 8pm.

## JUN 21-23

### ARTS

#### Opera: Turandot

Guangzhou Opera House will show a thorough remake of Turandot, an opera in three acts adapted by Giacomo Puccini from a Persian fairy tale. Proved to be one of Puccini's grandest and most sweeping works, Turandot is the only Italian opera based on a Chinese story. This opera has won a worldwide reputation for its fascinating music and oriental theme and this brand new version will be presented with the Guangzhou Opera House's state-of-the-art acoustic system and a strong cast selected from world class

artists.

Sung in Italian with Chinese & English subtitles. RMB280-2880. Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (3839 2888, www.gzdjy.org). 8pm

## TUE, THU & SAT

### NIGHTLIFE

#### Sheraton Social Hour

Sheraton Social Hour hosts a 24-hour "Toast Around the World" at Sheraton hotels and resorts across the globe. Sheraton Guangzhou Hotel holds a Social Hour at lobby lounge featuring three pours of premium wines from the "Wines of the World" menu, priced at RMB95+15%.

6pm-8pm. Lobby Lounge, Sheraton Guangzhou Hotel, 208 Tianhe Lu, Tianhe District (6668 8888)

## FRI - SAT

### EAT/DRINK

#### Pizzas and Mojitos Madness

Every weekend enjoy Oakroom's homemade pizzas for RMB65 net and Mojitos at RMB40 net.

Oakroom, Oakwood Premier Guangzhou, 28 Tiyu Dong Lu, Tianhe District (3883 2828 or 3883 3883 ext 6704)

## EVERY MONDAY

### NIGHTLIFE

#### Happy Mondays

Happy hour all day – the original and longest running Happy Mondays Deal in town. Also enjoy the authentic Buffalo-style chicken wings, with their famous spicy wing sauce and blue cheese dip. Chow down for only RMB4 per wing.

Hooley's, 101, 8 Xingsheng Lu, Zhujiang New Town, Tianhe District (3886 2675)

#### Chess Night on Mondays

A chance to sharpen your mind in the company of friends while sipping on an ice-cool jar of Schofferhofer. Professional chessboards and clocks are provided, with advice on moves available from Jon Bijlani – their resident chess expert. If chess is not your game, just chill to the ambient sounds and soak in the cerebral vibe, or why not bring along your own set of backgammon? 7pm-10.30pm. Joyce's Kitchen, Shop 112-113, 2 Huali Lu, Zhujiang New Town, Tianhe District (3888 2713)

## ARTS



JUL 7

## CONCERT BY ROYAL PHILHARMONIC ORCHESTRA AND CHARLES DUTOIT

As the newly-appointed chief conductor of the Royal Philharmonic Orchestra (RPO), Charles Dutoit is one of today's most well-known conductors. Dutoit is renowned for his polished and idiomatic interpretations of an array of musical styles and regularly collaborates with major orchestras on stages across the five main continents. Formed in 1946, the RPO has enjoyed more than 65 years of success, giving first-class performances of a wide range of musical scores all over the world. Together with Wand Yujia – one of the most frequently mentioned classical pianists in China – Dutoit and the RPO will bring their most popular repertoire to the stage. **To win tickets, please participate in the Cryptic Pictures competition on back page.**

RMB180-1880. Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (3839 2888, www.gzdyj.org). 8pm

Win!

## EVERY TUESDAY

## NIGHTLIFE

## Open Mic on Tuesdays

The diversity of talent on offer in just one evening can be astounding. Whether it's jazz funk, soul, scat, skiffle or rock 'n' roll, whatever kind of music you're into, the resident musicians Ron and Billy want to hear it. They can play backing for you if you need it, while the friendly, boozy crowd lend a hand and shout encouragement. Performances run from eight till late. Just turn up, find Ron and put your name down on his A list.

8pm till late. Joyce's Kitchen, Shop 112-113, 2 Huali Lu, Zhujiang New Town, Tianhe District (3888 2713)

## EVERY WEDNESDAY

## NIGHTLIFE

## Open Mic Wednesday

Calling all aspiring musicians and karaoke legends. It's Open Mic Night at Hooley's Irish Pub. A free Tiger beer will be offered for whoever has to nerve to perform.

Hooley's, 101, 8 Xingsheng Lu, Zhujiang New Town, Tianhe District (3886 2675)

## EVERY THURSDAY

## NIGHTLIFE

## Ladies Night on Thursdays

What started as a night of complimentary bubbly for girls and a cheeky way of attracting free-spending guys has turned into a tradition at Joyce's

Kitchen. Settle down with your friends around a table or groove inside to the four-piece band Jojo & Krys who'll play you smooth Blues & Jazz until late into the night. A complimentary glass of sparkling wine and happy hour cocktails will be available for the ladies.

8pm-11pm. Joyce's Kitchen, Shop 112-113, 2 Huali Lu, Zhujiang New Town, Tianhe District (3888 2713)

## EVERY FRIDAY

## NIGHTLIFE

## Vivid Ladies Night on Friday

Ladies can enjoy buy one get one free on all cocktails. Visit T-Lounge & Bar for the Vivid Ladies Night. Ron Kingston, renowned as the epitome of musical versatility in Australia, is performing live at T-Lounge & Bar (except for Sundays). Sexy, swing, smooth and explosive music is bound to infect your hips...and your mind.

8pm-11.30pm. T-Lounge & Bar, Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 9999)

## EVERY SUNDAY

## EAT/ DRINK

## Sunday Brunch

Caffe Mondo will pamper you and your family with an Italian inspired brunch featuring more than 60 authentic Italian specialties. Must-try specialties include Homemade Roasted Suckling Pig Porchetta (a specialty from Rome), Salt Crusted Sea Bass (a unique herb and natural salt crust that's cooked to perfection with fresh sea bass), Red Prawn on Ice, plus mouthwatering Italian des-

serts. Most popular is their homemade pizza, pasta and gelato. Caffe Mondo also set perfect stage for you to enjoy a culinary performance as well.

12noon-3pm. RMB328+15% per adult including coffee & tea; RMB388+15% per adult including soft drinks & chilled juices, coffee & tea; RMB428+15% per adult including Chiaro Prosecco, soft drinks & chilled juices, coffee & tea. Complimentary for children aged 3 and below, half price for children from 4 to 12 years old and full price for children over 12. Caffe Mondo, 72/F, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3373)

## Sunday Roast

Why not come and join the Sunday Roast in Ebony? Enjoy a selected grilled steak and delectable seafood from the ocean. Indulge yourself in their lush garden with food and light beverages every Sunday.

12noon-2.30pm. RMB428+15% for adults, inclusive of food and free-flow sparkling wine, morning spirits, juices, soft drink, coffee and tea. RMB388 + 15% for adults, inclusive of food and juices, soft drink, coffee and tea. RMB214+ 15% for children between 6 and 12 years. Children at 6 years and below dine free of charge. Ebony, Mandarin Oriental, Guangzhou, 389 Tianhe Lu, Tianhe District (3808 8884)

## Theme Sunday Brunch

Chefs Michael and Erick will bring you mouthwatering delicacies and exquisite desserts well prepared by Chef Peter. Embrace a lazy Sunday at Café Veranda plus your kids can also enjoy themselves at the playground. It's time to relax and spend some quality time with your family.

11.30am - 3pm. Adults: RMB 258+15% per person; Champagne package: RMB388+15% per person; children aged from 3 to 11: RMB 129+15% per child; children aged under 3: free of charge. Café Veranda, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext 3248)

## ALL MONTH

## ARTS

## People of the Sun: New works from Macedonian artist Aleksandra Petkova Gianeli

Aleksandra Petkova Gianeli is a versatile artist from Macedonia, exploring the mediums of painting, sculpture and photography. This month a collection of his paintings are coming to Guangzhou. Macedonia is not a well-known country in China and this painting exhibition will allow them to catch a glimpse of some exotic new sights. Loft 345, 4/F, Xiaogang Garden, Jiangnan Dong Lu, Haizhu District. (189 2759 4645, www.loft345gz.com)

## Inner Light: Zheng Shuang Solo Exhibition

Zheng Shuang is considered one of the best contemporary female print artists in China. Known for her royal connections—she is the niece of Empress Pu Yi—she has experienced all walks of life, including some hard labour during the Cultural Revolution. The artist has maintained a keen interest in capturing subtle and ordinary things. Behind some nameless flowers and wandering cats hides the artist's modesty and optimism.

Kuai Yuan Gallery, No.9 Xuguyuan Lu, Yuxue District. (8765 9746)

## EAT/ DRINK

## Chinese Culinary Delight

Savor a wide range of exceptional Chinese dishes presented by their master chefs.

Lai Wan Market, Garden Hotel, 368 Huanshi Dong Lu (8333 8989 ext 3922)

## Hong Mian Dim Sum Buffet Offer

Hong Mian Chinese Restaurant offers you scrumptious dim-sum, snacks and dessert at only RMB88+15% per person for lunch. Share the joy with your friends and family for a refreshing summer.

Lunch: RMB88+15% per person (Mon-Fri: 11.30am-2pm; Sat-Sun: 10am-2pm). Dinner: RMB108+15% per person (Mon-Sun: 5.30pm-7pm). Hong Mian, The Westin Guangzhou, 6 Linhe Zhong Lu, Tianhe District (2886 6868)

## Flavors of Cantonese

Inspire and delight your closest friends with an Afternoon Tea set comprehensively infused with the timeless flavors of China's culinary heritage.

RMB268+15% per set. Pearl Lounge, The Ritz-Carlton, Guangzhou, 3 Xingan Lu, Zhujiang New Town, Tianhe District (3813 6888)

## La Primavera

Celebrate spring's bounty in the traditional Italian style: with a wonderful collection of the freshest and most vibrant ingredients available.

RMB488 per set+15%. LIMONI, The Ritz-Carlton, Guangzhou, 3 Xingan Lu, Zhujiang New Town, Tianhe District (3813 6888)

## Southeast Asian Appetizer &amp; Dessert Buffet Dinner

Experience a Southeast Asian culinary feast featuring an array of appetizers, desserts and fresh fruits. Buffet dinner guests receive a 50% discount on all soft drinks and beer.

RMB138 per person. The Cascade Cafe, Garden Hotel, 368 Huanshi Dong Lu (8333 8989 ext 3909)

## Grill Lunch

With a menu that changes weekly, Grill Lunch is quickly becoming the Ebony favorite and features fresh seasonal ingredients, specialty cuts and Chef Marcel's signature dishes. It's perfect for a business lunch or a casual bite by the outdoor poolside dining area.

Two courses: RMB188+15%; three courses: RMB228+15%. Ebony, Mandarin Oriental, Guangzhou, 389 Tianhe Lu, Tianhe District (3808 8884)

## Exquisite Set Lunch

Jiang by Chef Fei offers you impeccable Cantonese Cuisine. Set meals recommended by Chef Fei for two to five guests starting at RMB398+15%. No service charge applies for business lunch offers.

Jiang by Chef Fei, Mandarin Oriental, Guangzhou, 389 Tianhe Lu, Tianhe District (3808 8885)

## Two Course Lunch Special

For only RMB88 + 15%, enjoy a delicious and exciting two course lunch special which includes a soup, a choice of five main dishes and coffee or tea. Oakroom, Oakwood Premier Guangzhou, 28 Tiyu Dong Lu, Tianhe District (3883 2828 or 3883 3883ext 6704)

## Seafood Spectacular

Enjoy Seafood Platter Set Meal for Two every evening which is a perfect mix of a half baked or grilled lobster, grilled salmon, baked scallops, grilled prawns, baked mussels, oyster mornay and Alaska King crab legs. Diners can also select two tempting side dishes from the menu and will be served with a bottle of selected red or white wine

for only RMB298 + 15%.

Oakroom, Oakwood Premier Guangzhou, 28  
Tiyu Dong Lu, Tianhe District (3883 2828 or 3883  
3883ext 6704)

#### Streets of Old Canton

Food Street will...an old-fashioned Canton atmosphere by offering a range of traditional Cantonese dishes including Braised Chicken with Red Onion Sauce and Deep Fried Perch Fish with Preserved Vegetables.

Food Street, China Hotel, A Marriott Hotel, 122  
Lihua Lu (8666 6888 ext 3156)

#### NIGHTLIFE

#### Champagne promotion

Mumm Champagne with its 170 years of history has always gained the admiration of champagne connoisseurs. With her bright color, delicate fragrance, combination of chardonnay and pinot noir grapes, sparkling demeanor and fruity notes, come and sip on a flute of the bubbly at the Sapphire Lounge.

Sapphire lounge, China Hotel, A Marriott Hotel, 122  
Lihua Lu (8626 6319)

#### Happy Hours

Escape from work and enjoy "Happy Hours" in the alfresco garden of Ebony. Between 5pm and 7pm every day, buying a glass of any standard selected drink will get you a second drink for free. They will also be providing free steak sandwiches.

5pm-7pm. Ebony, Mandarin Oriental, Guangzhou,  
389 Tianhe Lu, Tianhe District (3808 8884)

#### ONGOING

#### ARTS

#### Towards Modernity: Three Centuries of British Art

This exhibition offers a fascinating parallel to the wider intellectual, cultural and political life of the UK. It draws on the rich legacy of art in the northwest. A comprehensive survey of the development of British paintings from the mid-18th century to today is presented. Featuring mainstream and avant-garde art, contemporary works and two-century old works, paintings and drawings, historical and religious subjects as well as portraiture and landscapes, the exhibition celebrates the individuality and sophistication of British art.

Until Jun 14. Hall 1-4. Guangdong Museum of Art,  
38 Yanyu Lu, Ersha Island (8735 1468, www.gdmao.org).

#### Visual Mix – The 1st Guangdong Contemporary Art Community Young Artists' Group Project

This is the inaugural exhibition of the 21Space Art Museum, which was recently established in Dongguan with a mission to promote contemporary art in Guangdong and integrate local art resources. In total 38 artists and two art groups from Guangzhou and Shenzhen will showcase their work, of which the styles and expressions adopted combine distinctly diverse visual elements. These works are vivid samples of youth creativity and the energy of the PRD's contemporary art community.

Until June 21. 21Space Art Museum, No.36 Area H,

1 Huifeng Lu, Guancheng District, Dongguan (0769  
2882 1988, www.21samg.com).

#### Her's – Pan Honggang and Hu Youchen Art Exhibition

Pan Honggang and Hu Youchen is a young artist couple from Sichuan, who built up their bound in life and art creating when studied at the Sichuan

Fine Arts Institute. Together they have created a number of anthropomorphic sculptures, of which the bodily forms and features are in some ways human, in others animal. The initial encounter with these sculptures is intriguing as well as uncanny.

Until Jun 27. 5Art Space, 5/F, Tianjun Mansion, 365  
Tianhe Lu, Tianhe District (3886 0674)

#### SPORTS EXTRA

#### DUTCH DELIGHT By Matt Horn

International football takes centre stage in Guangzhou this month with China's glamour friendly against the Netherlands in Tianhe Stadium on June 11. Five days earlier the same venue sees the home team take on Uzbekistan.

Both games will be home matches for a number of the Guangzhou Evergrande players who look sure to form a large part of the team. Meanwhile, the three week break from Chinese Super League action this month will be a time for both Guangzhou clubs to take stock and reflect on their mixed starts to the season.

It is also a time when the transfer window is open and clubs will examine their playing options. It was last summer that Marcelo Lippi brought Lucas Barrios to Evergrande.

The defending champions Evergrande sign off on June 1 with a home game against Shandong, the only team keeping pace with them at the top of the table.

R&F had their best win of the season in May, defeating Champions' League side Beijing Guoan 2-1 at home and they return after the break with two home games in Yuexiu stadium as they look to continue their climb up the table.

#### Games in Guangzhou in June

June 1: Guangzhou Evergrande v Shandong Luneng

June 6: China v Uzbekistan, Tianhe

June 11: China v Netherlands, Tianhe

June 22: Guangzhou R&F v Shanghai Shenxin

June 25: Guangzhou Evergrande v Shanghai SIPG

June 26: Guangzhou R&F v Tianjin Teda

**SHAMI HOUSE**

مطعم البيت الشامي RESTAURANT OPEN AT 9:00AM (Form 5:00PM to 11:00PM)

**BUFFETS ON FRIDAY SATURDAY SUNDAY & MONDAY. FREE ACCESS TO WIFI AND DELIVERY SERVICE**

Shami House is a unique restaurant that provides foreigners with authentic fine food. "I hope every guest here will be able to taste good food from their origin." The owner of Shami House has been sticking to his principles since the opening of Shami House. Nowadays, Shami House resembles a mini global village with people from around the globe sharing great food and having a good time with each other. It is certainly a great place to relax and mingle for everyone!

www.shamihousegz.com Tel: (020) 83553012 (020) 83553091 Fax: (020) 83548023  
Email: Birouti@shamihouse.com Add: 2 floor Zhaoqing building No 304, Huanshi Zhong Road, Guangzhou, China

## HOTEL NEWS



## W GUANGZHOU HOSTED A DAZZLING PREMIERE

W Guangzhou held its premiere on May 16 to celebrate the arrival of the W brand to the Chinese mainland. The premiere welcomed more than 400 trendsetting, well-heeled international and local guests, including actor Daniel Wu and actress Gao Yuan Yuan, fashion and design luminaries Yohji Yamamoto, Mao Ji Hong and Stanley Wong, along with renowned designers Glenn Pushelberg and Rocco Yim. And there was also an impressive Lion Dance with eight "lions" performing breathtaking stunts and dances to wow the audience.

## HOTEL NEWS



## Oakwood Premier Guangzhou celebrated its first year anniversary

On May 16, Oakwood Premier Guangzhou celebrated its first anniversary with more than 100 guests at Oakroom Restaurant & Bar. The celebration kicked off at 6.30pm with an exclusive wine tasting followed by a dinner. The renowned Guangzhou Linnan Symphony Orchestra performed as a string quartet as a silent auction for charity took place. The money raised was used for educational assistance for students living in remote area in China. The auction received overwhelming response with most of the items going for high prices.

## The Ritz-Carlton, Guangzhou opened "2013 Love Memory" Wedding Fair

On April 21, The Ritz-Carlton, Guangzhou opened their '2013 Love Memory' Wedding Fair which gathered more than 100 engaged couples exploring the romantic possibilities of a luxuriously customized wedding experience. In addition to indulging in the creative possibilities on display, couples toured the hotel's distinctive European-styled facilities while consulting with their expert wedding planners.

## The Ritz-Carlton, Guangzhou kicked off 2013 Succeed Through Service Program

Led by General Manager Andrew Rogers, seven senior executives from The Ritz-Carlton, Guangzhou launched a mentoring program for students at the South China University of Technology on April 17. Part of The Ritz-Carlton's worldwide "Succeed Through Service" community service program, the annual project witnessed more than 100 selected participants spending two days shadowing one of the mentoring executives to gain hands-on, practical experience.



## Starwood appoints Anthony Cheng as General Manager of The Westin Guangzhou

Starwood Hotels & Resorts Worldwide, Inc. officially announced Anthony Cheng as General Manager of The Westin Guangzhou, responsible for the hotel operations and business. A native Singaporean, Cheng has more than 30 years of working in international brand hotels with a special focus in sales, brand, consumer

## HOTEL NEWS



## PINK BUBBLES OF LADIES NIGHT

G Bar of Grand Hyatt Guangzhou launched Pink Bubbles of Ladies Night on May 8 where a total of 250 guests gathered at G Bar to attend this grand function. Trend-spotters and guests from Consulates and Chambers of Commerce all enjoyed the Moët & Chandon Rose Champagne and live tunes provided by the band throughout the night.

and marketing development.

## Sofitel Guangzhou Sunrich present Musique Littéraire

On May 14, Sofitel Guangzhou Sunrich presented the exquisite cultural performance *Musique Littéraire* as the first stop of Sofitel Luxury Hotels' Sino-French Cultural Tour. Celebrated artist Marie-Christine Barrault and Chinese actress Huang Huan together with pianist Frederic Chiu uniquely integrate readings from masterly literature with classical music. The audience enjoyed Jacques Drillon's *Story of Gustav*, with Schumann's "Kinderszenen" ("Scenes from Childhood"), text from François Cheng and Victor Hugo, with melodies of Debussy and Gao Ping. Complimentary recitations of literature and musical phrases were woven together, charming the audience with an original form of expression.

## HOTEL PROMOTIONS

### CHIMELONG HOTEL

#### Enjoy endless happiness in Chinelong Hotel

Whether you're looking for a weekend getaway or need to travel for business, take advantage of Chimelong Hotel's latest hotel deals. Chimelong Hotel launches five fantastic packages which start from RMB988. Packages include accommodation, theme parks tickets, buffet breakfasts and Chimelong Member Card (worth RMB500). The exclusive service and environment will leave you with some wonderful memories.

Until June 30. Chimelong Hotel, Panyu Dadao, Panyu District (8478 6838)

### GRAND HYATT GUANGZHOU

#### Grand Experience

To celebrate their 5th anniversary, Grand Hyatt Guangzhou offers an unforgettable experience. For RMB2088+15%, you can enjoy the following benefits: an upgrade to a Grand View Room; high speed wireless Internet access and access to the fitness center and indoor swimming pool. In addition, you can choose three from the following benefits to make your stay the perfect experience: one-way Mercedes S-Class airport pick up or drop off service; round trip Mercedes S-Class transportation from and to Guangzhou East Railway Station; one-day sightseeing tour of Guangzhou; one-hour Aromatherapy Body Massage at O Spa for one; one-hour Radiance Facial Treatment for one; exclusive "Aromatherapy Associates" O Spa gift set; access to Grand Club; daily buffet breakfast at The Market Café for two and a buffet dinner at The Market Café for two.

Until Dec 31. Grand Hyatt Guangzhou, 12 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8396 1234 ext 3051)

### INTERCONTINENTAL HUIZHOU

#### Intercontinental Huizhou Resort Package Promotion

When booking two days in advance for a minimum consecutive stay of two nights, guests are entitled to 30% off their room rate and two free buffet breakfast per room, plus a RMB200 restaurant coupon per room and 20% SPA discount. Have fun with your family away from the hustle and bustle of the city.

Until Dec 31. Intercontinental Huizhou Resort, 1 Wenguan Dadao, Hengli Town, Huizhou (0752 320 8888)

Pearl River Food Plaza  
珠江美食广场



AUTHENTIC ITALIAN & MEDITERRANEAN  
cuisine in Guangzhou

- By the riverside with romantic garden
- Choice of seafood platters, oyster, homemade pasta, pizza and more...
- Wine, beer and music until 3 am



Add: First floor, South Gate, Portcity, Gangwai Plaza, Yanjiang East Road, Yuexiu District, Guangzhou  
地址: 广州市越秀区沿江东路148号港湾广场海港城南门首层(大沙头公交站斜对面)

For Reservation, please call  
18218676585 for Casa Bella (Italian)  
18218676771 for Ribera (Mediterranean)

Help us stay updated! Let us know if any of this information has changed. Call 020 8358 6125 ext 808, or email editor.prd@urbanatomy.com

Copies of our editions are in special magazines stands at each of the venues marked with the **that's** logo.

## RESTAURANT

ASIAN

INDIAN (SOUTH ASIAN)

Known for its spices, Indian food is one of the most vibrant and exciting cuisines in the world. Vegetarian dishes are immensely popular and breads are essential.

**TANDOOR**

2 GLASS OF BEER  
WITH INDIAN BBQ PLATTER

3 kinds of Non-veg kebabs  
or  
4 kinds of veg kebabs  
+2 side dishes

**only RMB 198 / 2 persons**

Time: 11:30 -- 14:30 21:00 -- 23:00  
Reservation Tel: 020-62608999

**The Tandoor-Guangzhou** 2/F, Asia International Hotel, 326, Huanshi Dong Lu (6260 8999) 天都里印度餐厅, 环市东路326号亚洲国际大酒店二楼

**Ashoka** 47 Taojin Bei Lu (8349 0036 / 8349 0062) 阿苏克拉餐厅, 淘金北路47号

**Bombay Talkies Indian and Thai Restaurant/ Bar** No. 14, right side of the West Gate of Huanan Country Garden, Yingbin Lu, Panyu (8456 7480) 番禺区迎宾路华南碧桂园商业2街14号

**Bawachi** 150, Taojin Lu, Yuexiu District (8350 3265) 我的印度大厨, 越秀区淘金路150号之4农贸市场下面

**Delhi Durbar** A 227-240, 2/F, Gitic Commercial Center Hotel, 1Huangtian Zhi Jie, Lujing Lu (135 3556 3938/2212 8028) 洛奇印度餐厅, 越秀区麓景路黄田直街1-2号广信商业中心2楼241-243铺

**Dream of India** 83 Lujing Lu (8359 7121) 麓景路83号

**Haveli Restaurant & Bar** 1/F, 2 Aiguo Lu, Overseas Chinese Village, Huanshi Dong Lu (8359 4533/15889954471) 唐乐宫印度餐厅, 环市东路华侨新村爱国路2号

**Vaastu, a date with India** 13-15, 475 Huanshi Dong Lu (3825 8181) 雅仕度-印度之约, 环市东路475号13-15(粤海大厦对面)

**Indian Gate** 172 Yi Cui Yuan, Jin Xiu Sheng Tai Yuan, Zhong Cun, Panyu (3477 2300) 马赫那佳, 番禺区钟村锦绣生态园倚翠苑172号

**Jewel of India** 123 Huangpu Dadao Xi (3846 6955 / 3846 5779) 天河区黄埔大道西123号

**Kohinoor Restaurant & Bar** 2/F, 23, Lujing Lu, Yuexiu District (6122 1808) 越秀区麓景路23号2楼

**Punjabi Indian Cuisine** 2/F, Cathy Hotel, 376, Huanshi Dong Lu (8382 4542 / 8382 4596) 本杰比印度料理, 环市东路376号国泰宾馆楼

**Taste of India** 165 Taojin Lu (8350 7688 / 8357 2688) 印斯味餐馆酒廊, 淘金路165号国际大酒店二楼

INDONESIAN

**Pandan Indonesian Cuisine** 1) No.16-19, Bldg. A, 475 Huanshi Dong Lu (8760 5258); 2) 1 Jianshe Liu Malu (8376 5075) 香兰印尼餐厅, 1) 环市东路475号A区16-19号; 2) 建设六

马路一号(靠东风东路口)

JAPANESE

Freshness is the main priority in Japanese cuisine. Seafood is widely used and seasonal ingredients are often light and refreshing.

**Amanokawa** 403B, 4/F, Citic Plaza, 233 Tianhe Bei Lu (8755 4411) 天之河日本料理, 天河区天河北路233号中信广场4楼403B铺

**California Roll Restaurant** 101, 55 Jianshe Liu Malu (8370 3288) 加州卷, 建设六马路55号101

**Deluxe Rooftop Garden Cuisine & Lounge** 5/F, OneLink Walk, 230-232 Tianhe Lu (8883 0188/ 8883 0198) 悦·空中花园餐厅, 天河路230-232号万菱汇5楼

**Fuku Fuku Japanese Ramen** G/F, 19, Taojin Bei Lu (8359 3122) 福福拉面, 淘金北路19号地铺

**Furusato Japanese Restaurant** 2/F, Garden Hotel, 368 Huanshi Dong Lu (8333 8989 ext 3925 / 3926) 故乡日本料理, 环市东路368号花园酒店二楼

**Fusion Japan** 102b-105, Pearl River City Garden, Huaili Lu, Zhujiang New Town, Tianhe District (3838 5477) 非常日本, 天河区珠江新城华利路25号珠江都会102b-10

**Gyu-zou Yakinku Restaurant** 2/F, Guang Yi Gldg, 34-38 Huale Lu (8360 2824) 牛藏, 华东路34-38号广怡大厦2楼

**Ippudo** Shop A027-28, No.2001, B1, Mall of the World, 89 Huacheng Dadao, Tianhe District (3831 5513) 一风堂, 天河区花城大道89号花城汇二期高德置地中商场B1楼2001号A027-28铺

**Japan Fusion** 2/F, Metro Plaza, 358-378 Tianhe Bei Lu (3880 8118) 中森菜日本料理, 天河北路358-378号都市华庭二楼

**Kaiseki Japanese Restaurant** 4/F, Lobby No.2, Chimeilong Hotel, Panyu Dadao, Panyu District (8478 6838 ext. 61488) 怀石料理日本餐厅, 番禺区迎宾路长隆酒店二号楼4层

**Kamikawa** F4, Goldtak Center, 8-10 Zhujiang Xi Lu, Zhujiang New Town (38738559/38738556) 上川日本料理, 珠江新城珠江西路8-10号高德置地商场4楼

**Kasikiya Japanese Restaurant** 3/F, Holiday Inn, Overseas Chinese Village, 28 Guangming Lu, Huanshi Dong Lu (6122 3316) 日本炊家料理店, 环市东路华侨新村光明路28号假日酒店3楼

**Koyama** 1) 4/F, Electronic Bldg., 403 Huanshi Dong Lu (8732 2022); 2) 3F, Ping An Building, 150-160 Tiyu Dong Lu, Tianhe District (3886 8038); 3) Shop 101, 1F, Time Square, 28 Tianhe Bei Lu, Tianhe District (3882 1846) 小山日本料理, 1) 环市东路403号电子大厦4楼; 2) 天河区体育东路150-160号平安大厦3楼; 3) 天河区天河北路28号时代广场1楼101店

**Kumoi** 72/F, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3372) 云居, 天河区珠江新城珠江西路5号广州四季酒店2楼

**Long Ye Cheng** 1) Shop 213, Office Tower, China Hotel (8666 6888 ext 2256, 2257); 2) 33 Miaoqian Zhi Jie (8767 5603) 龙野城, 1) 中国大酒店商务楼213铺; 2) 庙前直街33号

**Mai Japanese Restaurant** 42/F, The Westin Pazhou, Area C, Guangzhou International Convention & Exhibition Center, 681 Fengpu Zhong Lu, Haizhu District (8918 1246) 舞日本餐厅, 海珠区凤浦中路681号广州国际会议展览中心C区广交会威斯汀酒店42楼

**Makoto Sushi Japanese Restaurant** 3/F, Victoria Plaza, 101 Tiyu Xi Lu, Tianhe District (3879 5229 3879 5339) 日本料理 诚寿司, 天河区体育西路101号维多利广场3楼

**Nagoya** 4/F, Tian Lun Garden, Jianshe Si Malu, Yuexiu District (8356 3650) 水车屋日

韩料理, 越秀区建设四马路天伦花园4楼

**Nadaman Japanese Restaurant** 3/F, Shangri-La Hotel, Guangzhou, 1 Huizhan Dong Lu, Haizhu District (8917 6498) 滩万日本料理, 海珠区会展东路1号广州香格里拉大酒店3楼

**Nozomi** 2/F, Nuova International Apartments, 1 Huaili Lu, Zhujiang New Town, Tianhe District (3826 2895) 天河区珠江新城华利路1号新大厦国际公寓二楼

**Red Lantern** 1/F, Overseas Chinese Village, 2 Heping Lu, by Huanshi Dong Lu (8357 7065) 红灯笼日本料理居酒屋, 环市东路华侨新村和平路2号1楼

**Roku Roku** G/F, Xiang Long Garden, 177 Tianhe Bei Lu (2223 3066) 六绿, 天河北路177号

**Sazunami** 2/F, Jianguo Hotel Guangzhou, 172 Linhe Zhong Lu (8393 6388-3628) 涟日本料理, 林和中路172号建国酒店2楼

**Sushi Oh** 1) Shop 1129-1, UU Park, Mall of the World, 89 Huacheng Dadao, Tianhe District (3832 5541); 2) 3/F, China Plaza, Zhongshan San Lu, Yuexiu District (8364 1039) 寿司皇, 1) 天河区花城大道89号花城广场花城汇UUPARK美食中心1129-1号铺; 2) 越秀区中山三路33号中华广场3楼

**Xin Yu** 3/C, Yue Xiu City Square, 439 Dongfeng Zhong Lu (8356 8666) 心鱼日本料理, 越秀区东风中路439号越秀城市广场3楼C单元

**Xiong Di Chuan** 56, Liuyun Wu Jie, Tiyu Dong Lu, Tianhe District (8751 9266) 兄弟船日本料理, 天河区体育东路六运五街56号

**Yin Fu Men** 357, 3/F, Citic Plaza, 233 Tianhe Bei Lu (3877 2728) 黄福门, 天河区天河北路233号中信广场3楼357铺;

**Zen Shop** 101, 13, Liuyun San Jie, Tianhe Nan Yi Lu (8551 8341) 天河南一路六运三街13号101

KOREAN

*BBQ is popular in Korean cooking and Kimchi (pickled cabbage) tops every menu. Also known for its use of good beef and moderate spices.*

**Country House** 2/F, Clarion Star Hotel, 89 Linhe Xi Lu (8755 1210) 故乡屋韩国料理, 林和西路89号景星酒店2楼

**Economic Island** 3/F Yi'an Plaza, 33 Jianshe Liu Malu (8363 3745) 济州岛韩国料理, 建设六马路33号宜安广场3楼

**Han Won** 1) 101, G/F, Guangzhou Sun Plaza, 445 Tianrun Lu (3848 6115); 2) B15, Sinopec Tower, 191 Tiyu Xi Lu (3759 6956); 3) G/F, 79 Jiangnan Xi Lu (8424 1983); 4) F2-F5, 152 Yuanjing Lu (8627 9305) 韩苑, 1) 天河路445号(太阳广场商厦首层101号); 2) 体育西路191号中石化大厦负一层B15铺; 3) 江南西路79号首层; 4) 远景路152号F2-F5 (日裕广场旁)

**Jin Wang Zhuang Korean Restaurant** 1/F, Yue Xin Hotel, 329 Huanshi Dong Lu (8358 7688) 金旺庄, 环市东路329号粤新酒店首层

**Kumgaanjoon** 256-259, 2/F, Citic Plaza, 233 Tianhe Bei Lu (8752 0699) 金刚苑韩国料理, 天河北路233号中信广场2楼256-259铺

**Xiao Wei Xuan Restaurant** Booth 748, 7/F, China Plaza, 3 Zhongshan San Lu (8373 9000) 笑味轩, 中山三路33号中华广场7楼748铺

THAI

*Thai cuisine has various levels of spiciness and uses many herbs. Lime is often used for its refreshing quality and coconut milk is often added for a creamy finish.*

**AMAZE** Shop No. 8, Xingsheng Lu, Zhujiang New Town, Tianhe District 泰园, 天河区珠江新城兴盛路8号

**Banana Leaf** 1)1/F, Broadcast and Television Hotel, 8 Luhu Lu (8359 7499); 2) 5/F,

World Trade Centre, 371-375 Huanshi Dong Lu (8776 3738); 3) 2/F, Times Square, 28 Tianhe Bei Lu (3891 0728) 蕉叶风味屋, 1) 麓湖路8号广视宾馆首层; 2) 环市东路371-375号世贸大厦5楼; 3) 天河北路28号时代广场2楼

**Bangkok City Thai Restaurant** C01, 4/F, CITIC Plaza, Tianhe District (3877 3588) 万谷城, 天河区中信广场四层C01

**CoolThai Shangri-La Hotel**, 1 Huizhan Dong Lu, Haizhu District (8917 8888 ext 6450) 香泰, 海珠区会展东路1号香格里拉酒店

**Cow and Bridge Thai Cuisine** 2/F, Guang Yi Bldg., 34-38 Huale Lu (8360 1468) 牛桥泰菜餐厅, 华东路34-38号广怡大厦二楼

**Hot Basil Thai Cuisine** Shop G4-5, 522, Huifu Dong Lu, Yuexiu District (8330 2183) 泰地道, 越秀区惠福东路522号G4-5铺

**Soi 5 that's** G/F, 1 Jianshe 6 Ma Lu, Yuexiu District (8388 3821) 越秀区建设六马路1号 誉海食街一楼

**Tai Zhen Cow and Bridge Thai Restaurant** 54 Sharnian Dajie (8121 9988) 泰珍牛桥餐厅, 沙面大街54号

**Tai Man Guan Thai Cuisine** Shop 701, 7/F, Tower North East, Teemall, 208 Tianhe Lu (8559 1080; 8559 1800) 泰满贯, 天河路208号天河城东北塔7楼701号铺

VIETNAMESE

*Possibly one of the most vibrant cuisines in the world, Vietnamese food has a complexity of flavors and aromas. Various herbs, nuts and lime are used.*

**37°2 Gourmet and Gathering** 523 Bingjiang Dong Lu (3432 1922) 37度2友会, 滨江东路523号

**Basil French Vietnamese Restaurant that's** No.20 Haiming Lu, Up Zone Residence Bldg., Zhujiang New Town, Tianhe District (3831 2567) 金不换法式风味餐厅, 天河区珠江新城海明路20号力迅上筑西区A005铺

**Lemon House Vietnamese Cuisine** 1) 1/F, 11 Jianshe Liu Malu (8375 3600); 2) 511 Huifu Dong Lu (8318 9715) 越茗苑越式美食, 1) 建设六马路11号首层; 2) 惠福东路511号

**Lemon Leaf** 32 Dezheng Nan Lu (8381 5981) 柠檬叶越南餐厅, 德政南路32号

**Nha Trang Vietnamese Cuisine** 201-204, 2/F, 75 Tianhe Dong Lu, Tianhe District (3890 0282); 2) 2/F, Guangzhou Yijian Building, 3-7 Jianshe Liu Malu (8373 6663) 芽庄越式料理, 1) 天河区天河东路75号2层201-204铺; 2) 越秀区建设六马路3-7号广州一建大厦二-三层

**Rendez-vous** No.272, Binjiang Zhong Lu (8922 8169) 遇西餐厅, 滨江中路272号

**Tiger Prawn Vietnamese Restaurant** 1) 548-552 Huifu Dong Lu (8319 1277); 2) 8/F Guangming Plaza, 63 Xihu Lu (8338 1931) 大头虾越式风味, 1) 惠福东路548-552号; 2) 西湖路63号光明广场8楼

OTHER ASIAN

**ADD Pan Asian Restaurant** 1/F, Crowne Plaza Guangzhou Science City, 28 Ningcai Lu, Central District, Science City (8880 0999) ADD泛亚自助餐, 广州科学城中心区麓彩路28号广州翡翠皇冠假日酒店一楼

**Hao Chi Restaurant** 4/F, Crowne Plaza Guangzhou City Centre, 339 Huanshi Dong Lu (8363 8888 ext 8363 8888 ext 88321) 环市东路339号广州中心皇冠假日酒店四楼

**One degree @ Equator** 19 Tiyu Dong Lu, Tianhe District. (8754 0386) 赤道一度, 天河区体育东路19号

**Penang Malaysian Fusion Restaurant** Shop 49-51, 475 Huanshi Dong Lu, Yuexiu District, Guangzhou (8760 8599) 檳城马来西亚餐厅, 越秀区环市东路475号之三东都大世界

界1楼49-51号

**Sabah Malaysia Cuisine** 313-317 Yi An Plaza, 33 Jianshe Liu Malu (8363 3887) 沙巴马来西  
亚风味馆, 建设六马路33号宜安广场313-317

### CAFES

**107 Café** Shop 107, 1 Tianhe Bei Jie, Tiyu Xi Lu, Tianhe District (3880 0717) 107咖  
啡, 天河区体育西路天河北街1号107 (中石化  
大厦后面)

**2 on 988 All Day Dining** 2/F, Sofitel Guang-  
zhou Sunrich, 988 Guangzhou Dadao  
Zhong, Tianhe District (3883 8888 ext  
3304) 全日餐厅, 广州大道中988号广州圣  
丰索菲特大酒店2楼

**Alfresco** 1/F, Hilton Guangzhou Tianhe, 215  
Linhe Xi Heng Lu, Tianhe District (6683  
3610) 林下轩, 天河区林和西横路215号广州天  
河新天希尔顿酒店首层

**Aurora Italian Café** Tian Lun Garden, Jian-  
she Si Malu (next to Oggi)(8356 0733) 奥罗  
拉意大利咖啡馆, 建设四马路天伦花园首层

**Art Café** Times Museum, Times Rose Gar-  
den III, Huangbian Bei Lu, Baiyun Dadao,  
Baiyun District (2627 2363) 艺术+咖啡, 白云  
区白云大道黄边北路时代玫瑰园三期时代美术  
馆 www.timesmuseum.org

**Café's Bank** 115 Tiyu Xi Heng Jie, Tianhe  
District (8569 4862) 班克咖啡, 体育西横街  
115号 (近天河城)

**Café Bucatini** 1 Shuqian Lu, Dongshan Kou  
(8760 3637) 意品咖啡屋, 东山口署前路7号

**Cafe Xperience** **that's** 1) Shop 1-2, G/F  
Paco Business Hotel, 189 Longkou Xi Lu,  
Tianhe District (8754 9199/8758 2739); 2)  
No. 4, G/F Exhibition Center Building, 108  
Tiyu Dong Lu 西罗西咖啡吧, 1) 龙口西路189号  
柏高商务酒店首层1-2号铺; 2) 体育东路108号创  
展中心首层4号

**Cafe vivo** G/F, B Section, Dehe Building,  
Yian Jie, Jiangwan Lu, Haizhu District (3435  
1459) 海珠区江湾路怡安街德和商务楼B栋首层  
(中海名都后面)

**Cento** G/F of Building No.1, Jianshe Liu  
Malu (8388 0471) 森特, 建设六马路1号后  
栋1楼01号

**Ciabatta Restaurant** Shop 109, Poly Cham-  
pagne Garden, 48-50 Huali Lu, Zhujiang  
New Town, Tianhe District (3803 8050) 天  
河区珠江新城华利路48-50号保利香槟花园  
109商铺

**Costa Coffee** 1) Unit 23, L1 OneLink Walk  
, No.230-232, Tianhe Lu (38992010); 2)  
Unit 79,81, Canton Place, No.48 Qingfeng  
Jie, Zhujiang New Town (38310949); 3)  
3) 41 Jianshe Liu Malu (188 1915 4578),  
4) Shop 1G052, G/F, Grandview Mall, 228

Tianhe Lu, Tianhe District (3833 1433); 5)  
Shop 101, 27 Huali Lu, Tianhe District; 6)  
G/F, Yuwa Apartment & Hotel, 38 Yueken  
Lu, Tianhe District; 7) Shop L1114N, Gate  
5 Shopping Mall, 353 Yunxiao Lu, Baiyun  
District (3607 6186); 8) Shop 12-14, C1  
Section, Favorview Palace, Tianhe District  
(3879 5146) 1) 天河路230-232号万菱汇1楼; 2)  
珠江新城清风路48号广粤天地79-81; 3) 越秀  
区建设六马路41号; 4) 天河区天河区天河路228  
号正佳广场1楼1G052室; 5) 天河区华利路27号  
101商铺; 6) 天河区粤垦路38号友和酒店1楼; 7)  
白云区云菁路353栋的5号停机坪1楼L1114N室;  
8) 天河区汇景新城C1街区底商12-14号商铺(近  
汇景北路)

**Wuju Café** Shop 8, G/F, 122 Shiyouxin Malu,  
Yuexiu District (180 2860 4535) 蜗居咖啡自  
家烘焙工房, 越秀区寺右新马路122号1楼8号铺

**Daman's Café** Shop AB08, 8 Luyuan Lu,  
Yuexiu District (8348 2783) 达曼斯, 越秀  
区麓苑路8号

**Dilettante Mocha Café** 1) 34, Huali Lu,  
Zhujiang New Town (3838 3325); 2) 2/F,  
SINOPEC Bldg., 191 Tiyu Xi Lu (3892  
2766) 德利浓巧克力摩卡咖啡吧, 1) 珠江新城  
华利路34号; 2) 天河区体育西路191号中石化大  
厦佳兆业广场2楼201号铺

**DownTown** **that's** Shop 102-103, Peace  
World Apartment, 29 Jianshe Wu Malu 啡悦,  
建设五马路29号好世界公寓首层102-103号铺

**Drop In** Shop 103, Sun Plaza, 445 Tianrun  
Lu, Tianhe District (3881 5752) 天河区天润  
路445号太阳广场103

**Elaine's Garden** 107, Edinburgh Apartment,  
Huali Lu, Zhujiang New Town (3826 3481)  
伊涟咖啡红酒吧, 珠江新城华利路爱丁堡国际  
公寓107铺

**H2O** 4/F, The Ritz-Carlton, Guangzhou,  
Xing'an Lu, Zhujiang New Town, Tianhe Dis-  
trict (3813 6688) H2O池畔吧, 天河区珠江  
新城兴安路3号广州富力丽思卡尔顿酒店4楼

**Happy Monk** at the back of Yi'an Plaza,  
Jianshe Wu Malu (8376 5597) 建设五马路  
宜安广场后门

**Hub Lobby** 1/F, Crowne Plaza Guangzhou  
Science City, 28 Ningcai Lu, Central District,  
Science City, Guangzhou (8880 0999) 汇点  
大堂吧, 广州科学城中区凝彩路28号广州翡  
翠皇冠假日酒店一楼

**I'm Cafe** 18 F, Building 18, Area 3,  
YangCheng Creative Industry Zone (3803  
1404) 羊城创意产业园三区18栋18/F

**Ings Cafe** 12 Xingsheng Lu, Zhujiang New  
Town (3802 9041) 珠江新城兴盛路12号

**Kafelaku Coffee** 1) Shop 1516, 1/F, China  
Plaza, 33 Zhongshan San Lu, Yuexiu District  
(8373 8221); 2) Haiyue Lu, Tianhe District  
(3827 9021); 3) 1/F, Guangwu Hotel, 101

of 603 Tianhe Lu, Tianhe District (8754  
4117) 4) Shop T104, Gate 5 Shopping  
Mall, 353 Yunxiao Lu, Baiyun District (3607  
6230); 5) Fortune Plaza, 116 Tiyu Dong Lu,  
Tianhe District (3881 1325); 6) Shop B2,  
Popark, 63 Linhe Zhong Lu, Tianhe District  
(3891 1500); 7) G/F, Yi An Plaza, 33 Jian-  
she Liu Malu, Yuexiu District (8363 3371)  
猫屎咖啡, 1) 中山三路33号中华广场(楼西门  
1516铺); 2) 天河区海月路(近海风路); 3) 天河路  
603号之101号广武酒店1楼4) 白云区云菁路自  
编553栋5号停机坪购物广场1楼T104铺; 5) 体育  
东路116号财富广场; 6) 林和中路63号东方宝泰  
B2楼; 7) 建设六马路33号宜安广场1楼中庭

**Kona Prince** **that's** Shop EK-016, Fashion  
Tianhe Commercial Square, Tianhe District  
(8567 8851) 天河区体育中心时尚天河商业  
广场EK-016

**Kui Yuan Cafe** 9 Xuguyuan Lu, Yuexiu  
District (8765 9746) 速园艺术馆, 越秀区  
恤孤院路9号

**Lavazza** 1) G.T. Land Plaza, 8 Zhujiang  
Xi Lu, Tianhe District; 2) Shop 14, G/F,  
OneLink Walk, 230-232 Tianhe Lu, Tianhe  
District (3899 2863) 拉瓦萨咖啡馆, 1) 天河  
区江西路8号高德置地夏商场; 2) 天河区天河  
路230-232号万菱汇1楼4铺

**Lavazza Coffee Corner** G/F, New Pearl  
River Lobby, 795 Binjiang Dong Lu, Haizhu  
District (3408 8775) 海珠区滨江东路795号新  
珠江大酒店1楼

**Le Vila** 1) No. 106 Edingburgh Interna-  
tional Apartment, No.2 Huali Lu, Zhujiang  
New Town (3829 7059) 2) No.1 Back Jie,  
Citic Plaza, 223 Tianhe Bei Lu (3877 0411)  
爱丁堡店, 1) 珠江新城华利路2号爱丁堡国际  
公寓106号; 2) 珠江北路233号中信广场后街1号

**Maan Coffee** Voka Street, 460 Tianhe Bei  
Lu, Tianhe District (8751 7080) 漫咖啡, 天  
河区天河北路460号沃凯街

**Mamamiya Café** 5F, Guangzhou Book Cen-  
tre, 123 Tianhe Lu, (18925137322) 玛玛迷  
亚咖啡, 天河路123号广州购书中心5楼

**Mezomd Cafe** Shop 112-116, the Canton  
Place, Zhujiang New Town (3831 6227) 曼  
索蒂, 珠江新城广粤天地112、116号铺

**Moment Cafe and Lounge** **that's** No.28  
Yuhan Lu, Binjiang Dong Lu (8957 0311)  
涟尚, 滨江东玉蕊路28号珠江新岸公寓首层

**OldTown White Coffee Kopitiam** Shop C01,  
UU PARK, Mall of the World, 89 Huacheng  
Dadao, Tianhe District (3832 5119) 旧街坊  
白咖啡, 天河区花城大道89号花城广场花城江  
UUPARK购物中心C01铺(近人民日报华南社

前地下广场)

**Pacific Coffee** 1) Shop A, South Gate, 1F  
Teemall, 208 Tianhe Lu, Tianhe District  
(8558 8263); 2) Shop MU06, TaiKoo Hui  
Shopping Mall, 383 Tianhe Lu, Tianhe  
District (3868 2026/ 3868 2030); 3) Shop  
A15 (Lobby), G/F, 191 Tiyu Xi Lu, Tianhe  
District (4) Shop 103, G/F, Westmin Plaza,  
48 Zhongshan Qi Lu, Liwan District (8132  
9797); 5) Shop 103, East Hope Building,  
515 Dongfeng Zhong Lu, Yuexiu District  
(8132 9797) 太平洋咖啡, 1) 天河区天河路  
208号天河城购物中心第一层南门A号商铺; 2)  
天河区天河路383号太古汇商场MU06号铺; 3)  
天河区体育西路191号一层自编号A15单元(写  
字楼大堂内); 4) 荔湾区中山七路48号西门口广  
场1楼103铺(近地铁西门口站D出口); 5) 越秀区  
东风中路515号东照大厦103铺

**People's Café** (open 24 hours) 1) 1/F, 35  
Jianshe Wu Malu, Yuexiu District (8376  
6677); 2) Shop 106-107, 8 Xingsheng Lu  
(3805 1528); 3) B09, Party Pier, Yuejiang  
Xi Lu, Haizhu District (3449 4172) 1) 建  
设五马路35号大院一楼; 2) 兴盛路8号106-107  
铺; 3) 海珠区阅江西路珠江琶醍啤酒文化艺术  
区B区09号

**Seasonal Tastes** 2/F, the Westin Guang-  
zhou, 6 Linhe Zhong Lu, Tianhe District  
(2826 6967) 知味西餐厅, 天河区林和中路6  
号广州海航威斯汀酒店2楼

**Second Avenue** 325, Yanjiang Zhong Lu  
(8365 3666) 畔湾西餐厅, 沿江中路325号

**Sky Café** 45/F Asian Hotel, 326 Huanshi  
Dong Lu (6128 8888-4583) 云顶阁, 环市东  
路326号之一亚洲国际大酒店45楼

**Starbucks** 1) Shop 101-102B and 203A,  
Peace World Plaza, World Trade Mall,  
362-363 Huanshi Dong Lu (8375 2196);  
2) Shop 103C, North Gate, G/F, Teemall,  
208 Tianhe Lu (8559 0022); 3) Shop  
S125, S155, G/F China Hotel, 1 Liuhua Lu  
(8666 0303); 4) Shop 106, G/F Guangzhou  
Friendship Store, 369 Huanshi Dong Lu  
(8350 8891); 5) Shop 105, G/F, Center  
Plaza, 161 Linhe Xi Lu (3837 0723); 6)  
Shop 1A001, G/F, Grandview Mall, 228  
Tianhe Lu (3833 1006); 7) Shop A, G/F,  
476 Tianhe Bei Lu (8751 8406); 8) Shop  
A23, B1/F, China Plaza, 33 Zhongshan San  
Lu (8373 9448); 9) Shop E1107A, Comic  
City, 1 Jixiang Lu, Yuexiu District (6268  
1018); 10) Shop 1-7, G/F, Grandbuy Sunny  
Mall, No.498, Baogang Dadao, Haizhu  
District (3422 9613); 11) G/F, No.50-52,  
Shamian Dajie, Liwan District (8121 4080);  
12) Shop A2, G/F Baifu Plaza, 112 Tiyu  
Dong Lu, Tianhe District (3880 5568);  
13) 1F& G/F, Buy Now Technology Man-  
sion, 596 Tianhe Lu, Tianhe District (8526  
5921); 14) Shop07-08, East Section, Poly  
Xiangbin Garden, 46-52 Huali Lu, Zhujiang  
New Town (3837 3501); 15) G/F, Guang-  
zhou East Railway Station, 1 Dongzhan  
Lu, Tianhe District (6131 1363); 16) Shop

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Zhujiang New Town Shop 珠江新城店  
TEL/FAX: 020-38339755  
Qiao Yi Shop 侨怡店  
TEL/FAX: 020-38813919  
Golden Lake Garden Shop 金湖店  
TEL/FAX: 020-87044499  
Favorview Palace Shop 汇景新城店  
TEL/FAX: 020-38627433

Dongguan New Century Villa Shop 新世纪豪园店  
TEL/FAX: 0769-22303657  
Dongguan Dynatown Shop 皇湾传说店  
TEL/FAX: 0769-23287227  
Jiangmen Donghua Shop 东华店  
TEL/FAX: 0750-3368983  
Sanya Summer Mall Shop 夏日百货店  
TEL: 0898-88216771 FAX: 0898-88216733  
Haikou Yusha Capital City Shop 琼华城店  
TEL: 0898-68526041 FAX: 0898-68526047

Web Site: www.corner-s.com E-Mail: info@corner-s.com Weibo: weibo.com/cornerdeli

## JUNE 1 ▶ SAT

**British & Irish Lions vs. Barbarians**, 7:30pm, Hong Kong Stadium; HK\$750-1290, <http://www.hkticketing.com>  
This year sees the 125th anniversary for The British & Irish Lions, which features the best players from the Scottish, English, Welsh and Irish national teams. The team has decided to make the first stop of its anniversary tour in Hong Kong, rivaling against the elite Barbarians. Rugby enthusiasts will not want to miss this once-in-a-lifetime match.

## JUNE 1-9 ▶ SAT-SUN



**Mobile M+; Inflation**, 12am-7pm (from Tuesday to Thursday)/ 11am-8pm (From Friday to Sunday), closed on Monday; West Kowloon Cultural District, free admission, <http://www.mobile-mplus.hk/>  
Massive inflatable sculptures are on show in West Kowloon Cultural District. The sculptures are of various shapes and among all of them, the giant roast suckling pig and a lump of excrement draw have been drawing the most public attention. Since the sculptures are somewhat bold and unconventional, it's up to the public to judge whether it is artful or disgusting eyesores.

## JUNE 5 ▶ WED

**Le Pichon & Friends**, 8pm, Hong Kong Academy for Performing Arts; tickets: HK\$180/280, <http://www.hkticketing.com>  
Performing since the age of seven, Alain Le Pichon is a French pianist living in Hong Kong. On June 5, he and his long-time friends, soprano Ying Ying Liu William Lane on viola, will make a joint effort to bring a night of mainly French music to Hong Kong chamber music lovers.

## JUNE 8 ▶ SAT



**Emmanuel Ceysson**, 8pm, Sheung Wan Civic Centre; tickets: HK\$240/380, <http://www.frenchmay.com>  
Emmanuel Ceysson is a rising French harpist striking the world with his adventurous and powerful way in playing this unusual instrument. Participating in international music events in 2005, he shows the world how enthusiastic and energetic a

harp can be. Performing in Hong Kong for the first time, this talented artist is someone not to be missed.

JUNE 13-16  
▶ THU-SUN

**International Travel Expo**, 10am-5pm, Hong Kong Convention and Exhibition Centre; HK\$15-50, <http://www.travel-expo.com.hk>

As a one-stop shopping platform, the International Travel Expo has all sorts of travel products to offer, providing great convenience to the public. More than 600 exhibitors from 50 countries are registered to the expo. Travel enthusiasts can browse airlines, resorts, tourist attractions and cruise lines and start dreaming of their next adventure.

## JUNE 14 ▶ FRI



**Avicii**, 9:45pm-4am; Star Hall, Kowloon Bay; HK\$780/980, <http://www.travel-expo.com.hk>

Debuting at the age of 18 in 2010, Avicii, aka Tim Bergling, will bring the bass to the Kong for one night only. The self-taught Swedish singer/DJ has quickly risen to fame with his worldwide hit singles "Levels," "Bromance" and "Sunshine," his Grammy-winning collaboration with David Guetta. Revellers can enjoy sets by other iconic DJs, including Hard Rock Sofa, MAKJ, Iron Kids, ESCOE, and Frankie Lam.

## JUNE 22 ▶ SAT

**Yossif Ivanov**, 8pm; Hong Kong City Hall; HK\$ 140/220/340; <http://www.frenchmay.com>  
Thanks to the Le French May, this June in Hong Kong is artful. Yossif Ivanov, a violinist who is a regular at all European halls will perform in Hong Kong for the first time. Hong Kong Sinfonietta and local conductor Yip Wing-sie will work shoulder-to-shoulder with him, presenting Chausson's "Poème" and Ravel's "Tzigane."

## JUNE 24 ▶ MON

**Ian Anderson**, 8pm; AsiaWorld Expo; HK\$ 380-2480; <http://www.hkticketing.com>

Ian Anderson, the leading figure of British rock band Jethro Tull, heads back to Hong Kong, bringing his fans the very best of his band's songs. Having sold 60 million albums worldwide, the band impresses the world with the diversity of music genres they apply to their songs. Get prepared for this fantastic show and learn you are never too old to rock'n'roll.

108, 109, 134 & 136, G/F, Youth's Zone, 186 Zhongshan Dadao Xi (8564 3523); 星巴克, 1) 环市东路362-363号好世界广场首层101-102B, 二楼203A号铺; 2) 天河路208号天河城首层北门103C号铺; 3) 流花路1号中国大酒店首层S125及S155号铺; 4) 环市东路369号友道商店综合楼首层106号铺; 5) 林和西路161号中泰国际广场首层105号铺; 6) 天河路228号正佳广场首层1A001号铺; 7) 天河北路476号首层A号铺; 8) 中山三路33号中华广场负一层A23号铺; 9) 越秀区吉祥路1号动漫星城负一层E1107A号铺; 10) 海珠区宝岗大道498号广百新一城1-7号; 11) 荔湾区沙面大街50-52号首层; 12) 天河区体育东路112号百福广场首层A2铺; 13) 天河区天河路596号百脑汇科技大厦负一层、首层; 14) 珠江新城华利路46-52号保利香樟花园东区07、08号铺; 15) 天河区东站1号广州东站综合楼裙楼首层; 16) 中山大道西路186号东方都会广场首层108、109、134、136号铺;

**T Lounge & Bar** 1/F Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3610) 天河区林和西横路215号广州天河新天希尔顿酒店首层

**The Coffee Club Café** 1) B101, Southern District, Central Plaza, 18 Jianshe Da Malu, Yuexiu District (8302 2508); 2) Shop 113-114, 8 Xingsheng Lu, Tianhe District; 3) Shop 1013, Diwang Plaza, Jiaochang Xi Lu, District 1) 越秀区建设大马路18号保利中环广场南区B101铺; 2) 天河区兴盛路8号113、114号铺 (近保利心语花园); 3) 越秀区较场西路26号地王广场1013号铺 [www.coffeeclub.com](http://www.coffeeclub.com)

**Vincent** 1) Shop 105, Peace World Apartment, 29 Jianshe Si Malu (8376 6162); 2) G11, Xingsheng Lu, Zhujiang New Town (3839 9949) 乐啡, 1) 建设四马路29号好世界公寓首层105号铺; 2) 天河区兴盛路11号兴盛汇G11铺

**Xiao Yuan Coffee** 1) 6 Tiyu Xi Heng Jie (8558 3635); 2) 180 Tiyu Xi Hengjie (8551 8386) 小源咖啡, 1) 体育西横街6号; 2) 体育西横街180号

**Zebra Star Café** 101 / 130 Taojin Bei Lu, Taojin, Yuexiu District (8359 6670) 越秀区淘金北路101/103

## CHINESE

## BEIJING

*Food in north China is heavy in seasoning and flavors. Beijing food is no exception. Peking Duck is the signature dish while stews, dumplings and noodles are popular choices.*

**Lao Bei Jing** 2/F, Yue Bei Bldg., Dongfeng Dong Lu, Yuexiu District (8384 9078) 老北京, 越秀区东风东路粤北大厦2楼;

## CANTONESE

*One of the eight regional cuisines in China, Cantonese food is known for its light seasoning and fresh ingredients. Seafood, poultry and vegetables are widely consumed. For a complete meal, a bowl of soup is essential.*

**Always Cantonese** 1/F & 2/F Chateau Star River, Yingbin Lu, Panyun District (3993 6688) 真粤, 番禺迎宾路星河湾酒店1-2楼

**Baiyuelou Cantonese Restaurant** 4/F, Crownline Plaza Guangzhou City Centre, 339 Huanshi Dong Lu (8363 8888 ext 88311) 环市东路339号广州中心皇冠假日酒店四楼

**Ban Dao Ming Xuan** 3/F, Mayor Plaza, 189 Tianhe Bei Lu (8755 5928/8755 3968) 半岛明轩酒家, 天河北路189号市长大厦3楼

**Banquet Hall International** 2/F White Swan Hotel, 1 Shamian Nan Jie (8188 6968-30330) 宏图阁, 沙面南街1号白天鹅宾馆2楼

**Bing Sheng Restaurant** 1) 33 Dongxiao Lu (3428 6910); 2) 168 Tianhe Dong Lu (8751 8683); 3) 1-4/F Wufeng Hotel, 438 Jiangnan Dadao Nan (8447 2844) 炳胜, 1) 东晓路33号; 2) 天河东路168号; 3) 江南大道南438号五凤酒店1-4楼

**Food Street** 1st Floor, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext 3156) 食街, 流花路122号中国大酒店1楼

**Four Seasons** 1st Floor, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext 3123) 四季, 流花路122号中国大酒店1楼

**Guangzhou Restaurant** 1) 2 Wenchang Nan Lu (8138 0388); 2) 20 Binjiang Xi Lu, Haizhu District (8442 3123); 3) Bai Fu Square, 112 Tiyu Dong Lu, Tianhe District (3880 9138); 4) No.1 Po Dong Plaza, Gui-

gang Da Malu (3762 3088) 广州酒家, 1) 文昌南路2号; 2) 海珠区滨江西路20号; 3) 天河区体育东路112号百福广场; 4) 岗顶大马路珀尔东广场1号

**Hao Chi Gourmet Restaurant** 2/F, Crowne Plaza Guangzhou Science City, 28 Ningcai Lu, Central District, Science City (8880 0999) 滋味馆, 广州科学城中心区宸彩路28号广州翡翠皇冠假日酒店2楼

**Hongman Chinese Restaurant** The Westin Guangzhou, 6, Linhe Zhong Lu, Tianhe District (2886 6868) 红棉中餐厅, 天河区林和中路6号广州海航威斯汀酒店4楼

**Lai Heen** 3/F, The Ritz-Carlton, Guangzhou, Xing'an Lu, Zhujiang New Town, Tianhe District (3813 6688) 丽轩中餐厅, 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店3楼

**Lai Wan Market** 2/F, Garden Hotel, 368 Huanshi Dong Lu (8333 8989 ext 3922) 荔湾亭, 环市东路368号花园酒店2楼

**Le Chinois** 6/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 3342) 粤尊, 广州大道中988号广州圣丰索菲特大酒店6楼

**Lee Garden Restaurant** 1) 4/F, Yi An Plaza, 33 Jianshe Liu Malu (8363 3268); 2) 4/F International Finance Place (IFP), Zhujiang New Town (8550 0028) 利苑酒家, 1) 建设六马路33号宜安广场4楼; 2) 珠江新城合景国际金融广场4楼

**Lian Xiang Lou** 67 Shipu Lu (8181 1638) 莲香楼, 十甫路67号

**Yi Hui Restaurant** 101-201, Fuliyingli Building, 3 Huangqi Lu, Tianhe District (38039222) 易荟养生食府, 天河区珠江新城华强路3号富力盈力大厦北塔一至二层

**Lotus Restaurant** 4/F Jiangwan Hotel, 298 Yanjiang Zhong Lu (8328 8888-3338) 荷花轩, 沿江中路298号江湾大酒店4楼

**Mei Hua Chinese Restaurant** 2/F, Crowne Plaza Guangzhou Science City, 28 Ningcai Lu, Central District, Science City (8880 0999) 香雪楼, 科学城中心区宸彩路28号广州翡翠皇冠假日酒店2楼

**Nan Yuan Restaurant** 142 Qianjin Lu, Haizhu District (8444 8380) 南园酒家, 海珠区前进路142号

**Pan Xi Restaurant** 151 Longjin Xi Lu (8172 1328 / 8172 2788) 畔溪酒家, 龙津西路151号

**Peach Blossom Chinese Restaurant** 3/F, Garden Hotel, 368 Huanshi Dong Lu (8333 8989 ext 3316) 桃园馆中餐厅, 环市东路368号花园酒店3楼

**Regal Restaurant** G/F, Jin Lai Ge, Regal, 22-30 Jinsui Lu, Zhujiang New Town (3829 3288) 丽晶酒家, 珠江新城金德路22-30号丽晶华庭金莱阁1楼

**Shifu Court** 4/F, Holiday Inn Guangzhou Shifu, No.188, Shifu Lu, Liwan District (8138 0088) 十甫街, 荔湾区十甫路188号广州十甫假日酒店4楼

**Shi Yang Fang Restaurant** 1) 2F, Guangzhou University Food Court, Guangzhou University Town, Panyu District (3934 2389); 2) Shop 358-361, 3F, Zhongtian Shopping Mall, CITIC Plaza, Tianhe District (8752 1026); 3) No. 46, Jinsui Lu, Zhujiang New Town (3862 1093); 4) No.8, Lizhiwan Lu, Liwan District (8136 1949); 5) No. 19, Zhanqian Lu, Huadu District (8681 4888); 6) No.3, Liya Zhi Jie, Huadu District (8680 8998); 7) No.13, Chayuan Lu, Huadu District (3698 9922); 8) 2F No. 35, Jianshe Lu, Huadu District (8682 0838) 食养坊, 1) 大学城广大美食城二楼; 2) 中信广场中购物城3楼358-361铺; 3) 珠江新城金德路46号之一; 4) 荔湾区荔枝湾路8号; 5) 花都区站前路19号; 6) 花都区丽雅直街3号; 7) 花都区茶园路13号; 8) 花都区建设路35号2楼

**Sui Xuan** 5/F Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3666/3668) 天河区和西横路215号广州天河新天希尔顿酒店五层

**Summer Palace Shangri-La Hotel**, 1 Huizhan Dong Lu, Haizhu District (8917 8888 ext 6428) 夏宫中餐厅, 海珠区会展东路1号

**Sunloft** 1/F, 1 Jianshe Liu Malu, Yuexiu District (8388 1840) 上楼茶点, 越秀区建设

六马路1号后幢1层

**Tang Yuan Restaurant** Entrance from the North gate of Lihua Park, Renmin Bei Lu (3623 6993 / 3623 6823) 唐苑酒家, 人民北路流花公园北门

**The China Club** G/F, Hilton Guangzhou Baiyun, 515-517, Yuncheng Dong Lu, Baiyun District (6667 8085) 酌宴府, 白云区云城东路广州白云万达希尔顿酒店一楼

**Tao Ran Xuan Restaurant** 1) 15 Qingbo Lu, Ersha Island (3780 1888); 2) 50 Shaming Nan Jie (8120 2828/ 8120 2118) 陶然轩, 1) 二沙岛晴波路15号; 2) 沙面南街50号

**Tao Tao Ju** 20 Dishifu Lu, Liwan District (8139 6111) 陶陶居, 荔湾区第十甫路20号

**The China Spice** 2/F, Four Points by Sheraton Guangzhou, Dongpu, 1 Jingying Lu, Huicai Lu, Dongpu (3211 0705) 聚味轩, 东圃汇彩路普映路1号广州东圃合景福朋喜来登酒店2楼

**The Peninsula** 28 Datong Lu, Ersha Island (8735 3283, 8735 3883) 半岛明珠, 二沙岛大通路28号

**The Penthouse** 22/F, Grand Hyatt Guangzhou, 12 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8396 1234-3398) 空中花园, 天河区珠江新城珠江西路12号富力君悦大酒店22楼

The Petal Place Shop F13/B, Redtory, 685 Linjiang Dadao, Tianhe District (3703 9106) 花半间景观概念餐厅, 天河区临江大道685号红工厂创意园F13/B铺

**Woo's Hong Kong Cuisine** Shop 103-107, B1F, 75 Tianhe Dong Lu, Tianhe District (8757 0062) 吴徐家餐厅, 天河区天河东路75号B1楼103-107

**Wu Mi Zhou** 1) G/F, Qiao Lin Yuan #3, 59 Linle Lu, Tianhe Bei Lu (3881 2008); 2) 72 Jinsui Lu, Zhujiang New Town (3839 9000); 3) 2/F, 305, 299 Nanhua Zhong Lu, Haizhu District (3422 3618) 毋米粥, 1) 河北路林乐路59号侨林苑3期1楼(近中旅南厦); 2) 珠江新城金穗路72号之一之二; 3) 海珠区南华中路305号2楼

**Xi Guan Ren Jia** 4F, South Tower, Liwan Plaza, 9 Dexing Lu, Liwan Dist. (8138 0308) 西关人家, 荔湾区德星路荔湾广场南塔4楼

**Yu Yue Heen** 71/F, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3371) 愉粤轩, 天河区珠江新城珠江西路5号广州四季酒店71楼

**Yue Sheraton Guangzhou Hotel**, 208 Tianhe Lu, Tianhe District (6668 8888) 采悦轩, 天河区天河路粤海喜来登酒店

**Yue Chinese Restaurant** Sheraton Guangzhou Huadu Resort, Sky Villa, Northeast Shanqian Dadao, Huadu District (3695 3705) 采悦轩中餐厅, 花都区分山前大道东段北侧天湖峰境园广州花都合景喜来登度假酒店

### CHAOZHOU

Chaozhou is a coastal city in Guangdong and its cuisine is inevitably heavy on seafood and seasonal vegetables, but flavors tend to be heavier than Cantonese food.

**Chao Fang** 2/F, Zhonghai Mingdu Huayuan, 156 Jiangnan Lu (8900 5950) 潮坊, 江湾路156号中海名都花园2楼

**Chao Rong Restaurant** Pao Ma Chang, 688 Huangpu Dadao (8753 9703) 潮荣酒家, 黄埔大道688号赛马场内美食街

**Imperial Palace** 1) 3A, Guangzhou International Trade Center, 1 Linhe Xi Lu (3878 3668); 2) Imperial Traders Hotel, 293 Guangzhou Dadao Zhong (8739 8922); 3) Asia-Pacific International Club (3829 8788) 潮皇食府, 1) 林和西路1号广州国际贸易中心3A楼; 2) 广州大道中293号外商大酒店; 3) 五山路汇景新城广州亚太国际俱乐部

**Jin Zuan Chao Ting** 3/F AB Tower, Imperial Plaza, 570 Tianhe Bei Lu (3846 5555 / 3846 5111) 金钻潮庭, 河北路570号帝景广场AB座3楼

### DONGBEI

Stews, BBQ and a variety of sauces are often used in Dongbei food. With little attention to presentation and heavy flavors, it's best to be

had with some strong Chinese wine.

**Dongbei Ren** 1) 65-67 Hequn Yi Malu (8760 0688); 2) 1-3/F, Garden Bldg., 36 Tianhe Nan Er Lu (8750 1711); 3) 2/F, 1 Taojin Bei Lu (8357 6277); 4) 1-2/F, Lan Bao Shi Bldg., Renmin Bei Lu (8136 1466); 5) 26 Jiangnan Xi Lu (8443 9889) 东北风味连锁餐厅, 1) 合群一马路65-67号; 2) 天河南二路36号花园大厦1-3层; 3) 淘金北路1号二楼; 4) 人民北路蓝宝石大厦1-2楼; 5) 江南西路26号

**Harbin Restaurant** 3/F, Binghua Hotel, 2 Tianhe Bei Lu (3886 2888-3315) 哈尔滨东北菜, 河北路2号冰花酒店

### GUIZHOU

Chilies are widely used and food is mainly spicy and rich in Guizhou. Hot pots are also very popular.

**Huang Guo Shu Restaurant** 2/F, East Part A Section, 475 Huanshi Dong Lu (8769 6459) 黄果树贵州美食, 环市东路475号A区2楼东段

### HAKKA

Hakka is a region in Guangzhou where food is kept simple and traditional. The tolu is well known for its texture and condensed flavour. Streaky pork is also popular.

**Hakka Wang** 10 Siyuo Xin Ma Lu (8716 0218, 3765 2133) 客家王酒家, 东山区五羊新城寺右新马路10号

**Zhengda Fangyuan Yunshan Jingjie** 12 Tiyu Lu (8358 5200) 正大方圆云山境界, 麓湖路12号

### HUNAN

Hunan food is straight on spicy with dried and fresh chillies. Smoked and cured meat is often used in stir fries. Hunan food has complex flavors and a rustic taste.

**Fu Rong Lou** 1 - 2/F, Feng Yuan Bldg., 3 Tiyu Xi Lu (3818 6608) 芙蓉楼, 体育西路3号峰源大厦1-2楼

**Xiang Yue Ren Jia Hunan Restaurant** 3/F, 13 Xihu Lu, Yuexiu District (8319 0356) 湘约人家湖南酒楼, 越秀区西湖路13号3楼

### MUSLIM

**Nur Bostan Muslim Restaurant** Shop 7, 1F, Tianhehui Commercial Plaza, 160 Tianhe Zhijie, Tianhe District (3886 7311) 努尔博斯坦餐厅, 天河区天河直街160号天河汇首层北7号铺

**Nur Uighur Restaurant** 309, Lujing Lu, Huanshi Zhong Lu (8357 2687) 诺尔维吾尔餐厅, 环市中路麓景路309号

**Tasty Halal** 1) 217 Sanyuanli Dadao (400 700 5927); 2) C005, Section 2, Mall of the future, Zhujiang New Town (400 700 5927) 色兰堡, 1) 三元里大道217号; 2) 珠江新城花城广场花城汇二区负一层商场C005

**Xin Yue Muslims Restaurant** 3/F Xinjiang Bldg., 76 Tianhe Bei Lu (3878 2783) 新粤穆斯林餐厅, 河北路76号新疆大厦3楼

### SEAFOOD

**A Yi Bao Yu** 1) 25, Dongjun Plaza #3, 836, Dongfeng Dong Lu (8760 5678); 2) 1-2/F, Bldg. 2, 439 Tianhe Bei Lu (3886 1088) 阿一鲍鱼, 1) 东风东路836号东峻广场第三座地铺25号; 2) 河北路439号嘉怡苑2座1-2楼

**Dongyue Seafood Restaurant** 1) 8, Lujing Lu, Dongyue Hotel (8357 1125) 2) 138, Tiyu Dong Lu, 5/F Gold Lion Plaza (3878 0010) 东悦海鲜酒家, 1) 麓景路8号东悦酒店内; 2) 体育东路138号金利来大厦5楼

**East Ocean Seafood Restaurant** 1) 1/F, TP Plaza, 109 Lihua Lu (8669 5528); 2) 3/F, CITIC Plaza, 233 Tianhe Bei Lu (8752 0533) 东海海鲜酒家, 1) 流花路109号(达宝广场一楼); 2) 河北路233号中信广场商场3楼

**Hongxing Seafood Restaurant** 4F, G. T. Land Plaza, 11-13 Zhujiang Dong Lu (8398 3188) 2) 2-14 Shayuan Da Jie, Gongye Dadao Bei (8437 9428) 3) 3-5 Qiyi Lu (8330 1138) 鸿星海鲜酒家, 1) 环市中路276号国龙大厦; 2) 工业大道北沙园大街2-14号; 3) 起义路3-5号

IFC Dental



# IFC Dental

**Dr. Bing Elliot Xia**

Specialized in Orthodontics, He earned DDS degree from University of the Pacific, Arthur A Dugoni School of Dentistry. A member of American Dental Association/California Dental Association/San Francisco Dental Society/American Orthodontic Society/American Association of Lingual Orthodontics.

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Dr. Wang, general practitioner, is experienced in family medicine for adults and kids. Her patience in treating patients earns her praise. Speaks English.



Dr. Zheng is a Dentist, experienced in preventative, restorative, endodontical services, removable or fixed prosthodontics, oral surgery and cosmetic dentistry etc. He is especially good in restorative and cosmetic dentistry.



Dr. You is a dermatologist. He has 20 years very rich experiences in STD and all kinds skin diseases. Patients always come to see him with difficulty cases. He speaks English and Mandarin.



Dr. Hao is a Ob/Gyn specialist. She has very rich experiences in diagnosing and treating all kinds women diseases. She is nice to patient and takes times to answer every patient's inquiry. She speaks English.



Dr. Long is a pediatrician. He has over 12 years experience in diagnosing and treating child and newborn diseases. He has studied overseas for many years for infants and child diseases. He speaks English also.



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## JUNE 8 ▶ SAT



**Dance Performance: Boxe Boxe**, 8pm, Macau Cultural Center Grand Auditorium; MOP\$100-250, <http://www.macauticket.com>  
What would it be when modern hip-pop dance meets martial arts? Well, Boxe Boxe has all the answers. Performed by Käfig Dance Company, the dance performance Boxe Boxe is going to show the chemistry between hip-pop and kungfu. With the eye-catching dance, comes the soul-taking live music played by a string quartet.

JUNE 8-9/12  
▶ SAT-SUN / WED

**Macau International Dragon Boat Race**, Nam Van Lake Nautical Center; <http://www.sport.gov.mo/en/sites/dragonboat>  
Every year, the highlight of the celebration for the traditional Dragon Boat Festival is certainly the race. Organized by the Sport Development Board and Macau China Dragon Boat Association, the Macau International Dragon Boat Race attracts thousands of skilled athletes to participate and an increasing number of visitors to witness this great event in town.

## JUN 15 ▶ SAT

**Viennese Classics – Beethoven String Quartet Series III**, 8pm, Dom Pedro V Theatre; MOP\$40, <http://www.icm.gov.mo>  
Macau Orchestra invites you to a feast for your ears. Masterpieces of chamber music written by Hayden, Mozart and Beethoven will be played along the night. Let the classical music smooth your soul and offer you a chance to escape your daily chores.

## JUNE 22 ▶ SAT

**Cuban Rhythm**, 8pm, The Venetian Theatre; MOP\$80-150, <http://www.icm.gov.mo>  
Tiempo Libre, or literally "free time", is a group from Cuba which innovatively fuses Cuban jazz with Latin jazz. As a three-time Grammy Award nominee for three times, Tiempo Libre has made a great contribution in introducing Cuban music to the world. Audiences will be thrilled by its rhythmical melody and

surprised by the poetic and artful lyrics. Don't miss the night of fine jazz brought by this free-spirited group.

JUNE 28-30  
▶ FRI-SUN

**Baby & Child Product Expo**, 11am-8pm, CotaiExpo, the Venetian Macau; free admission, <http://www.chinaexhibition.com>  
Spend some quality time with your kids at the Baby & Child Product Expo. Different kinds of children's toys, healthy foods, learning tools and trendy children wear will be on site for selling. What's more? The organizer will also arrange various games and competitions, including the "Baby Crawling Competition" and "Children's Fashion Show" for the kids to show their talents.

JUNE 28-30  
▶ FRI-SUN

**2013 Communic Macau Expo**, 10am-7pm, Macau Fisherman's Wharf Convention and Exhibition Centre; free tickets distributed at the entrance, <http://www.communicmacau.com>  
The Communic Macau Expo is one of the finest exhibitions in Macau which combines exhibition and on site selling. More than 100 booths will be set up, showcasing the up-to-date communication products. The expo perfectly tags the current world we live in: informative, fast and entertaining.

## JUNE 29 ▶ SAT

**Concert: Cantabile**, 8pm, Macau Cultural Centre Grand Auditorium; MOP\$80-150, <http://www.icm.gov.mo>  
Spanish pianist Iván Martín will make his debut in Macau together with the Macau Orchestra and music director Lv Jia. Famed for his exquisite ways to handle Chopin's piano solos, this rising pianist will play Chopin's Piano Concerto No. 1. Besides, the Macau Orchestra will present Mozart's "Overture to the Magic Flute" and Dvořák's "Symphony No.7 in D Minor."

## ALL MONTH



**Exhibition: Vanishing Techniques**, daily 10am-7pm, Tap Seac Gallery; free admission, <http://www.macauticket.com>  
As one of the most influential philosophers in the world, Jean Baudrillard gained popularity and fame in China for his distinctive postmodern thinking. This exhibition showcases 50 of his photographic works, personally selected by his wife, Mrs. Marine Baudrillard. The items on show vividly demonstrate how this great thinker perceived the world.

**South Sea Fishing Village 1** 4F, G. T. Land Plaza, 11-13 Zhujiang Dong Lu (8398 3188); 2) Inside Liu Hua Lake Park, 903 Renmin Bei Lu (8666 8668) 南海渔村, 1) 珠江东路11-13号高德置地秋大厦4楼; 2) 人民北路903号流花湖公园内

## SHANGHAISE

Shanghai cuisine is delicate, light and well balanced in flavors. Seafood, poultry, meat and seasonal vegetables are mixed for presentation and taste.

**6000 Restaurant 1** 4F, Vanguard, 31 Yunshan Dadao, Xinhua Town, Huadu District (8680 0065); 2) No. 105 National Highway, Zhong Village, Panyu District (2383 9883) 1) 花都区新华镇云山大道31号华润万家4楼; 2) 番禺区钟村105国道

**La Colonial 1** 3/F, CITIC Plaza Shopping Centre, 233 Tianhe Bei Lu (3877 1388); 2) 2/F, Yi An Plaza, 33 Jianshe Liu Malu (8363 3915) 流金岁月沪杭私家菜, 1) 天河北路233号中信广场3楼; 2) 建设六马路33号宜安广场2楼

## SICHUAN

*Heavy on the palate, Sichuan food always creates a hot tingling sensation. There are levels of flavors to be experienced, which could be addictive.*

**Ami's Inn** East exit of tunnel, Yuejiang Lu, Haizhu District (136 0006 6880) 海珠区阅江路东边隧道出口

**Ba Shi Shop** A06 G/F, Fengyuan Bldg., 1 Tiyu Xi Lu (8523 9427, 3341 2882) 巴适成都味儿, 天河区体育西路1号峰源大厦首层A06

**Chong Qing Tao Ran Ju** 4/F, Metro Paradise, 368 Tianhe Bei Lu (3881 5762, 3880 7792) 重庆陶然居, 天河北路368号都市华庭4楼

**Chuan Guo Yan Yi** 4/F, Nanfang Securities Bldg., 140-148 Tiyu Dong Lu, Tianhe (3887 9878, 3887 9879) 川国演义, 天河体育东路140-148号南方证券大厦4楼

**Chuan Kitchen** 3/F Chateau Star River, Yingbin Lu, Panyu District (3993 6688) 品蜀风味餐厅, 番禺迎宾路星河湾酒店3楼

**S.C. Mood Restaurant 1**, Dongsan Jie, Jianshe San Malu, Yuexiu District (8376 6289) 双出味, 越秀区建设三马路东三街1号

**South Beauty Shop** 703A-704, 7/F, Teemall, 208 Tianhe Lu, Tianhe District (8559 8550/8559 4959) 天河区天河路208号天河城楼703A-704号铺

**Yu Mi Ku** G/F, Li Shui Ting Yuan, Yizhou Lu, Guangzhou Bridge South (3430 2202) 鱼米库, 广州大桥南艺洲路丽水庭首层

## YUNNAN

*Well known for its noodles and wild mushrooms, Yunnan food is fairly mild in flavor and rich in nutrition.*

**Kesmido** 133 Shipai Dong Lu, Tianhe District (8756 5186) 甘思咪咪, 天河区石牌东路上133号

**Taste Yunnan 1** Shop105, G/F, 445-459, Tianrun Lu, Tianhe District (3882 5917); 2) Shop 208, 2F, 186-192 Zhongshan Dadao Xi, Tianhe District (8552 0668) 1) 味道云南食府, 天河区天润路445-459号首层105铺; 2) 天河区中山大道西186-192号东方都会广场2楼208铺

**Xin Gui Yuan** 2-3/F, Bldg. 7, Dongshan Hotel, 44 Sanyu Lu, Yuexiu District (8762 8266) 鑫桂园, 越秀区三育路44号东山宾馆7号楼2-3层

## OTHER CHINESE

**Ant Kitchen** E8-106, SILO Creative Community, Original Element Fashion Design Center, 63 Xizeng Lu, Liwan District (6680 9228 / 6660 8815) 蚁工房, 荔湾区西增路63号原创元素创意园E8-106号铺

**Da Ye Feng Fan 1** 6/F, Grand View Mall, 228 Tianhe Lu (3833 0831) 2) 6F, China Plaza, 33 Zhongshan San Lu (8373 8588) 大椰丰饭, 1) 天河路228号正佳广场6楼; 2) 中山三路33号中华广场6楼

**Four Sea In One** Wu Zhou Zhuang Shi Cheng, Luopu Jie, Panyu District (3470 2688, 3470 0222) 四海一品, 番禺区洛浦街五洲装饰城沿江路段 (新光快线番禺沙湾出口)

**Hamalaya Restaurant & Bar** 6 Heping Lu,

Yuexiu District (8358 7299) 喜马拉雅藏餐吧, 越秀区和平路6号(近假日酒店)

**Kuai Yi 4/F**, Section A, 475 Huanshi Dong Lu (2205 0535) 快意, 环市东路475号东都大世界A区4楼

**Lanzhou Taste Restaurants** 2/F, Daysun Park Hotel, 277 Zhongshan Dadao Xi, Tianhe District (3866 9998) 陇上荟, 天河区中山大道西277号大舜晶华酒店2楼(近天河公园北门)

**Liuhua Cha Shan Fang 1**, Liuhua Lu, Liuhua Xi Yuan, Liwan (8194 5773) 流花茶膳房, 荔湾区流花路1号流花西苑内

**Qing Hui Yuan** 40/F Asian Hotel, 326-328 Huanshi Dong Lu (6128 8888-4018) 清晖苑茗食府, 环市东路326-328号亚洲国际大酒店40楼

**Regent Palace Chinese Restaurant** 4/F, Tianlun International Hotel, 172 Linhe Zhong Lu (8393 6388 ext. 3688) 建国中餐厅, 林和中路172号天伦建国大酒店4楼

**Shambhala** 2/F, Stars Building, 172 Huasui Lu, Tianhe District (2886 9000 / 2886 9111) 香巴拉素食坊, 天河区华穗路172号星辰大厦2楼(近国门酒店)

**Xihu World Restaurant** 5/F, Lady Plaza, 335 Zhongshan Si Lu, Yuexiu District (3506 6002) 西湖天地, 越秀区中山四路335号淑女城5楼

**Tai Ping Guan Restaurant** 342 Beijing Lu (8332 1305) 太平馆, 北京路342号

**Vege Zen** 42 Jinghui Lu, Yuexiu District (8107 2463) 水云天, 静慧路42号(光孝寺广场东边)

**Xi Ke** 8F, Metono Department Store, 37 Nonglin Xia Lu, Yuexiu District (8760 8000) 喜客中国料理, 越秀区农林下路37号美东百货8楼

## FUSION

**Ant Kitchen** E8-106, SILO Creative Community, Original Element Fashion Design Center, 63 Xizeng Lu, Liwan District (6680 9228 / 6660 8815) 蚁工房, 荔湾区西增路63号原创元素创意园E8-106号铺

**Aussino Wine & Dine** 37-39, Huaxia Lu, Zhujiang New Town (3883 9233) 富隆酒廊, 珠江新城华夏路37-39号(星汇园首层商舖)

**Foods 1/F**, The Ritz-Carlton, Guangzhou, Xing'an Lu, Zhujiang New Town, Tianhe District (3813 6688) 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店1楼

**Four Seas International House** A2 Wanbo Center, Yingbin Lu, Panyu (3482 2266) 四海一家, 番禺迎宾路万博中心A2

**Robata Grill & Bar** 6/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 3344) 六福岛日式扒房, 广州大道中988号广州圣丰索菲特大酒店6楼

**Senior International Cuisine Rest** 4/F, One-Link Walk, 230-232 Tianhe Lu (8883 0168) 凯悦酒家, 商务酒家, 天河路230-232号万菱汇广场4楼

## DELIVERY

**KK Rabbit Room Service** Hotline: 400 720 1717. [www.kk1717.com](http://www.kk1717.com)

**MexGourmet** (3828 9653) [mexgourmet@gmail.com](mailto:mexgourmet@gmail.com)

**Wencle** (8555 3047) [service@wencle.com](mailto:service@wencle.com)

## MIDDLE EASTERN

**1001 Nights** 899 Jiefang Bei Lu (3618 2280) 一千零一夜, 解放北路899号

**Chicken Express** ~~that's~~ 11 Jianshe Liu Malu, Yuexiu District (8376 5379) 快快基, 越秀区建设六马路11号

**Kan Zaman** 98 Taojin Dong Lu. 淘金东路98号.

**Maedah** 272 Huanshi Zhong Lu (8354 3701) 玛依达, 环市中路272号(陶瓷大厦前)

**Olala** 1/F, Guangzhou Yi Jian Building, Jian She Liu Ma Lu (8373 6526/8373 6860) 建设六马路一楼

**Dena Persian Restaurant** No.2 Heping Lu, Overseas Chinese Village, Huanshi Dong Lu

(8350 1250) 越秀区环市东路华侨新村和环市东路2号

SYRIAN

**Orient Palace** Northern side, G/F, 875 Renmin Bei Lu (beside Guangdong Art Institute) (8136 2438, 8136 2439) 芳廷餐厅, 人民北路875号首层(广东画院侧)

**Shami House** 2/F, Zhao Qing Da Sha, 304 Huanshi Zhong Lu (8355 3012, 8355 3091) 莎米屋, 环市中路304号肇庆大厦2楼

**Terrace Restaurant** 4/F, Dong Jun Excelsior Towers, 8-12 Zhongshan Ba Lu (8172 4252, 8172 2279) 阳台西餐厅, 中山八路8-12号东凌荔景苑4楼

TURKISH

**Bosphorus Restaurant** 1) Shop 9 Zhaoqing Bldg., 304 Huanshi Zhong Lu (8356 3578; 8356 3753) 2) 1 Jianshe Liu Malu, Yuexiu District (8376 7644) 铂斯土耳其餐厅, 1) 环市中路304号肇庆大厦9号铺; 2) 越秀区建设六马路1号2楼

**Istanbul Turkish Restaurant** 2/F, Dong Hai Bldg., 318 Huanshi Dong Lu (8359 6767) 伊斯坦布土耳其烧烤屋, 环市东路318号东海大厦2楼

**Ottoman Turkish** 475 Huanshi Dong Lu (8760 1227) 奥斯曼, 环市东路475号

**Sultan Restaurant Turkish BBO** 1/F - 3/F, 367 Huanshi Dong Lu, Between Baiyun Hotel and Friendship Store (8349 4170, 8349 4171) 托普卡皮土耳其烧烤餐厅, 环市东路367号1-3楼(白云宾馆与友谊商店夹位处)

TEAHOUSES

**He Qing Ju** 3/F, International Club of GZPC Bldg., Qingbo Lu, Ersha Island (3759 5001) 和清居, 二沙岛晴波路市政协大厦国际俱乐部3楼

**Shui Mu Lian Qing** 1) 27-29 Liu Yun Liu Jie, by Tianhe Nan Er Lu (8753 1233/ 8754 0198); 2) 1/F, Zuanhui Plaza, Fuhua Xi Lu, Shiqiao, Panyu District (8489 9289) 水沐莲清岭南茶艺馆, 1) 天河南二路六运六街27-29号; 2) 番禺区市桥富华西路2号钻汇广场一楼

WESTERN

BAKERY & DESSERT

**Awfully Chocolate** M50, TaiKoo Hui Shopping Mall, 383 Tianhe Lu, Tianhe District 天河路383号太古汇M50 www.awfullychocolate.com

**Baekerei** Shop 115-116, South Block, Poly Central Plaza, Jianshe Da Malu (just right opposite to Guangdong TV Center)

(139 2216 2164) 建设大马路保利中环广场南座115-116铺(广东电视台对面)

**Cheris** 1 Jianshe Liu Malu (83765086) 建设六马路1号

**Chloe's Unit** 7-9, Building 3, District 4, Beiaoyi Lu, South Olympic Park, Hanxi Dadao, Panyu District (2383 8429) 番禺汉溪大道南奥体克花园北奥一路4区3座1层7-9号

**Cornucopia Ice Cream Master** Xiadu Lu, Haizhu District (French/English: 139 2894 2789; Chinese/English: 136 0964 0604) 海珠区下渡路64号

**Dessert Kitchen** Shop A028, 4/F, Grandview Mall, 228 Tianhe Lu, Tianhe District (8550 5933) 甜品工房, 天河区天河路228号正佳广场4楼A028号铺

**Emmas Bakery** 1 Congyuan Lu, Baiyun District (opposite Poly Hotel) (3663 5171 / emmas@yeah.net) 麦子烘焙, 白云区从云路1号商辅(保利山庄酒店的对面)

**Fine Foods** 1) No. 009, G/F, Popark, Guangzhou East Station (6288 6040); 2) 133 Huasui Lu, Zhujiang New Town (3804 9429); 3) Shop 119, Voka Street, 460 Tianhe Bei (8558 3622); 4) No.10f 23, Jianshe Si Malu, Yuexiu District (8356 1245); 5) No.301(1), Business and Food Center, Fisherman Wharf, Riverside Garden, Panyu (3452 0968) 1) 火车东站东方宝泰首层009铺; 2) 天河区珠江新城华林路133号; 3) 天河北路460号沃凯商业街119铺(8558 3622); 4) 越秀区建设四马路23号之一; 5) 番禺丽江花园渔人码头三楼301(1)

**L-Art Shop** 105, 27 Huali Lu, Zhujiang New Town (3726 8565) 艺术之上, 天河区珠江新城华利路27号105号铺

**Isabella designer cake** 53 Judenan Lu, Haizhu District (8956 7567) Isabella 创意蛋糕, 海珠区聚德南路53号. Isabella\_cydg@126.com

**Mar-Tea-Ni** Sofitel Guangzhou Sunrich lobby, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 3301) 马天尼, 广州大道中988号广州圣丰索菲特大酒店大堂

**Panificio Mincuzzi** Shop 6, 1/F, 1 Guigang Da Malu, Yuexiu District (139 2641 8882) 明古志面包坊, 越秀区龟岗大马路1号首层6号铺

**Savour de Normandie** Shop 102, 94 Tianhe Nan Yi Lu, Tianhe District (3734 3052) 纱华诺曼底, 天河区天河南一路94号102

**Wagga wagga** Booth A155, 1/F, Guangming Plaza, 63 Xihu Lu, Yuexiu District (8389 2625) 华家甜品屋, 越秀区西湖路63号光明广场一楼A155铺

AMERICAN



**Element Fresh** Shop L302, TaiKoo Hui, 383 Tianhe Lu, Tianhe District (3808 8506) 新元素, 天河区天河路383号太古汇广场L302店

**13 FACTORIES** No. 7 Tiyu Xi Lu Tianhe Bei Jie (SW corner of Chengjian Tower, near Tianhe Dasha North Gate) (3884 9230) 十三行, 体育西路天河北街7号(城建大厦西南角, 天河大厦北门)

**Burger King** 1) 3/F, Grandview Plaza, 228 Tianhe Lu (3833 1781); 2) Shop #2-#4, 1/F World Trade Center, 371-375 Huanshi Dong Lu; 3) Shop 18, MU, TaiKoo Hui, 383 Tianhe Lu; 4) West Section, 2/F, annex building, Guangzhou East Station, Tianhe District (38465289) 汉堡王, 1) 天河路228号正佳广场3楼; 2) 环市东路371-375号广州世界贸易中心大厦首层#2-#4号商辅(环市东路与海金路交汇处); 3) 天河路383号太古汇商场裙楼MU层18号商辅; 4) 天河区东站路综合楼裙楼二楼西区

**Gail's Place American Food & Bar** 1/F, Stars Bldg., 172 Huasui Lu, Zhujiang New Town (Metro Zhujiang New Town Sta. Exit A2 or B1) (8350 1667) 珠江新城华穗路172号星辰大厦首层02铺

**The Brew Sports Bar & Grill** 1) Unit 9-11 (next to ICBC) Country Garden South Entrance Plaza on Panyu Dadao. Across the road from Chimelong Theme Park. (135 6023 1914); 2) West Section, Bao Lin Yuan, Huaxun Jie, Zhujiang New Town; 3) Shop 11-13, YuHui Food Court, 1 Jianshe Liu Malu, Yuexiu District (186 8847 1899) 1) 番禺大道华南碧桂园商业2街9-11号; 2) 珠江新城华讯街保林苑西区加拿大布鲁咖啡馆, 近发展中心; 3) 越秀区建设六马路誉海食街11-13号铺

BRITISH

**The Covent Garden** 1) G/F, Wells International Apartment, 2 Huaqiang Lu, Zhujiang New Town, Tianhe District (3806 5151/ 3806 5757) 高芬园英伦酒吧餐厅, 珠江新城华强路2号富力盈丰122铺

**The Tavern Sport Bar** Traditional English style bar that fosters a cosy intimate at-

mosphere. Both Taverns offer an extensive menu of western favorites, and different theme nights through out the whole week, also with wholesome substantial fare. It maybe the best place to meet and the place to be in the Guangzhou to relax and meet up with your friends to raise a glass or two! 1) Poly 108, 6 Huajiu Lu, Zhujiang New Town (8550 3038); 2) The right side of the front gate of the South China Country Garden, Yingbin Lu, Panyu District (3482 4882/3482 4886) 致盛, 1) 珠江新城华就路6号保利108公馆(广州市房管局对面); 2) 番禺迎宾路华南碧桂园大门右侧

FRENCH

**2 on 988 All Day Dining** 2/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 3304) 全日制餐厅, 广州大道中988号广州圣丰索菲特大酒店2楼

**37°2 Lotus** 7 Tiangshun Chu, Huanshi Dong Lu (8359 1157) 环市东路天胜村7号

**Alsace Village** B01&02, No.75 Tianhe Dong Lu, Tianhe District (8559 3595) 爱塞斯法国餐厅, 天河东路75号负一层

**Bistro Carte Blanche** N25, A3, Huali Lu, Zhujiang New Town (3838 5406) 法国小厨, 珠江新城华利路25号

**Chateau Grillroom** 2/F Chateau Star River, Yingbin Lu, Panyu District (3993 6688) 圣爵, 番禺迎宾路星河湾酒店2楼

**Chez Max** Central Plaza Ground Floor, 38 Huale Street, Yuexiu District (Just behind the garden Hotel) (8360 2157) 越秀区华乐路38号广怡大厦一层拐角处(花园酒店后边靠近青龙坊)

**Connoisseur** 26 Tianhe Dong Lu, Tianhe District (8757 0100) 名仕阁, 天河区天河东路26号

**Jardin d'Olive** 101, 48, Tiyu Xi Lu, Tianhe District (8750 6440) 橄榄园, 天河区体育西路48号101

**La Marina MOULES-FRITES RESTAURANT & BAR** Shop G20, 10 Xingsheng Lu, Zhujiang New Town, Tianhe District (3888 0805) 天河区珠江新城兴盛路10号兴盛汇C20铺(近保利心语花园)

**La Seine** 1F, Xinghai Concert Hall, 33 Qingbo Lu, Er Sha Island (87352531) 塞纳河, 二沙岛晴波路33号星海音乐厅首层

**Le Geme avenue** 3/F, 3 Jianshe Liu Malu., Yuexiu District (8373 6688) 越秀区建设六马路3号3楼

**Le Grill** 6/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 3344) 广州大道中988号广州圣丰索菲特大酒店6楼

Advertisement for Wales International Medical Center. Includes text: 'Wales International Medical Center is conveniently located within the center of Guangzhou City adjoining the Guangzhou East Railway Station and IKEA. With the highly experienced foreign doctors, qualified nursing team and professional English, Japanese interpreters, we have been serving our expatriate clients for years and will continue to provide high quality medical services covering Physical Checkups, Vaccinations, Immediate Labresults etc.' and lists of services like 'Traditional Chinese Massage', 'Acupuncture', 'Dental', 'Cosmetic', etc. with photos of staff and patients.

**Le Saint-Tropez** **thaty** 1 Jianshe Liu Ma Lu (8388 0441) 紫色餐厅, 建设六马路4号

**Les Trois Gros Bistro** NO.15 Xincheng Jie, Tianhe Dong Lu (38815507) 三人行, 天河东路信城南街15号

**Lutèce French Cuisine** 105/F, the Canton Tower, 222 Yuejiang Xi Lu, Haizhu District (8933 8091) 卢特斯法国旋转餐厅, 海珠区阅江西路222号广州塔105层

**Noble Café** 5/F, IFP Plaza, 8 Huaxia Lu, Zhujiang New Town (3833 6168) 贵仕法式餐饮, 珠江新城华夏路8号合景国际金融广场5楼(近广州歌剧院)

**Orient Express French Restaurant** Bldg.1.1 Shanjian Bei Jie (8121 8882) 车卡, 沙面北街1号之一

**Paris Jie** NO.110 Bao Lin Yuan, Huajiu Lu, Zhujiang New Town (3804 9767). www.parisjie.com. 巴黎街法国餐厅, 珠江新城华就路保林苑110号

**Saint German** A11, Zhujiang Party Pier Art & Creative Area, Yuejiang Xi Lu, Exit of Modiesha Tunnel, Haizhu District (189 2219 7627/ 131 4577 6469) 海珠区阅江西路磨碟沙隧道口珠江琶醍啤酒文化创意园A11

GERMAN

**1920 Restaurant** 1) 183 Yanjiang Zhong Lu (8333 6156); 2) 4/F, 1 Jianshe Liu Ma Lu; 3) Shop67, 69, 72 & 76, The Canton Place, Qingfeng Jie, Zhujiang New Town (8388 1142) 1920咖啡厅, 1) 沿江中路183号; 2) 建设六马路一号前幢4楼; 3) 天河区珠江新城清风街48号广粤天地67、69、72、76号铺

**Paulaner Bräuhaus** L307, Level 3, TaiKoo Hui Shopping Centre, 383 Tianhe Lu (2808 6333) 宝莱纳, 天河区天河路383号太古汇广场L307

**Long Bar** inside the Dragon Lake Princess Hotel, Huadong Town, Huadu District (3690 8888) 龙吧德国餐厅, 花都区花东镇九龙湖社区九龙湖公主酒店内

**THE BEAST Bar & Bistro** No.262 East Gate Business Jie, Phoenix City, Guangyuan Dong Lu (8280 8040) 野人吧, 广园东路碧桂园凤凰城东门商业街262号

**Wunderbar Bavarian Bar & Restaurant** G/F, Xiang Long Garden, 175-181 Tianhe Bei Lu (87555564) 运达餐吧, 天河北路175-181号祥龙花园首层(市长大厦西面)

ITALIAN

**AN-TICO** Shop L 304, 3/F, TaiKoo Hui, 383 Tianhe Lu (8550 9028) 天河路383号太古汇商场裙楼第三层L304号

**Aquacotta** 1) 69 Binjiang Dong Lu, Haizhu Bandaogarden, Haizhu District (3425 8159); 2) Shop 17, Clifford food court, Clifford estate, Panyu District (8471 1040) 半岛西餐酒廊, 1) 海珠区滨江东路69号(海珠半岛花园); 2) 番禺区祈福新村祈福食街17号店



**ANIMA & CORE** 4/F, 1 Jianshe Liu Ma Lu, Yuexiu District (8381 7200) 依依不舍, 越秀区建设六马路1号之后栋四楼

**Bene Italian Restaurant** 3/F, Sheraton Guangzhou Hotel, 208 Tianhe Lu, Tianhe District (6668 8888) 班妮意大利餐厅, 天河区天河路208号粤海喜来登酒店3楼

**Bocca Kitchen + Bar** Shop110, Building T25, The Canton Place, Haifeng Lu, Zhujiang New Town (8759 1558) 珠江新城海风路凯旋新世界T25栋110铺

**Buonogiorno** 1) 3/F, Yi An Plaza, No 33 Jianshe Liu Ma Lu (8363 3587); 2) A7, Xinshijie

Haoyuan Diyi Ju, 168 Dongcheng Nan Lu, Dongguan (0769 2339 6499) 邦奴意大利餐厅, 1) 建设六马路宜安广场3楼; 2) 东莞市东南南路168号新世界豪园第一层A7号

**Caffe Mondo** 72/F, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3373) 意珍, 天河区珠江新城珠江西路5号广州四季酒店72楼

**Casa Louisa** 3-5, Bao'an Qian Jie, Da Dao Lu, Yuexiu District (8766 4407) 卡莎西餐厅, 越秀区达道路保安前街3-5号

**CasaBella Italian Cuisine** 418 Yanjiang Dong Lu, Yuexiu District (182 1867 6585/ 182 1867 6596) 越秀区沿江东路418号海港城南门(大沙头公交站对面) 珠江美食天地

**COMO's Italian Restaurant** G18, 17 Xingsheng Lu, Zhujiang New Town, Tianhe District (137 6078 8424) Como多莫意大利餐厅, 兴盛路17号G18(近兴盛汇)

**Danny's Bagel Italian Restaurant** 4/F, Wei Jia Si Int'l Furniture Centre, 188 Huangpu Dadao Xi (8756 1993) 丹尼百吉意大利餐厅, 黄埔大道西188号维家思广场4楼

**Deluxe Rooftop Garden Cuisine & Lounge** 5/F, OneLink Walk, 230-232 Tianhe Lu (8883 0188/ 8883 0198) 悦·空中花园餐厅, 天河路230-232号万菱汇5楼

**Il Forno** Shangri-La Hotel, 1 Huizhan Dong Lu (8917 8888 ext 6418) 爱佛罗, 香格里拉大酒店会展东路1号

**Il Ponte** 2/F Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3636) 天河区林和西横路215号广州天河新天希尔顿酒店二层

**Landmark Bistro** 107, E, Building, G.T Land Plaza, No.13 Zhujiang Dong Lu, Tianhe District (8398 3353) 天河区珠江东路13号高德置地广场E座107兰德里马克西餐厅

**Love it** Shop 103, 28 Liede Dadao, Tianhe District 天河区猎德大道28号珠江道商业广场103号铺

**Limoni** 3/F, The Ritz-Carlton, Guangzhou, Xing'an Lu, Zhujiang New Town, Tianhe District (3813 6688) 意轩, 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店3楼

**Milan** 2/F, East Railway Station (opposite of GZ-Kowloon Ticket Box)(6130 0331) 米兰西餐厅, 天河东站2楼(广九售票处对面)

**Milan 98** 20 Guigang Yi Ma Lu, Yuexiu District (3761 4015) 米兰98, 越秀区龟岗一马路20号

**Milano's** 3-103 Xincheng Bei Jie, Tianhe Dong Lu (3881 0594) 米兰意大利西餐厅, 天河东路信诚北街3号103铺

**OGGI Trattoria & Pizzeria thaty** 1) 1 Tiyu Dong Lu, Tianhe District (by Huangpu Da-Dao) (8751 5882); 2) Shop 106, the Canton Place, Qingfeng Jie, Zhujiang New Town (3862 0357/3862 0240) 卡布里西餐厅, 1) 天河区体育东路1号(近黄埔大道); 2) 珠江新城清风街广粤天地106 www.oggirestaurant.com

**Prego** 40/F, Westin Guangzhou, 6 Linhe Zhong Lu (2826 6968) 林和中路6号广州天誉威斯汀酒店40层

**Sa Mesa** 1) Shop 123, Poly Xinyu Garden, 31 Xingguo Lu, Zhujiang New Town (134 1119 7897); 2) Tianlun Garden, Jianshe Si Ma Lu (8356 1440); 2) Xingchen Building, 53 Huali Lu, Zhujiang New Town (3825 8467) 1) 天河区珠江新城华利路53号星辰大厦; 2) 天河区珠江新城兴国路31号保利心语花园123号铺

**The Italian Restaurant** 3/F, East Tower, Zhujiang Bldg., 360 Huanshi Dong Lu (8386 3840) www.xiaojiefengqing.com 小街风情, 环市东路360号珠江大厦东座3楼

**Tomatoes Pizzeria** 1) Guangzhou Yijian Building, No. 3 & 7 Jianshe Liu Ma Lu, Yuexiu District (8768 6696); 2) 107 Bao Ye Yuan, Huajiu Lu, Zhujiang New Town (3804 9551); 3) G5, 11 Xingshang Lu, Zhujiang New Town (3839 9523) 1) 建设六马路3.7号广州一建大厦; 2) 珠江新城华就路宝业园107号; 3) 天河区珠江新城兴盛路11号兴盛汇G5

**Vino** G/F 445 - 459 Tianrun Lu, Tianhe District (3890 4385) 天河区天润路445 - 449号 cafevino@163.com

LATIN AMERICAN

**Chicken piopio** Shop 11, Milan Jie, 1-15 Zhanxi Jie, Huanshi Xi Lu (8668 0302) 环市西路站西街1-15号首房米兰街11铺

**Latina Restaurant** 1) 3/F, Wing Kin Square, 29-31 Jianshe Liu Ma Lu (8331 9118); 2) Booth A001, 3/F, Grandview Plaza, 228 Tianhe Lu (3833 0052); 3) B1, Tong Tong Trade City, 101 Guangyuan Xi Lu, Baiyun District (6219 0808) 拉丁餐厅, 1) 建设六马路29-31号荣建大厦3楼; 2) 天河路228号正佳广场3楼A001铺; 3) 白云区广园西101号通通商厦B1楼

**Tekila** 2/F, 11 Jianshe Liu Ma Lu (83816996) 特其拉餐厅, 建设六马路11号二楼

PIZZA

**Aquacotta** 1) 69 Binjiang Dong Lu, Haizhu Bandaogarden, Haizhu District (3425 8159); 2) Shop 17, Clifford food court, Clifford estate, Panyu District (8471 1040) 半岛西餐酒廊, 1) 海珠区滨江东路69号(海珠半岛花园); 2) 番禺区祈福新村祈福食街17号店

**OGGI Pizzeria thaty** G/F, Tianlun Garden, Jianshe Si Ma Lu (8356 1196) www.oggirestaurant.com 建设四马路天伦花园首层

**Pizza2Pizza** 1) Shop 7, 41, Zhongshan Ba Lu, Liwan District (8172 4131); 2) Shop2, 614 Tianhe Bei Lu, Tianhe District. (3879 5995, 3879 5997); 3) No.5, Shop4, 304 Huanshi Zhong Lu (8351 7300 8351 7302) 爱披萨, 1) 荔湾区中山八路41号首层7档; 2) 天河区天河北路614号2号铺; 3) 环市中路304号肇庆大厦4号铺之5号铺

**Pizza Q** Shop 12, Dongwu Jie, Jianshe Er Ma Lu, Yuexiu District (8388 0742) 必吃披萨, 越秀区建设二马路东五街12铺(近天伦花园)

**Tomatoes Pizzeria** 1) Guangzhou Yijian Building, No. 3 & 7 Jianshe Liu Ma Lu, Yuexiu District (8768 6696); 2) 107 Bao Ye Yuan, Huajiu Lu, Zhujiang New Town (3804 9551); 3) G5, 11 Xingshang Lu, Zhujiang New Town (3839 9523) 1) 建设六马路3.7号广州一建大厦; 2) 珠江新城华就路宝业园107号; 3) 天河区珠江新城兴盛路11号兴盛汇G5

RUSSIAN

**Arbat Restaurant** G6 shop, XING SHENG HUI, No.17, Xing Sheng Road, Zhujiang New Town, Tianhe District (metro station Liede, Exit D) (3847 9186) 天河区珠江新城兴盛路兴盛汇17号G6铺

**Ukrainian Restaurant thaty** 20 Taihe Gang, Yuexiu District (6120 7070) 卡利娜餐厅, 越秀区太和岗20号

SPANISH

**El Espanol** 1) Unit 22, 2/F East Plaza, World Trade Center, NO.371 Huanshi Dong Lu (8730 2610) 2) Shop112, 9 Xingsheng Lu, Zhujiang New Town, Tianhe District (3802 9039) 1) 爱思达, 环市东路371号世贸大厦东广场二楼222铺; 2) 天河区珠江新城兴盛路9号112铺

OTHER WESTERN

**Element Fresh** Shop L302, TaiKoo Hui, 383 Tianhe Lu, Tianhe District (3808 8506) 新元素, 天河区天河路383号太古汇广场L302店

**2 on 988 All Day Dining** 2/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 3304) 全日餐厅, 广州大道中988号广州圣丰索菲特大酒店2楼

**37\*2** 1) Booth 10-14, Lanse Kangyuan, Minggang Jie, Binjiang Dong Lu (8414 0480); 2) G/F, No.29 Tianshou (3832 4725) 1) 滨江东路蓝色康园明康街10-14号铺; 2) 天寿路29号地下

**Bocca Café** No. 110 Shop, T25 Building, Central Park-view, Haifeng Lu, Zhujiang New Town (8759 1558) 珠江新城海风路凯旋新世界T25栋110铺

**Café @ 2** 2/F Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3687) 天河区林和西横路215号广州天河新天希尔顿酒店二层

**Café Cascade** Holiday Inn, 28 Guangming Lu, Huanshi Dong Lu (6122 3141) 响泉咖啡厅, 环市东路光明路28号假日酒店

**Café Veranda** 2/F, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext 3248)

丽廊咖啡厅, 流花路122号中国大酒店2楼

**City Bistro** 5/F, Guangzhou Marriott Hotel Tianhe, 228 Tianhe Lu, Tianhe District (6108 8888 ext.8370) 都会尚膳, 天河区天河路228号广州正佳广场万豪酒店5楼

**Club Basement** Basement Floor, Building A Tianlun Garden, 26, Jianshe Si Ma Lu, Yuexiu District (8356 0899) 天悦汇时尚会所, 越秀区建设四马路26号天伦花园A座负一层

**Catch 100/F**, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3300) 佰江鲜, 天河区珠江新城珠江西路5号广州四季酒店100楼

**Dream Garden Organic Restaurant** G/F, Guangdong Museum of Art, by the Pearl River, No.38 Yanyu Lu (8732 0368/8732 0488) 二沙岛烟雨路38号(广东美术馆江堤首层)

**E-café** 2/F Chateau Star River, Yingbin Lu, Panyu District (3993 6688) 番禺迎宾路星河湾酒店2楼

**Ebony** 4/F, Mandarin Oriental, Guangzhou, 389 Tianhe Lu, Tianhe District (3808 8884) 天河区天河路389号广州文华东方酒店4楼

**Edge** Shop 201, 2/F, 26 Jianshe Si Ma Lu (8305 6433) 建设四马路26号2楼201铺

**Feast** 2/F, Sheraton Guangzhou Hotel, 208 Tianhe Lu, Tianhe District (6668 8888) 盛宴全日自助餐厅, 天河区天河路208号粤海喜来登酒店2楼

**Fresh All-day Dining Restaurant** 5/F, Crowne Plaza Guangzhou City Centre, 339 Huanshi Dong Lu (8363 8888 ext 88318) 环市东路339号广州中心皇冠假日酒店五楼

**Fine Foods** 1) 23 Jianshe Si Ma Lu (8356 1245); 2) No. 009, Ground Floor, Sky Metro, Guangzhou East Station(6288 6040) 3) Business Wharf, Riverside Garden, Panyu (3452 0968); 4) 127, Huasui Lu, Zhujiang New Town, Tianhe District (3804 9429) 5) JUSCO, TB221, No. 63, Linhe Zhong Lu, Tianhe District (3891 1341) 6) Voka Street, Shop 119, 460 Tianhe Bei Lu, Tianhe District (8558 3622) 1) 建设四马路23号之一; 2) 东站天汇城广场首层009号商舖; 3) 番禺丽江花园渔人码头3层301室; 4) 天河区珠江新城华穗路127号; 5) 天河区林和中路63号TB221; 6) 天河北路460号沃凯商业街119铺(原南岗海鲜城)

**G 22/F**, Grand Hyatt Guangzhou, 12, Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8396 1234-3423) 天河区珠江新城珠江西路12号富力君悦酒店22楼

**Garden Café** Crown Plaza Guangzhou Huadu, 189 Yingbin Dadao, Huadu District, Guangzhou (020 3690 0888 ext. 8266) 园景咖啡厅, 广州花都迎宾大道189号广州花都皇冠假日酒店

**Hooley's Irish Pub and Restaurant** 101, 8 Xingsheng Lu, Zhujiang New Town (3886 2675/ 18620114317) 爱尔兰西餐酒吧, 珠江新城兴盛路8号101

**Home Kitchen** 1/F, Royal Tulip luxury Hotels Carat Guangzhou, 388 Guangyuan Zhong Lu (3732 1622) 广州卡丽皇家金煦酒店西餐厅, 广园中路388号酒店一楼

**HQV268** 268 Binjiang Xi Lu, Haizhu District (8441 8016) 品悦268, 海珠区滨江西路268号

**Joyce's Kitchen restaurant and bar** 112-113 shop, 2 Huali Lu, Zhujiang New Town (3888 2713) 珠江新城华利路2号112-113铺www.joycesgz.com. info@joycesgz.com

**Mos Burger** B2, Popark Plaza, 63 Linhe Zhong Lu, Tianhe District (38911139) 摩斯汉堡, 天河区林和中路63号东方宝泰购物广场B2楼

**No. 9 Garden** 1, 9, Jianshe Liu Ma Lu, Yuexiu District (8376 6197); 2) WM28, Foshan Lingnan Tiandi, Chancheng District, Foshan (0757 8335 6510) www.no9garden.com 9号花园, 1) 越秀区建设六马路9号; 2) 佛山禅城区岭南天地WM28

**Oakroom Restaurant & Bar** 16/F, Oakwood Premier Guangzhou, 28 Tiyu Dong Lu, Tianhe District (3883 2828/ 3883 3883 ext 6704) 天河区体育东路28号广州方圆奥克伍德豪景16楼

**Oys Wine House** 7 Xingsheng Lu, Zhujiang New Town (38778010) 珠江新城兴盛路7号, 领峰园102铺

**Pantry Deli Shop** Hotel Lobby, Sheraton

Guangzhou Hotel, 208 Tianhe Lu, Tianhe District (6668 8888) 百萃美味点, 天河区天河路208号海喜来登酒店大堂

**Poolside Bar and Grill** Shangri-La Hotel, 1 Huizhan Dong Lu, Haizhu District (8917 8888 ext 6422) 泳池吧, 会展东路1号香格里拉大酒店

**Prime 4/F**, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext 3468) 扒房, 流花路122号中国大酒店4楼

**Perma Shop** 36 Jianshe Wu Malu, Yuexiu District (8380 7050) 朴门面包工房, 越秀区建设五马路36号

**Pétrus Grill Room** 3/F, Lobby 1, Chimelong Hotel, Panyu Dadao, Panyu District (8478 6838) 帕图斯扒房, 番禺大道隆酒店1号大堂3层

**REBEL REBEL** 42 Tiyu Dong Lu, Tianhe District (8520 1579) 天河区体育东路42号 www.rebelrebel.com

**Ribera Mediterranean Cuisine** 418 Yanjiang Dong Lu, Yuexiu District (182 1867 6621 / 1821867 6771) 越秀区沿江东路418号海港城南门(大沙头公交站对面) 珠江美食天地

**Seasonal Tastes** G/F, The Westin Pazhou, Area C, Guangzhou International Convention & Exhibition Center, 681 Fenggu Zhong Lu, Haizhu District (8918 1206) 知味西餐, 海珠区凤浦中路681号广州国际会议展览中心C区广州广交会威斯汀酒店首层

**SENSES** 1/F, Hilton Guangzhou Baiyun, 515-517 Yuncheng Dong Lu, Baiyun District (6660 0666 ext 6205) 超越自助餐, 白云区云城东路515-517号白云万达希尔顿酒店1楼

**Shovel&Bell** Shop 10, G/F, 57 Huali Lu, Zhujiang New Town (2292 6262) 天河区珠江新城华利路57号星辰大厦1楼10号铺

**Sleeping Flower** 1) No. 30 Liede Dadao, Zhujiang New Town (3824 5100); 2) No. 8 Yulei San Jie, Tiyu Xi Lu (8559 1023) 1) 莲花大院, 珠江新城猎德大道30号(美西超市对面); 2) 莲花小院, 天河区体育西横路育蕾三街8号(近工商银行)

**Subway** 1) No. 6-7, 11 Jianshe Liu Malu (8376 7211); 2) Unit 102, Ping An Bldg., 160 Tiyu Dong Lu (3888 3483); 3) 112-113, G/F, Jiao Yi Plaza, 268, Dongfeng Zhong Lu, Yuexiu District (8332 0471); 4) 1/F, 16-18 Xianglong Garden, 181, Tianhe Bei Lu (3846 0849); 5) Shop 05, West Section, Poly Champagne Garden, 38, Huali Lu, Zhujiang New Town (3825 9855); 6) Shop A, 579 Tianhe Bei Lu (3849 1681); 7) 1/F, Rear Bldg., 14, Zhongshan San Lu (8388 3303); 8) Store 4-5, 1/F, 98-110, Taojin Lu (8349 2820) 1) 建设六马路11号6-7号铺; 2) 体育东路160号平安大厦102铺; 3) 越秀区东风中路268号交易广场首层112-113; 4) 天河北路181

号祥龙花园16-18号; 5) 珠江新城华利路38号保利香槟西区05铺; 6) 天河北路579号A铺; 7) 越秀区中山三路14号后座首层; 8) 淘金路98-110号首层4-5铺

**Twist Mediterranean Restaurant** Add.: 106/F, the Canton Tower, 222 Yuejiang Xi Lu, Haizhu District (8933 8092) 璇玑自助餐, 海珠区阅江西路222号广州塔106层

**The Birdie Barbecue** 418 Yanjiang Dong Lu, Yuexiu District (182 1867 6560 / 182 1867 6825) 越秀区沿江东路418号海港城南门(大沙头公交站对面) 珠江美食天地

**The Carousel** 30/F, Garden Hotel, Huanshi Dong Lu (8333 8989 ext 3986) 凌璇阁, 环市东路花园酒店30层

**The Cascade Café** 1/F, Garden Hotel, 368 Huanshi Dong Lu (8333 8989-3909) 观瀑廊咖啡厅, 环市东路368号花园酒店1楼

**The Eatery** 1/F, Four Points by Sheraton Guangzhou, Dongpu, No.1 Jingying Lu, Hucailu, Dongpu (3211 0720) 客乐, 东圃江彩路香映路1号广州东圃合景福朋喜来登酒店1楼

**Ting's Place Shop** 129-131, G/F, West Point Centre (8123 4028) 丁煮场, 中山七路51号富邦中心首层129-131号铺

**The world taste** 1 Shamian Dajie (8121 5492) 乐意生活, 沙面大街1号(沙面东桥右侧)

**V Life Shop** 108, 16 Huacheng Dadao, Zhujiang New Town, Tianhe District (3276 6363) 维生素, 珠江新城花城大道16号108铺

**Wilber's** 62, Zhu Si Gang Er Malu, Yuexiu District (3761 1101) 竹丝岗二马路62号

## WINE

**19online.cn** G/F & 7/F, Yue Hai Bldg., 472, Huanshi Dong Lu (8769 1919) 烟酒在线, 环市东路472号粤海大厦首层及七层

**ASC Fine Wine** 1109, Tower B, Centre Plaza, 161 Linhe Xi Lu (8666 8683, 8666 8021; Fax 3631 5005) 圣皮尔精品葡萄酒, 天河区林和西路161号中泰广场B3楼1109

**Aussino World Wines** Rm2017, Southern Securities Bldg., 148 Tiyu Dong Lu (3887 9081) 富隆酒窖, 体育东路148号南方证券大厦2017室

**ArtoVino Cellar Guangzhou** Unit 105, 70 Jinsui Lu, Zhujiang New Town, Tianhe District (3802 9543) 广州香堡酒庄, 珠江新城金穗路70号105铺

**Chateau Kiwi** 1) 215 Huanshi Zhong Lu, Yuexiu District (8666 8681); 2) East gate of Guangdong Museum of Art, 38 Yanyu Lu, Ersha Island (8666 8681). 奇异庄园, 1) 越秀区环市中路215号; 2) 二沙岛烟雨路38号广

东美术馆东门

**Dante Wines** Room B10, 2/F, Yuedian Garden, 77, Nanan Lu, Liwan District (8108 0299), 荔湾区南岸路77号粤电花园2楼B10室

**East Meets West Fine Wines** Room 2015, Baihui Square, 193 Zhongshan Wu Lu, Yuexiu District (8327 4162) 由西往东(上海)贸易有限公司深圳分公司, 越秀区中山五路百汇广场2015号 www.emw-wines.com

**Everwine** 108 Qing Feng Street, Zhujiang New Town, Tianhe District (3821 2195) 天河珠江新城海风街108号

**Everwise Wine Ltd.** D7, 15F, Jian He Centre, 110 Tiyu Xi Lu (3880 4860) 永醇酒业, 体育西路110号建和中心15楼D7

**Fe Club** 2 Xiancun Lu, Zhujiang New Town (3803 5176 / 3807 8176) 翡梵酒窖, 珠江新城洗村路2号博雅首府首层炳珠珠江新城店旁

**Fionson** Room 1110, Fuli YinXin Plaza, 28 Hua Xia Lu, Tianhe District (8560 1556) 飞昂酒业, 天河区华夏路28号富力盈信大厦1110单元

**Frescobaldi Italian Wine Shop** Shop 104, R&F Goodrich Building, 2 Huaqiang Lu, Zhujiang New Town (3899 3338) 托斯卡纳花思葡萄酒, 珠江新城华强路2号富力盈丰大厦104号铺

**Int'l Wines & Spirits Service** Guangzhou Kuang Shan Ji Xie Chang, 11, Jianshe Da Malu (Fax: 8383 9071) 国际名酒网路服务, 建设六马路11号广州矿山机械厂内

**J & J Wine and Food Club** Rm 308, Bercy Plaza, Sinopec Tower, 191, Tiyu Xi Lu (3892 2336) 嘉越酒业, 体育西路191号中石化大厦柏西商都308铺

**Jebsen Fine Wines** 28/F, Tower B, China International Centre, 33 Zhongshan San Lu (8713 7155) 捷成中国贸易有限公司, 越秀区中山三路33号中华国际中心B塔28楼 www.jebsenfinewines.com

**Jointek** 1) Shop 57-60, Section C, Dongdu Da Shi Jie, 475 Huanshi Dong Lu (8769 6288) 2) next to the Huashan Hotel, Yuexiu District (8756 9109) 骏德酒业, 1) 环市东路475号东都大世界C区57-60号铺; 2) 越秀区华山宾馆旁

**Justwine Cellar Chain Store** 1) 90, Tianhe Nan Yi Lu, Tianhe District (8758 0807); 2) Unit 11-3, G/F, Guangzhou International Trade Centre, Tianhe Bei Lu, Tianhe District (3825 0440) 神之酒滴葡萄酒连锁店, 1) 天河区天河南一路90号; 2) 天河区天河北路广州国际贸易中心地铺一层11-3单元

**Just Wine** 1/F, Tianlun Garden, 21 Jianshe Si Malu, Yuexiu District (8356 7787, for English: 15818167609, for Chinese reservation: 13922100866) 御领小酒庄, 越秀区建

设四马路21号天伦花园首层力美健身

**King Wine Co Ltd** 39/F, Asia International Hotel, No.326, Huanshi Dong Lu (8386 8928) 环市东路326号亚洲国际大酒店39楼

**Mouton Cadet Wine Bar** 9, Jianshe Liu Malu, Yuexiu District (8376 6197) 越秀区建设六马路9号

**Ocheers** Rm. 2403, Tian Jun International Bldg., 365, Tianhe Lu (400-716-0919 www.ocheers.cn) 进口葡萄酒专卖, 天河路365号天俊国际大厦2403室

**Oh Marco Cellar** 4-5Yiyuan Lu, Haizhu District (in front of the T.I.T) (3448 2809) 海珠区艺苑路9号之四自编04.05房 cellar-guangzhou@ohmarco.com

**Pearl Cellar** 11-23, Mingyue Yi Lu, Guanagzhou Dadao Zhong (8738 7233) 凯盛酒窖, 广州大道中明月一路11-23号凯盛会首层; G/F, 119 Taojin Dong Lu 珀思酒窖, 淘金东路119号首层

**Red Bar Small Wine Cellar** 62 Shuiyin Lu, Guangzhou Dadao Zhong (8739 3056) 广州大道中水荫路62号

**Saint Cellar** Shop 140, Lixun Shangzhu, 22, Haiming Lu, Zhujiang New Town (3821 7249) 盛世酒窖, 天河区珠江新城海明路22号力迅上筑140号铺

**Summergate** Unit 2409, 24/F, China International Center, Bldg. B, 33, Zhongshan San Lu, Yuexiu District (2883 6800) www.summergate.com 美夏, 越秀区中山三路33号中华国际中心B塔24层2409单元

**Torres China Guangzhou Office** Rm G, 6/F, Jianhe Building, 111-115 Tiyu Xi Lu, Tianhe District (Tel: 3887 0367; fax: 3887 0429) info@torres.com.cn 桃乐丝葡萄酒贸易有限公司, 天河区体育西路111-115号建和中心6楼G室

**Vins** 631 Hongfa Building, 19-21 Tianhe Nan Er Lu 汇斯酒业, 天河南二路19-21宏发大厦631

**Vini la Quercia** 226 Xihua Lu, Liwan District (8194 9981) 莱歌酒庄, 荔湾区西华路226号

## NIGHTLIFE

**1127 Club** Venice Hotel, Changdi Da Malu (2883 1127) 长堤大马路威尼斯酒店

**136 Sleeping Wood** 195 Yanjiang Zhong Lu (8318 1198) 枕木136, 沿江中路195号

**1881 bar** 83 Changdi Da Malu (3999 1881/3999 5858) 长堤大马路83号

**5 Club Five** B08, Party Pier, Yuejiang Xi Lu, Haizhu District 阅江西路(磨碟沙隧道)珠江琶醍啤酒文化创意艺术区B08

# ANIMA & CORE

## ITALIAN RESTAURANT

广州市依依不舍餐饮有限公司  
心园意大利餐厅

The restaurant Anima & Core Italian Restaurant was born from the initiative of a group of Italians, who miss the taste of real Italian cuisine.

Our capabilities allow us to make you taste delicious cured meats and cheeses accompanied by homemade preserves and marmalades of quality without preservatives nor dyes. A unique culinary experience, which is complemented with our dessert and fragrant liquor.



Add: 4F, No.1, Jian She Liu Ma Road, Yuexiu District, Guangzhou  
地址: 广州市越秀区建设六马路1号之后禧四楼  
Tel: 020-8381 7200 Mail: anima\_info@163.com





**A1 60**, Xianlie Dong Henglu, Tianhe District (2829 6258) 天河区先烈东横路60号星坊创意工作间

**Alley No.2** Zhengping Zhong Jie, Taojin Bei Lu, Yuexiu District (13763304621) 越秀区淘金北路正平中街

**Ao Tu Bar** 8 Liuyun Wu Jie, Tiyu Dong Lu 凹凸, 体育东路六运五街8号 (天河南二路供电大厦后面)

**Artone** Star House 60 Village, 60 Xianlie Dong Heng Lu (behind Xinghai Conservatory of Music), Yuexiu District (132 8681 6819) 音画艺术空间, 沙河顶先烈东横路星海后11星坊创意园

**Bar One** 1/F, Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3620/3619) 独壹酒吧, 天河区林和西横路215号广州天河新天希尔顿酒店首层

**Banker Club (Nasha Dance Bar)** B/F, 338 Huanshi Dong Lu, Yuexiu District (139 2511 6898) 越秀区环市东路338号银政大厦富一层

**BANGKOK BAR** Shop No. 10, 104 Xingsheng Lu, Zhujiang New Town, Tianhe District (3801 9391) 曼谷吧, 天河区珠江新城兴盛路10号104铺

**Big Brother Club** 5/F, Yi He Hotel, (Ocean Plaza), 416, Huanshi Dong Lu (8762 0525) 大哥大酒吧, 环市东路416号颐和商务酒店5楼

**Bibi Plus** 92 Xianlie Zhong Lu, Yuexiu District (3836 3222) 汇聚西餐酒廊, 越秀区先烈中路92号大院 (黄花岗副院后, 蓝天楼酒店旁)

**Como** G18, 17 Xingsheng Lu, Tianhe District (137 6078 8424) 天河区兴盛路17号G18

**City Cushion** 2/F, 74 Tiyu Dong Lu, Tianhe District (8751 4275) 诗库, 天河区体育东路74号2楼

**Catwalk** West of the South Gate of Guangzhou Sport University, 163 Tianhe Bei Lu, Tianhe District (6286 9999) 天河区河北路163号广州体育学院南门西侧 (喜聚PTV3楼)

**Cave Bar** B/F, Pearl River Bldg. (East Side), 360 Huanshi Dong Lu (8386 3660) 墨西哥酒吧, 环市东路360号珠江大厦(东)楼下

**CD(Cellar Diamond)** 2-3F, Running Bldg., Tianhe Sport Centre (3884 3541) 钻石会, 天河体育中心北门风南跑道2-3层

**Club Five** B08, Party Pier, Yuejiang Xi Lu, Haizhu District (3441 8188) 海珠区阅江西路珠江琶醍啤酒文化创意艺术区B08号

**Club Basement** Basement Floor, Tianlun Garden, 26, Jianshe Si Malu, Yuexiu District (8356 0899) 天悦汇时尚会所, 越秀区建设四马路26号天伦花园负一层

**COCO.K F1-3**, Tianzi Plaza, 199 Yanjiang Zhong Lu (8330 2588/8336 8181) 高商音乐会所KTV, 越秀区沿江中路199号天字广场1.2.3楼

**Coco Track** West Area, G/F, Tianzi Plaza, 199, Yanjiang Zhong Lu (8330 9778) 时尚音乐酒吧, 越秀区沿江中路199号天字广场首层东区 (天字码头对面)

**Como** G18, 17 Xingsheng Lu, Tianhe District (137 6078 8424) 天河区兴盛路17号G18

**Deng Long** Basement, 18 Hengfu Lu, Yuexiu District (8358 8816) 越秀区恒福路18号负一层www.denglong.com

**Dream Bar** Shop 28, Area B, Party Pier, Yuejiang Xi Lu, Haizhu District (3448 9788) 海珠区阅江西路磨碟沙隧道口珠江琶醍啤酒文化创意艺术区B区28号铺

**Duo Club** 16 Jianshe Liu Malu (English: 13710770232, Spanish: 18702074849, Russian: 13602441550, Chinese: 13424021170) 元素吧, 建设六马路16号首层

**Encore bar** 26 Liede Dadao, Tianhe District (Near Liede Metro Station Exit C) (2918 8126) Sit here immersed in our classy music and the cocktail specially made for you! 天河区猎德大道26号 Weibo: @ENCORE-BAR

**Easylife** Shop 101, 1, Zhengping Zhong Jie, Taojin Bei Lu (8350 5959) 葡萄酒量贩, 淘金北路正平中街1号101

**Edge** Shop 201, 2/F, 26 Jianshe Si Malu (8305 6433) 建设四马路26号2楼201铺

**Flower Lounge** Shop B111-B112, G/F, South Tower, Poly Central Plaza, 18 Jianshe Da Malu, Yuexiu District (8302 2345) 越秀区建设大马路18号中环广场南塔1楼B111-B112铺

**Feel bar** G/F, Shop 28, 613, Tianhe Bei Lu, Tianhe District (3848 8178) 天河区河北路613号28号铺 (鸿翔大厦首层)

**Fivecafe Music Lounge** Unit 6-7 (close to pacific wharf), Huandao Lu, (136 3243 6541) 五号咖啡, 海珠区环岛路 (太古仓旁) 天鹅湾首层临江6-7号铺

**GLOW** 389 Huanshi Dong Lu, Yuexiu District 越秀区环市东路389号

**Gipsy King Bar** B/F, West Tower, Pearl River Bldg., 360 Huanshi Dong Lu (8387 5177) 大篷车酒吧, 环市东路360号珠江大厦西座地下

**Gold Mango** 361 Huanshi Dong Lu, across from The Garden Hotel (8359 7564) 金芒果, 环市东路361号, 花园酒店对面

**Golf Club** North gate of Yuexiu Park, Huanshi Zhong Lu (8666 6708) 高尔夫酒吧, 环市中路越秀公园北门雅雅山房旁

**Hei Hei Club** 1/F, 2 Qiaoguang Lu (8331 0012, 8318 2326 for members) 喜喜酒吧, 侨光路2号首层西面

**Hills Bar** 367 Huanshi Dong Lu, Yuexiu District (8359 0206) 小山吧, 越秀区环市东路367号白云宾馆小山景区

**Hoooley's Irish Pub and Restaurant** 101, 8 Xingsheng Lu, Zhujiang New Town (3886 2675/ 18620114317) 爱尔兰西餐酒吧, 珠江新城兴盛路8号101

**In Bar** No.24-26 Beijing Nan Lu (8335 2488) 北京南路24-26号

**Justwine Cellar Chain Store** 1) 90 Tianhe Nan Yi Lu, Tianhe District (8756 3908); 2) Unit 11-3, G/F, Guangzhou International Trade Center, Tianhe Bei Lu, Tianhe District (3825 0440) 神之水滴葡萄酒连锁店, 1) 天河区天河南一路90号; 2) 天河区河北路广州

国际贸易中心地铺一层11~3单元  
**Istage Cafe & Bar** G/F, 36 Jianshe Wu Malu (8315 2812) 建设五马路36号首层

**LAB** Shop 104, 7 Xingsheng Lu, Tianhe District (3703 3015 / 3703 3013) 研酒室, 天河区珠江新城兴盛路7号104室

**La Baire** G/F, Ming Zhu Garden, 193-195, Dongxiao Lu (3429 8018) 纳贝咖啡红酒汇, 东晓路193-195号明珠花园首层

**Lili Marleen** 1F, Main Tower, Guangdong International Building, 339 Huanshi Dong Lu (8337 7088) 环市东路339号广东国际大厦主楼首层

**Lobby Lounge** Hotel Lobby, Sheraton Guangzhou Hotel, 208 Tianhe Lu, Tianhe District (6668 8888) 大堂吧, 天河区天河路208号海喜来登酒店大堂

**Lobby Lounge** 1/F, Crowne Plaza Guangzhou City Centre, 339 Huanshi Dong Lu (8363 8888 ext 88331) 环市东路339号广州中心皇冠假日酒店一楼

**Lotus Rm.** 101, 27 Liuyun Er Jie, Tianhe Nan (Sandy 139 2513 9446) 天河南六运二街27号101

**Lotus Pond Bar** 1/F, Garden Hotel, 368 Huanshi Dong Lu (8333 9899 ext 3191) 荷塘酒吧, 环市东路368号花园酒店1楼

**Loft345** 4/F, 19, Xiao Gang Hua Yuan, Jiangnan Dong Lu, Haizhu District (8423 8985) www.loft345gz.com 海珠区江南东路晓港花园19号4层

**Lounge Bar** 6/F Chateau Star River, Yingbin Lu, Panyu District (3993 6688) 番禺迎宾路星河湾酒店6楼

**McCawley's thaty** 16 Huacheng Dadao, Zhujiang New Town, Tianhe District (186 2011 2924/3801 7000) 天河区珠江新城花城大道16号

**Mad Scientist Bar** 1/F, Crowne Plaza Guangzhou Science City, 28 Ningcai Lu, Central District, Science City (8880 0999) 科吧, 广州科学城中心区凝彩路28号广州翡翠皇冠假日酒店一楼

**Mr. Rocky Bar** 6-7 Tai Gu Cang, 124 Gexin Lu, Haizhu District (3448 0800) 洛奇先生美国西部牛仔餐吧, 海珠区革新路124号太古仓6-7号仓

**Muse Club** 286 Changdi Da Malu (8132 3102) 缪斯酒吧, 长堤大马路286号

**New Friend's Daily** G/F, 600, Xiang tang Xi Lu (8658 0639) 下塘西路600号地铺 (雕塑公园正对面)

**Nova** G/F, North Tower, Jin Bin Teng Yue Bldg., 49, Huasua Lu, Zhujiang New Town (153 0224 4880) 珠江新城华夏路49号津滨腾越大厦北塔首层

**Oakroom Restaurant & Bar** 16/F, Oakwood Premier Guangzhou, 28 Tiyu Dong Lu, Tianhe District (3883 2828/ 3883 3883 ext 6704) 天河区体育东路28号广州方圆奥克伍德豪景16楼

**Owine Club** 1/F, 195 Yanjiang Zhong Lu (8332 2599) 红酒大使吧, 沿江中路195号

**Perry's Café** Rm201, Bin Jiang Shui Lian Mansion, 61 Hongmei Lu, Haizhu District (8421 8845) 海珠区红梅路61号滨江水恋大厦201

**Pearl Lounge** 1/F, The Ritz-Carlton, Guangzhou, Xing'an Lu, Zhujiang New Town, Tianhe District (3813 6688) 珍珠吧, 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店1楼

**Pier one** Exit of Modiesha Tunnel, Yuejiang Xi Lu, Haizhu District. (Opposite to Zhujiang Beer Museum) (189 2219 7627) 琶醍一号, 海珠区阅江西路磨碟沙隧道出口, 珠江啤酒博物馆对面

**Qba** 1/F, The Westin Guangzhou, 6, Linhe Zhong Lu, Tianhe District (2826 6887) 古巴餐厅, 天河区林和中路6号广州天誉威斯汀酒店1楼

**REBEL REBEL** 42 Tiyu Dong Lu, Tianhe District (8520 1579) 天河区体育东路42号 www.rebelrebelgz.com

**Real Players Club** 147 Yanjiang Xi Lu (8335 7771) 沿江西路147号

**Richbaby** 34 Nanti Er Malu (near the Tianzi Wharf), Yuexiu District (6663 9666) 天字码

头南堤二马路34号  
**Rose Gaga** 360 Changdi Da Malu (8188 9633) 长堤大马路360号

**Red Wall Elysees Cafe & Bar** Shop 2-4, G/F, Building A2, Metro World, 25 Huali Lu, Zhujiang New Town (3838 5481) 红墙丽舍咖啡酒廊, 珠江新城华利路25号珠江都会A2栋首层2-4

**Sapphire Lounge** 4/F, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext 3450) 马天尼吧, 流花路122号中国大酒店4楼

**Six Teen Club** 328, Changdi Da Malu (8130 8711, 8130 8895) 长堤大马路328号

**Sleeping Wood** 1/F, Overseas Chinese Town, 21 Guangming Lu (3758 9257) 枕木, 华侨新村光明路21号首层

**Soul Cocktail Lounge Bar** 12 Jianshe Liu Malu (8386 6939) 建设六马路12号

**Suns Bar** A25-26 Zhujiang Party Art and Creative Area, Yuejiang Xi Lu, Haizhu District (159 9997 8240) 海珠区阅江西路 (磨碟沙隧道) 珠江琶醍珠江啤酒文化创意艺术区A25-26

**T Lounge and Bar** Lobby, Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3610) 天河区林和西横路215号天河新天希尔顿酒店大堂

**Talk Coffee Bar** Next to the 7 Days Inn, at the corner of Zhongshan Yi Lu and Guangzhou Dadao Zhong (8739 5071) 中山一路右拐广州大道中立交桥边, 7天酒店隔壁

**Tianyun Muge** Building 97-99, T.I.T. Creative Park, 397 Xingang Zhong Lu, Haizhu District (8799 2345) 田园牧歌酒吧, 海珠区新港中路397号TIT创意园97-99号(近客村地铁站A出口)

**Tian Bar** 99/F, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3399) 天吧, 天河区珠江新城珠江西路5号广州四季酒店99楼

**The Atrium** 7/F, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3370) 中庭酒吧, 天河区珠江新城珠江西路5号广州四季酒店70楼

**The Bar** 1/F, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext.3197) 流花路122号中国大酒店1楼

**The Clock** A23, Zhujiang Party Pier Beer Culture & Art Zone, Modiesha Tunnel, Yuejiang Xi Lu, Haizhu District (34487877) 时光吧, 海珠区阅江西路磨碟沙隧道珠江琶醍啤酒文化创意艺术区A23号 (近珠江啤酒厂)

**The Brew Sports Bar & Grill thaty** 1) Unit 9-11 (next to ICBC) Country Garden South Entrance Plaza on Panyu Dadao. Across the road from Chimelong Theme Park. (135 6023 1914); 2) West Section, Bao Lin Yuan, Huaxun Jie, Zhujiang New Town; 3) Shop 11-13, Yuhai Food Court, 1 Jianshe Liu Malu, Yuexiu District (186 8847 1899) 1) 番禺大道华南碧桂园中华商业2街9-11号; 2) 珠江新城华讯街保林苑西区加拿大布鲁咖啡馆, 近发展中心; 3) 越秀区建设六马路誉海街11-13号铺

**The River Oyster Bar & Grill** 4/F, Zone C, Zhujiang Party Pier Art & Creative Area, Yuejiang Xi Lu, Exit of Modiesha Tunnel, Haizhu District (138 2604 0956/135 1277 1631) 海珠区磨碟沙隧道口阅江西路珠江啤酒厂琶醍艺术创意区C区4楼

**The Churchill Bar** 3/F, The Ritz-Carlton, Guangzhou, Xing'an Lu, Zhujiang New Town, Tianhe District (3813 6688) 邱吉尔酒吧, 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店3楼

**The Clock** A23, Zhujiang Party Pier, Modiesha Tunnel, Yuejiang Xi Lu, Haizhu District (3448 7877) 海珠区阅江西路磨碟沙隧道珠江琶醍啤酒文化创意艺术区A23号(近珠江啤酒厂)

**The Hub** 1/F, Crowne Plaza Guangzhou Science City, 28 Ningcai Lu, Central District, Science City (8880 0999) 汇点大堂吧, 广州科学城中心区凝彩路28号广州翡翠皇冠假日酒店一楼

**The Lounge** 1/F, Four Points by Sheraton Guangzhou, Dongpu, 1 Jingying Lu, Huicai Lu, Dongpu (3211 0888) 东圃汇彩路普映路1号广州东圃合泰福朋喜来登酒店1楼

## LATE NIGHT GUANGZHOU

Do you have party pictures to contribute?  
Send them to us at [editor.prd@urbanatomy.com](mailto:editor.prd@urbanatomy.com), and we'll run the best.

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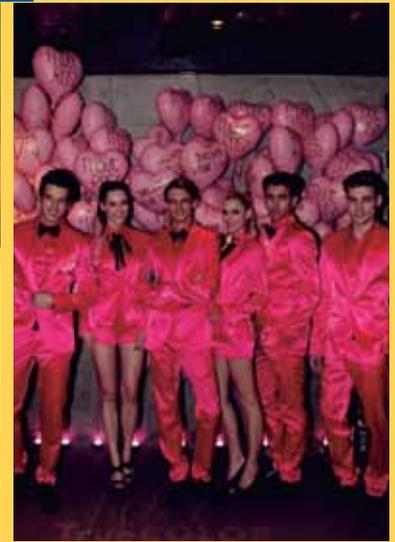
# Tiger



Crazy Sunglasses Party@Duo, May 11



Moët Rosé Party @ TrueCOLOR, May 10



Hot Dancing Party in May @ SUNS, May 17



LMT Connection @ LANG Club, May 18



**The Paddy Field** **hot** 1) Booth 1A, 1/F, Central Plaza, 38 Huale Lu (8360 1379); 2) 4/F, Oakwood Premier Guangzhou, 28 Tiyu Dong Lu, Tianhe District (8398 6181) 田野西餐厅. 1) 华乐路38号广怡大厦1楼1A; 2) 天河区体育东路28号广州方圆奥克伍德家景

**True Color** 276 Yanjiang Zhong Lu, Yuexiu District (83735858) 本色, 越秀区沿江中路276号(天字码头东200米) www.truecolorclub.com

**An Air de Paris** 120 Taojin Lu, Yuexiu District (2206 1689) 越秀区淘金路120号

**Unicorn** G/F, 6 Huajiu Lu, Zhujiang New Town (189 2500 5546) 珠江新城华就路6号

**V5 Cafe & Lounge** 108, 110 & 111 Kingsheng Lu, Zhujiang New Town, Tianhe District 天河区珠江新城兴盛路108,110,111号

**Vaastu, a date with India** 13-15, 475 Huan-shi Dong Lu (3825 8181) 雅仕度-印度之约, 环市东路475号13-15(粤海大厦对面)

**Velvet** G/F, International Electronic Tower, 403 Huanshi Dong Lu (8732 1139) 丝绒吧, 环市东路403号国际电子大厦首层

**Vespa** No. 123 Poly Xinyu Garden, 31 Xing-guo Lu, Zhujiang New Town, Tianhe District (3805 1350) 天河区珠江新城兴国路31号保利心语花园123铺

**Vivid Club** 147 Yanjiang Xi Lu, Yuexiu District (8323 0386) 越秀区沿江西路147号首层 www.vividclubs.com

**Water under the brige** Building No.12, Hunter Lane, Liede (6232 5818/6232 5819) 酒道坊酒吧, 猎德涌西岗历史文化风情街12栋

**Wave bar** Section A, Zhujiang Party Art and Creative Area (exit of Modiesha Tunnel), Yuejiang Xi Lu (3448 9898) 阅江西路珠江琶醍啤酒文化创意园A区

**Wilber's** 62, Zhu Si Gang Er Malu, Yuexiu District (3761 1101) 越秀区竹丝岗二马路62号

**Win Store** No. 119, Qinglong Fang, Huale Lu 华乐路青龙坊119号

**Wine & Cigar Lounge** 2/F Chateau Star River, Yingbin Lu, Panyu District (3993 6688) 红酒雪茄吧, 番禺迎宾路星河湾酒店3楼

**Wunderbar Bavarian Bar & Restaurant** G/F, Xiang Long Garden, 175-181 Tianhe Bei Lu (8755 5564) 运达餐吧, 天河北路175-181号祥龙花园首层(市长大厦西面)

**Zapata's** Shop 21(next door to Sun's Bar), Section A, Zhujiang Party Pier, Yuejiang Xi Lu, Haizhu District (137 2532 2651) 飒芭达斯, 海珠区阅江西路珠江琶醍啤酒园A区21铺 www.zapatasguangzhou.com

ART

GALLERIES AND ART SPACES

**5 Art Space** 5/F, Tianjun Mansion, 365 Tianhe Lu, Tianhe District (3886 0674) 5楼艺术空间, 天河区路365号天俊国际5楼

**Art64 Gallery** G/F, 64 Shamian Dajie (8121 5176), 10am-7pm. www.art64.net Art64 画廊, 沙面大街64号负一层

**EMG Art Center** C5, Redtory, 128 Yuancun Si Heng Lu (Exit B, Yuan Cun metro station, line 5), Tianhe District (3866 3122). 大石馆, 天河区员村四横路128号(地铁5号线员村站B出口)红专厂C5

**Fei Gallery** G/F, Estate Plaza, 5 Nonglin Xia Lu (3768 8788). Free admission. www.feigallery.com 菲艺廊, 农林下路5号亿达大厦负一层

**Kui Yuan Gallery** 9 Guguyuan Lu, Yuexiu District (8765 9746) 逸园艺术馆, 越秀区恤孤院路9号

**Leona Craig Art Gallery** 11 Guigang San Lu, Dong Shan Kou, Yuexiu District (3762 5069) 美国LC画廊, 越秀区东山口龟岗三马路11号

**Loft 345** 4/F, Building No.19, Xiaogang Garden, Qiangu Da Jie (8423 8985) Loft 345 艺术空间, 前桂大街晓港花园19号4楼

**Orange Gallery** Inside Dongfeng Park, 199 Guangzhou Dadao Bei (8704 8022). www.ruyiart.com 如意画廊, 广州大道北199号东风公园内

**Spot Art Gallery** (Inside Consulate General of Italy in Guangzhou office) 14/F Interna-

tional Finance Place, 8 Huaxia Lu, Zhujiang New Town, Tianhe District (38396225 ext. 171). 天河区珠江新城华夏路8号景国际金融广场14楼(广州意大利领事馆内)

**Vitamin Creative Space** Room 301, 29 Heng Yi Jie, Chigang Xi Lu (8429 6760). www.vitamincreativespace.com 维他命空间, 赤岗西路横一街29号301室

MUSEUMS

**53 Art Museum** No.17-21 Huiyuan Dajie, Guangyuan Expressway (2213 1500) 53美术馆, 广园快速路汇苑大街17-21号

**Guangdong Folk Art Museum (Chen Jia Ci)** 34 Enlong Lu, Zhongshan Qi Lu (8181 4371). Daily 8.30am-5.30pm, RMB 10. 广东民间工艺博物馆(陈家祠), 中山七路恩里34号

**Guangdong Museum of Art** 38 Yanyu Lu, Ersha Island (8735 1468). www.gdmoo.org Daily 9am-5pm (Closed on Mondays), RMB15 (7 for students and teachers, free for elders). 广东美术馆, 二沙岛烟雨路38号

**Guangdong Provincial Museum** 2 Zhujiang Dong Lu, Zhujiang New Town, Tianhe District (3804 6886). www.gdmuseum.com 广东省博物馆, 天河区珠江新城珠江东路2号

**Guangzhou Art Museum** 13 Luhu Lu, west of Luhu Park (8365 9202). www.gzam.com.cn Tue-Fri 9am-5pm, Sat-Sun 9.30am-4.30pm, RMB20. 广州艺术博物院, 麓湖路13号麓湖公园西側

**Guangzhou Municipal Museum** Zhenhai Tower, Yuexiu Park, Jiefang Bei Lu (8355 0627/8354 5253). Daily 9am-5pm, RMB6 (3 for students and free for elders). 广州博物馆, 解放北路越秀公园镇海楼

**Museum of the Western Han Dynasty Mausoleum of the Nan Yue King** 867 Jiefang Bei Lu, Yuexiu District (3618 2920). Daily 9am-5.30pm, RMB 12 (5 for university students). 西汉南越王墓博物馆, 越秀区解放北路867号

**The Memorial Museum of Generalissimo Sun Yat-sen's Mansion** 18 Dongsha Jie, Fangzhi Lu, Haizhu District (8901 2366). 孙中山大元帅府纪念馆, 海珠区纺织路东沙街18号

**Times Museum** Times Rose Garden, Huangbian Bei Lu (Exit D, Huangbian station, metro line 2), Baiyun Dadao Bei, Baiyun District (2627 2363) 时代美术馆, 白云区白云大道北黄边北路时代玫瑰园(地铁2号线黄边站D出口)

OTHERS

**Alliance Francaise de Canton (French Training Center)** 2/F, 12 Wu Zi Building, Bei Jiao Chang Heng Lu (8380 2501, 8381 8323, fax 8380 2502). www.af.canton.org.cn 广州法语培训中心, 北较场横路12号物资大厦2楼

**Guangzhou Academy of Fine Arts** 257, Changgang Dong Lu. www.gzarts.edu.cn 广州美术学院, 昌岗东路257号

**Jinhan Exhibition Center** 119 Lihua Lu (3623 5009). www.jh-gz.com 锦汉展览中心, 流花路119号

**Lomography** 3 Jiaoyu Lu, Yuexiu District (2898 4264) 越秀区教育路3号(惠福东路口)

**M32 Space** 32 Jinxi Lu, Phrase 3, R & F Millennium Garden, Yile Lu, Haizhu District (3411 2586). www.murma-art.net 木马32号, 海珠区怡乐路富力千禧花园3期金禧路32号

**Muma Art Space** Room102, 12 Zishan Da Jie, Jiangnan Xi Lu, Haizhu District (8423 8275). www.muma-art.net 木马艺术空间, 海珠区江南西路紫山大街12号102

**Redtory** 128 Yuancun Si Heng Lu, (Exit B, Yuan Cun metro station, line 5), Tianhe District (8557 4346). www.redtory.com.cn 红专厂, 天河区员村四横路128号(地铁5号线员村站B出口)

STAGE

MUSIC TROUPE & SCHOOLS

**Guangdong Modern Dance Company** 13 Shuiyun Lu, Sha He Ding (8704 9512). www.gdmcd.com 广东现代舞团, 沙河顶水

荫横路13号

**Guangzhou Symphony Orchestra** 1 Haishan Jie, Er Sha Island (3758 8559) www.gso.org.cn 广东交响乐团, 二沙岛海山街1号

**The Guangzhou Ballet** 1070 Tianyuan Lu, Tianhe District (37219925). www.gzballet.org 广州芭蕾舞团, 天河区天源路1070号

**Xinghai Conservatory of Music** 1) 48 Xianlie Dong Heng Lu (3728 7829); 2) 398 Waihuan Xi Lu, the University Town, Panyu District (3936 3399) 星海音乐学院, 1) 先烈东横路48号; 2) 番禺小谷围街(大学城) 外环西路398号 www.xhcom.edu.cn

**Yunna (Modern Dance) Studio** Room 201, 150 Shuiyun Lu, Sha He Ding (8725 8080). 云娜舞蹈, 沙河顶水荫路150号201室

PERFORMING VENUES

**Friendship Theater** 696 Renmin Bei Lu (8666 8991). www.gzyjy.com.cn 友谊剧院, 人民北路696号

**Guangzhou Baiyun International Convention Center** Baiyun Dadao Nan (8880 0888). www.gzbcc.com 广州白云国际会议中心, 白云大道南1039-1045号

**Guangzhou Opera House** 1 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (3839 2888). www.chgoh.org 天河区珠江新城珠江西路1号

**Guangdong Modern Dance Company Small Theater** 13 Shui Yun Lu, Sha He Ding (8704 9512). www.gdmcd.com 广东现代舞团, 沙河顶水荫横路13号

**Huanghuagang Theater** 96 Xianlie Zhong Lu, Yuexiu District (3836 2199). 黄花岗剧院, 越秀区先烈中路96号

**Sapphire Art Space** 2/F, Holiday Inn, 28 Guangming Lu, Overseas Chinese Village, Huanshi Dong Lu (6122 3288). 蓝宝石展览馆, 环市东路华侨新村光明路28号文化假日酒店2楼

**Sun Yat-sen Memorial Hall** 259 Dong Feng Zhong Lu (8356 1631/8355 2030). 中山纪念馆, 东风中路259号

**Xinghai Concert Hall** 33 Qingbo Lu, Er Sha Island (8735 2222 ext 886, 312 for English). www.concerthall.com.cn 星海音乐厅, 二沙岛晴波路33号

OTHERS

**191 Space** 191 Guangzhou Dadao Zhong, Wuyang Xin Cheng (8737 9375) 191空间, 广州大道中191号(五羊新城人行天桥下)

**C: Union** 115 Shuiyun Lu (8704 7357). 喜窝, 水荫路115号

**Tekkwun Livehouse** 201 Huguoshan, Huanshi Zhong Lu, Yuexiu District (8667 0302) 踢馆, 环市中路花果山201号

**T:union** Inside Sculpture Park, 545 Xiatang Xi Lu, Yuexiu District (3659 7623). 凸空间, 越秀区下塘西路545号雕塑公园内

**S.D.Livehouse** 1850 Creative Park, 200 Fanguan Dadao Dong 芳村大道东200号1850创

LEISURE

SPORTS GROUPS

**Canton Celts** Visit www.cantoncelts.com to learn about Gaelic football in Guangzhou and the group's training sessions.

**Expat Football** Every Sunday. Visit www.footballgzz.com for more information about the football league matches.

**Guangzhou Cricket League** Email: gzcriccket@gmail.com

**Guangzhou Rams Rugby Club** www.gzrams.com. Email: pom\_gander@hotmail.com

**Guangzhou Youth Soccer League** www.gzsoccer.org. Email: gysl.organization@gmail.com

**Guangzhou Youth Basketball League** www.gzhoops.com. Email: GYBL.Organization@gmail.com

**GZYLA Guangzhou Young Lions Football Academy** www.gzyla.com. Email: enquiry@

gzyla.com . Contact: 13535372958

**Hash House Harriers** Gold Mango Bar, 361 Huanshi Dong Lu (across from The Garden Hotel), Yuexiu District. Email at gzhash@gmail.com or visit http://www.gzh3a.taifo.com/ 健龙俱乐部, 环市东路361号金芒果酒吧

**International Wingsun Association (Guangzhou branch)** Room301-302, Block E, Huabiao Taojing Wan, Binjiang Zhong Lu (Ms Guo, 13688869543). http://www.leungting.com 国际咏春总会广州分会, 滨江中路华涛湾E栋301-302

**Paintball War-Game Club** Southern China Arboretum, 723 Xingke Lu, Tianhe District. RMB 50 per person includes uniform, mask, gun and 20 paintballs. Contact Mr Wang at 8523 1756. 华南植物园, 天河区兴科路723号

**South China Taipans** To learn more about the sports of floorball, email gztptb@gmail.com

**Tennis Coaching** Tianhe Sports Stadium, Tianhe Dong Lu (8859 9264) tenniscoach-gz@hotmail.com

**The Guangzhou Scorpions Australian Rules Football Club** Tel: 138 2572 0481. www.guangzhouscorpions.com. Email: president.guangzhouscorpions@yahoo.com

**Ultimate Frisbee** Contact Kwong, 13925086328, gzdisc@gmail.com

SPORTS VENUES

Adventure Sports

**Baiyun Shan Santer X-Sports Center** Baiyun Mountain. Grass skiing and bungee jumping (3722 9871 ext 2271). 白云山极限运动中心, 白云山风景区内

**Badminton** Guangzhou Jiangyan Badminton Club Tianhe Branch 198 Chebei Lu, Tianhe District (8232 3027, 8230 6435) 车陂路198号

**Lu Jing Wan Badminton Club** 614 Xiatangxi Lu (opposite Sculpture Park) (8659 3588) 麓景湾会所, 下塘西路614号(雕塑公园对面)

Bowling

**Hua Tai Bowling Center** 1/F, Hua Tai Hotel, 23 Xianlie Nan Lu (8769 6581) 先烈南路23号华泰宾馆

**Top Bowl** 102 Lihua Lu (3623 7033) 得宝保龄球馆, 流花路102号

Fitness

**Fitness Center** 4/F, The Ritz-Carlton, Guangzhou, Xing An Lu, Pearl River New City, Tianhe District (3813 6688) 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店4楼

**Fitness Center** 4/F, Four Points by Sheraton Guangzhou, Dongpu, No.1 Jing Ying Lu, Hui Cai Lu, Dongpu (3211 0888) 东圃汇彩路青映路1号广州东圃合景福朋喜来登酒店4楼

**Nirvana Fitness & Spa** East gate of Tianhe Stadium, Tianhe District (3879 8012). www.nirvana.com.cn 青岛健身, 天河区天河体育中心东门

**So Fit (24-hour)** 7/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 2303) 健身中心 (24小时), 广州大道中988号广州索菲特大酒店2楼

**Total Fitness** 1) 3F, Tianlun Garden, Jianshe Si Malu (8351 7188); 2) 9F, China Travel Commercial City, 219 Zhongshan Wu Lu (6279 5088); 3) 8F, Grandview Mall, 228 Tianhe Lu (3836 1688). www.totalfitness.com.cn 力美健健身俱乐部. 1) 建设四马路天伦花园3楼; 2) 中山五路219号中旅商业城9楼; 3) 天河路228号正佳广场中央庭8楼

**Tuning Life** B1-2/F, Peace World Plaza, 362-366 Huanshi Dong Lu (2237 3633). www.turninglife.gz.cn 动静界健身中心, 环市东路362-366号好世界广场负一层

Golf

**Guangzhou Luhu Golf and Country Club** Luhu Lake, Lujiing Lu (8350 7777) 麓湖高尔夫俱乐部, 麓景路麓湖

Ice Skating

**Glacier Bay Club** 5/F Grandview Plaza, 228

Tianhe Lu (3833 0966) 冰河湾俱乐部, 天河路228号正佳文广场5楼

#### Multi-purpose Venues

**Tianhe Sports Center** Tianhe Lu, Tianhe District (3879 6060, 3879 8531) 天河体育中心, 天河区天河路

**The Fountains International Community Center** The center has football pitches and badminton courts, as well as a game room for air hockey, foosball and table tennis. 5 Xiaokang Jie, Pingsha Village, Guanghua Yi Lu, Baiyun District (8605 3909) 广州健康国际交流中心, 白云区广花一路平沙小南街5号

#### Yoga

**Art of Yoga 2, 3/F** Qiao Linyuan, 59 Qiaolin Jie, Tianhe Bei Lu, Tianhe District (3885 1977) www.yourmeiyoga.com.cn 优美瑜伽, 天河北路乔林街59号乔林苑二楼之二

**Brahma Yoga** www.fantianyoga.com 1) 6/F, Hai Yi Ge Bldg, 142-144, Tai Yang Plaza, Tian Run Lu, Tianhe District (3882 5855); 2) 2/F, 34, Zhongshan Er Lu (8766 7022); 3) 5/F, Attach Building, Baiyun Hotel, 367 Huanshi Dong Lu (8387 3321); 4) 2/F, 511 Binjiang Dong Lu (near side door of Zhujiang Plaza) (3432 0665) 梵天瑜伽, 1) 天河北天润路太阳广场142-144号海逸阁6楼2) 中山二路34号二楼(地铁东山口站C出口); 3) 环市东路367号白云宾馆(附楼5楼); 4) 滨江东路511号海琴湾2楼(珠江广场侧门)

#### Sailing

**Nansha Marina** Gangqian Nan Lu, Nansha District (3907 8888) 南沙游艇会, 南沙区港前大道南南沙游艇会 www.nanshamarina.com

## HEALTH

### INT'L MEDICAL SERVICES

**Bellaire Int'l Clinic #601, 6/F** east tower, Times Square, 28 Tianhe Bei Lu, Tianhe District (3891 0511) 贝利尔诊所, 天河北路28号时代广场6楼601

**Chinese Medicine** Dr. Sherily Xiao, master of medicine, acupuncture, physiotherapy & TCM and anti-aging, 17 years practice. Classes available in massage, acupuncture & TCM. Sanrong Building, 47 Luyuan Lu, Yuexiu District (137 1052 6617) 越秀区麓苑路47号三荣大厦 xiaoshulan@hotmail.com

**Guangzhou Wan Zhi Medical Services Centre** Rm 2502, CITIC Plaza, No. 233, Tianhe Bei Lu (2223 0233, Fax: 2223 0133), 24hrs Emergency No.: 131 4330 4439. Email: gz@medicentre.hk www.medicentre.cn 广州万治(香港)内科门诊部, 天河北路233号中信广场办公大楼2502

**Eur Am Int'l Medical Center** 1/F North Tower, Ocean Pearl Building, 19 Huali Lu, Zhujiang New Town (3758 5328; Fax: 3759 1472). 康辰国际医疗, 珠江新城华利路19号远洋明珠大厦北座首层 www.eurammmedical-center.com

**Guangzhou Elizabeth Women's Hospital** NO. 484 Kang Wang Zhong Lu, Liwan District (24-hour hotline: 400 886 9268) E-mail: inquiries@eliza.hk 广州伊丽莎白妇产医院国际医疗中心, 荔湾区康王中路484号 en.eliza.hk

**Guangzhou United Family Clinic** South Tower, PICC Building, 301 Guangzhou Dadao Zhong (8710 6000, 8710 6060, 24 Hours). 广州和睦家门诊部, 广州大道中301号人保大厦南塔副楼首层

**Wales International Medical Center** 200 Linhe Dong Lu, Tianhe District (Behind I&EA) 林和东路200号(宜家家居后面) www.waleshospital.com/English/

### DENTAL CLINICS

**All Smile - Dr.Lu Int'l Dental Clinic** Rm603-604, 6/F, Metro Plaza, 183 Tianhe Bei Lu (24-hour hotline 8755 3380). Mon-Sat 9am-6pm (Other times by appointment). Local cards. 大都会牙科, 天河北路183号大都会广场六楼603-604

**H&H Cosmetic Dentistry Center** Rm904, Chuangzhan Center, 108 Ti Yu East Lu, Tianhe District (3808 0700, 3808 0729) 体育东路108号创展中心东座904室 www.hhdental.net

**IFC Dental Unit 708, Guangzhou Interna-**

**tional Finance Center, 5 Zhujiang Xi Lu, Zhujiang New Town (8883 4549, 8883 4089) Email: ifcdental@yahoo.com.cn 珠江新城珠江江西路5号, 国际金融中心IFC(西路)708室**

**Nobel Dental** No. 946 Kangwang Bei Lu, Liwan District, 荔湾区康王北路946号, 诺贝尔齿科会所 (88902679)

**Kai Yi Dental Clinic** 11/F, Binghua Hotel, 2 Tianhe Bei Lu (3886 4821) 凯怡牙科诊所, 天河北路2号冰花酒店11层 www.gzdentist.com

**Wisdom International Dental Clinic** Rm 1517, Office Building, Citic Plaza, 233 Tianhe Bei Lu (3877 2897). Daily 9:30am-9pm. 广州维思顿牙科中心, 天河北路233号中信广场办公楼1517

### HAIR AND NAIL

**080 Hair & Spa Club** 6/F & 1/F Tianlun International Hotel, 172 Linhe Zhong Lu (3886 4551/2283 5111). 080美发美体会所, 林和中路172号天伦万怡大酒店六楼及首层

**Hair Code** 1) Shop G13-15, Peace World Plaza, 362-366 Huanshi Dong Lu, Yuexiu District (8365 3282); 2) 54 Taqin Lu, Yuexiu District (8359 9964); 3) Shop 5A017-18, 5F, Grandview Mall, 228 Tianhe Lu, Tianhe District (8550 5180); 4) Shop 36-38, L3F, Onelinik Walk, 230 Tianhe Lu, Tianhe District (3899 2155); 5) Shop 507, 5F, G.T Land Plaza, Zhujiang New Town, Tianhe District (3883 8454); 6) 3F, South District of Poly Central Plaza, 18 Jianshe Da Malu, Yuexiu District (8302 2068) 芭曲, 1) 越秀区环市东路362-366号好世界广场G13-15铺; 2) 越秀区淘金路54号; 3) 天河区天河路228号正佳广场5楼5A017-18; 4) 天河区天河路230路万菱汇L3楼36-38铺; 5) 天河区珠江新城高德置地广场5楼507铺; 6) 越秀区建设大马路保利中环广场南区3楼

**Hair Corner** L225, 2/F, TaiKoo Hui Shopping Mall, 383 Tianhe Lu, Tianhe District (3808 8338) 天河路383号太古汇商场裙楼第二层L225号铺

**i salon** 1) Shop 3063-3069, B1/F, Hengbao Plaza, 133 Baohua Lu, Liwan District (8124 0942) 2) 2/F, 28 Jihouxin Jie, Zhongshan San Lu, Yuexiu District (8365 3330) 3) 16 Wenming Lu, Yuexiu District (8322 6548) 4) Shop 3B06, 3/F, Jincheng Plaza, Xiuquan Dadao, Huadu District (3691 6399) 5) 2/F, Area A, Liying Plaza, 356 Zhongshu Zhong Lu, Haizhu District (3433 2116) 6) Shop F209, Chaolou Shopping Mall, Dashadi, Huangpu District (2230 9665) 7) 21-23 Baifulou, Fengshan Dong Lu, Daliang, Shunde District, Foshan (0757 2223 2022) 艾发廊, 1) 荔湾区宝华路133号恒宝广场负一层3063-3069铺; 2) 越秀区中山三路积厚新街28号2楼; 3) 越秀区文明路16号; 4) 花都区秀全大道金城广场3楼3B06号铺; 5) 海珠区新港中路356号丽影商业广场A区2楼; 6) 黄埔区大沙地潮流商场F209; 7) 顺德区大良凤山东路百富楼21-23号

**IOU** 430-434, 2/F, Huifu Dong Lu (8334 5693) 惠福东路430-434号2楼

**Le Salon** 4/F, Garden Hotel, 368 Huanshi Dong Lu (8333 8989 ext.3444) 环市东路368号花园酒店4楼

**Lk salon** 1) Shop 502, 5/F, Le Perle Plaza, 367, Huanshi Dong Lu (8331 3466); 2) Shop 1,7/F, Friendship Store, 369 Huanshi Dong Lu (8349 0502) 路易士·嘉玛发廊, 1) 环市东路367号丽柏广场五楼502铺; 2) 广州市环市东路369号友谊商店7楼1号铺

**Magic Hair Salon** 1) 6/F, the Western Guangzhou, 6 Linhe Zhong Lu, Tianhe District (2826 6769) 2) 7/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong (3734 5022) 1) 明镜台, 天河区林和中路6号广州海航威斯汀酒店6楼 2) 广州大道中988号圣丰索菲特大酒店7楼

**Magic Hair Salon** 201, 2/F, Central Plaza, No. 38, Huale Lu, Yuexiu District (8356 1730). 魅型发制造, 越秀区华乐路广怡大厦2楼201(花园酒店后面)

**MOMO** 1) Four seasons Hotel Guangzhou, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3912); 2) The Ritz-Carlton, Guangzhou, 3, Xing'an Lu, Zhujiang New

Town, Tianhe District (3813 6638); 3) Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3709); 4) The Westin Pazhou, Area C, Guangzhou International Convention & Exhibition Center, 681 Fengpu Zhong Lu, Haizhu District (8918 1060). Salon MoMo was named one of the best

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hair salons in China by "Coiffure magazine" in 2008 because of the outstanding friendly and professional service it provides. Salon MoMo now has five salons located in various 5 star hotels around the PRD. 1) 天河区珠江新城珠江西路5号广州四季酒店内; 2) 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店内; 3) 天河区林和西横路215号广州天河新天希尔顿酒店内; 4) 海珠区凤浦中路681号广州国际会议展览中心C区广州广交会威斯汀酒店

**Nail Culture** 1) 1/F, No.20 Tianlu Garden, Jianshe Si Malu (8356 8158); 2) Shop240, 2/F, Bercy Plaza, Sinopec Tower, Tiyu Xi Lu (3892 2206). 3) 4/F, Ritz-Carlton Guangzhou, Pearl River New City (3813 6638) 奈尔时尚美甲; 1) 建设四马路天伦花园20号首层; 2) 体育西路中石化大厦柏西商都2楼240铺; 3) 珠江新城富力丽思卡尔顿酒店四楼

**Nail Nail** 1) G09-G10, ground floor, Peace World Plaza, 362-366 Huanshi Dong Lu (8375 2105); 2) Shop 102, 211 Tianhe Dong Lu (3880 5290). 袅袅美甲护理中心; 1) 环市东路362-366号世界广场负一层G09-G10; 2) 天河东路211号102铺

**Petite Main(Nail)** Shop 503B, 5/F, La Perle Plaza, 367 Huanshi Dong Lu, Yuexiu District (8338 6802) 比特曼指甲·手足护理中心, 越秀区环市东路376号丽柏广场五楼503B铺

**SO' O LK (Hair Salon)** 1) G/F, 545 Binjiang Dong Lu, Haizhu District (3425 7429); 2) Shop 13, Metro Plaza, 366 Tianhe Bei Lu, Tianhe District (3881 0898); 3) Shop 103A, World Trade Centre, 371-375 Huanshi Dong Lu, Yuexiu District (8760 6299); 4) Shop101, 712 Binjiang Dong Lu, Haizhu District (8419 1022); 5) Shop101, Fuli Edinburgh Apartment, 2 Huaili Lu, Zhujiang New Town, Tianhe District (3826 3718); 6) Shop 15 2/F, Chateau Star River Hotel, Yingbin Lu, Panyu District (3479 0641); 7) Shop81-82, G/F, New City Plaza, Olympic Garden, Luoxi New Town, Panyu District (3452 1826); 8) Shop 21, Agile Phase II, Fenghuang Bei Lu, Huadu District (3692 8686); 9) Shop A32-A33, Mingmenhaoyuan, Daliang Dong Lu, Shunde District, Foshan (0757 2228 9733) 苏豪路易士·嘉玛发廊; 1) 海珠区滨江东路545号首层; 2) 天河区河北路366号都市华庭13楼; 3) 越秀区环市东路371-375号世界贸易中心首层103A; 4) 海珠区滨江东路712号101铺; 5) 天河区珠江新城华利路2号富力爱丁堡公寓101铺; 6) 番禺区迎宾路星河湾酒店2楼15号铺; 7) 番禺区洛溪新城奥园城市花园首层81-82号铺; 8) 花都凤凰城雅苑二期21号铺; 9) 佛山市顺德区大良东乐路名门豪苑A32-A33号铺

**SO HIP (Hair Salon)** Shop 3, 3/F, 230 Tianhe Lu, Tianhe District (8305 9477) 天河区天河路230号万菱汇3楼3铺

**So Spa Champagne Nail Bar** 7/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 2303) 香槟美甲吧, 广州大道中988号广州圣丰索菲特大酒店7楼

**Toni & Guy Unit** 109B-110, 75 Tianhe Dong Lu, Tianhe District (8754 2113, 8754 2116) 汤尼英盖, 天河区天河东路75号109B-110室

**Toni & Guy (HK)** Shop245-246, 2/F, Bercy Plaza Sinopec Tower, 191 Tiyu Xi Lu, Tianhe District (Tel/fax:3892 2110) 汤尼英盖, 天河区体育西路191号中石化大厦柏西商都二樓

245-246店

SPA

**Angsana Spa** Garden Hotel, 368 Huanshi Dong Lu (8333 8989 ext 3488) 悦椿SPA, 环市东路368号花园酒店

**eforea: spa at Hilton** 6/F Hilton Guangzhou Tianhe, 215 Linhe Xi Heng Lu, Tianhe District (6683 3700) 天河区林和西横路215号广州天河新天希尔顿酒店6层

**Hua Spa** 69/F, 5 Zhujiang Xi Lu, Zhujiang New Town, Tianhe District (8883 3000) 花水疗中心, 天河区珠江新城珠江西路5号广州四季酒店69楼

**Heavenly Spa** 6/F The Westin Guangzhou, 6 Linhe Zhong Lu, Tianhe District (2886 6868) 天梦水疗中心, 天河区林和中路威斯汀酒店6楼

**Kangyiju Massage Center** 6/F, Guomen Hotel, 66 Huacheng Dadao, Zhujiang New City (3829 0387) 康逸居健康会所, 珠江新城花城大道66号国门酒店六楼

**Ocean Palace** 1/F, Star International Building, 10 Jinsui Lu, Zhujiang New Town (3829 3828) 水疗会, 珠江新城金德路10号星汇大厦1楼

**O Spa Grand Hyatt Guangzhou**, 12 Zhujiang Xi Lu, Pearl River New City, Tianhe District, (8396 1234) 天河区珠江新城珠江西路12号广州富力君悦酒店内

**Revive Spa** 3/F, Four Points by Sheraton Guangzhou, Dongpu, 1 Jingying Lu, Huicai Lu, Dongpu (3211 0626) 活水疗, 东圃汇彩路普映路1号广州东圃合景福朋喜来登酒店3楼

**Ritz Spa & Beauty Center** Hong Kong managed Spa Center specializing in facial, massage and spa treatments. Shop 109, King Peak Garden, 8 Xingsheng Lu, Zhujiang New Town (3801 9907) 丽晶美美容院, 珠江新城兴盛路8号汇峰苑109商舖

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**So Spa with L'Occitane** 7/F, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District (3883 8888 ext 2303) 水疗中心, 广州大道中988号广州圣丰索菲特大酒店7楼

**Spa Era** 1/F, Tianlun Garden, 26 Jianshe Si Malu (8360 1632). 建设四马路26号天伦花园一层

**Spelland High-End SPA** 1) 78 Caiyuan Dong Lu, Zhongshan Er Lu, Yuexiu District (3762 0288); 2) 4/F, South section, Central Plaza, 18 Jianshe Da Malu, Yuexiu District (8302 2718 / 8302 2728 / 3762 0988) 珑境会馆; 1) 越秀区中山二路菜园东路78号; 2) 越秀区建设大马路18号中环广场南座4楼(近广东电视台)

**Sunlight Tanning Studio** Room 1102, Ocean Commercial Plaza, 414-416 Huanshi Dong Lu (3273 8466) 阳光古铜日晒中心, 环市东路414-416号远洋商务大厦1102

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**Touch Spa** 4/F, China Hotel, A Marriott Hotel, 122 Lihua Lu (8666 6888 ext 3440, 3456) 颐尊水疗, 流花路122号中国大酒店四楼

**The Ritz-Carlton Spa** 4/F, The Ritz-Carlton, Guangzhou, Xing'an Lu, Zhujiang New Town, Tianhe District (3813 6688) 丽思卡尔顿水疗中心, 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店4楼

**Yu Spa** Royal Tulip luxury Hotels Carat Guangzhou, 388 Guangyuan Zhong Lu (3732 1789) 广州卡丽皇家金煦酒店Yu Spa, 广园中路388号酒店内

EDUCATION

INTERNATIONAL SCHOOLS

**Alcanta International College (AIC)** 1130 Baiyun Dadao Nan, Baiyun District (8618 3999) 亚加达教育机构国际预科部, 白云区白云大道南1130号. www.aicib.org

**American Int'l School of Guangzhou (AISG)** 3 Yanyu Nan Lu, Ersha Island (8735 3393). 广州美国人, 二沙岛烟雨南路3号

**Canadian International School of Guangzhou** 232 Shiguang Lu, Shiqiao, Panyu District (3925 5321) www.cisgz.com 广州加拿大国际学校 番禺区市桥市广路232号

**Clifford School International** International Building, Clifford School, Clifford Estates, Shiguang Lu, Panyu District (8471 8273) 祈福英语实验学校, 天河区华美路23号

**The British School of Guangzhou** 983-3 Tonghe Lu, Nanhu (Tel: 8709 4788, Fax: 3725 9377). www.bsg.org.cn 广州英国学校, 南湖同和路983-3

**Canadian International Kindergarten** Agile Garden, Yinbin Lu, Panyu District (8456 6551). 加拿大国际幼儿园, 番禺区迎宾路雅居乐花园

**Canadian (Mayland) International Kindergarten** Mayland Garden, Keyun Lu, Tianhe District (8561 6516) 美林国际幼儿园, 天河区科韵路美林海岸花园棕榈街48号

**Guangzhou Huamei International School** 23 Huamei Lu, Tianhe District (Tel: 8706 5178, Fax: 8721 0372). www.hm163.com 广州华美英语实验学校, 天河区华美路23号

**Guangzhou Nanhu International School** 55 Huayang Jie, Tiyu Dong Lu, Tianhe District (3886 6952, Fax: 3886 3680). www.gnis-china.com 广州南湖国际学校, 天河区体育东路华阳街55号

**Int'l French School of Guangzhou** Favorview Palace, Tianhe District (3879 7324) www.efcanton.com. 广州法国学校, 天河区汇景新城

**Japanese School of Guangzhou** 10 Fengxin Lu, Science City, High-technology and Industrial Zone (Tel: 6139 7023, Fax: 6139 7027). www.jsng.com 广州日本人学校, 高新技术产业开发区科学城凤信路10号

**Mayland International School** Mayland International Resort, 168 Shanqian Dadao, Huadu District (3672 8212) 美林湖国际学校, 花都区山前大道168号美林湖国际社区

**Raffles Design Institute** 9F, B Tower of Guangzhou Sinopec Building, No.191, Tiyu Xi Lu, Tianhe District. (8350 0760) gz.raffles.edu.cn 广州莱佛士设计培训学院, 天河区体育西路191号中石化大厦B塔9楼

**St.Lorraine Anglo-Chinese School** Riverside Garden, Dashi Town, Panyu District (8458 8252). www.st-lorraine.com.cn 莱恩英文幼儿园, 番禺区大石镇丽江花园

**Utahloy Int'l School** www.utahloy.com 1) Shatai Highway, Jin Bao Gang, Tong He, (8720 2019, 8720 0517; fax 8704 4296); 2) Sanjiang Town, Zeng Cheng (8291 4691 fax 8291 3303) 1) 同和宝岗沙太公路; 2) 增城三江镇

**Yihe Int'l Kindergarten** Summer Palace, Tonghe Town, Baiyun District (3623 8230). 颐和国际幼儿园, 白云区同和镇颐和山庄

OTHER USEFUL CONTACTS

**EMBA Programme in Business School of Sun Yat-sen University**  
Rm M105, MBA Building, 135 Xingang Xi Lu (8411 1201). www.mbaazd.com 中山大学管理学院, 新港西路135号中山大学管理学院MBA大楼M105室

OVERSEAS STUDY AGENCIES

**EIC (Education Information Center Guangdong)** 1) 2/F, Guangzhou Library, 42 Zhongshan Si Lu (8386 6665); 2) 12/F Industrial Bank Building, 101 Tianhe Lu, Tianhe District (2282 1688) 启德教育; 1) 中山四路42号广州图书馆2楼 2) 天河区天河路101号兴业银行大厦12楼 www.eic.org.cn

**Golden Arrow** Room 2003, Main Tower, Guangdong International Hotel, 339 Huanshi Dong Lu (8331 2863, 8331 2139). www.ukpass.org 金矢咨询有限公司, 环市东路339号广东国际大酒店主楼2003室

**GZL Int'l Consultants Co. Ltd** Room 817-819, Time Square East, Tianhe Bei Lu (6110 1033). www.gzlco.com 广之旅海外咨询服务有限公司, 天河区时代广场东座817-819室

TRAINING SCHOOLS

**I Mandarin Chinese Training Expertise** 1) Suite 1505, the Metro Plaza, 183 Tianhe Bei Lu; 2) Suite 2105, South Tower, World Trade Center 371-375 Huanshi Dong Lu (2282 9282, 2884 8682). 3) Room 1211, the West Tower, Hua Pu Plaza, 9-13 Huaming Lu, Zhujiang New Town (2238 2196). www.iMandarin.net 新世界教育; 1) 天河北路183号, 大都会广场1505室 2) 环市东路371-375号, 世贸中心大厦南塔2105室 3) 珠江新城华明路9-13号华普广场西座1211室

**Alliance Francaise de Canton (French Training Center)** 2/F, 12 Wu Zi Building, Beijiachang Heng Lu (8380 2501, fax 8380 2502). www.af-canton.org.cn 广州法语培训中心, 北较场横路12号物资大厦二楼

**BECTON English Training School** 15/F, Dong Pu. 433 Zhongshan Dadao (8232 6673) 2) 5/F, 14 Xiao Dong Yuan, Zhongshan Yi Lu (8730 2089) 3) Shi Hua Club, Shihua Lu, Huang Pu. 1) 中山大道433号鹤银大厦五楼 2) 中山一路小东园14号铁路老干活动中心(老年)大学五楼 3) 黄埔石化路石化俱乐部

**Berlitz Language Training** Room 1013, Southern Securities Building, 140 Tiyu Dong Lu (Tel: 3887 9261, 3887 9262; fax: 3887 9263) www.berlitz.com 贝立兹中心, 体育东路140号南方证券大厦1013室

**Classic Mandarin Language Training** Room 6C, Runde Building, Huajiu Jie, 23 Huajiu Lu, Zhujiang New Town (next to Starbucks coffee) Tel: 2886 9082 新语翔语言学校, 珠江新城华就路23号华居街润德大厦6C室 (Starbucks咖啡隔壁)

**English First (EF)** Room 302, 3/F, East Tower, Huaxin Building, 2 Shuiyin Lu (3760 1518). www.englishfirst.com 英孚教育, 水荫路2号华信大厦东座302室

**Foreign Teachers' Essential Orientation/Foreigners' Masala** The Fountains International Community Center, 5 Xiaokang Jie, Pingsha Village, Guanghua Yi Lu, Baiyun District (Tel: 8605 3909; email: info@thefountains.cn) www.thefountains.cn 白云区广花一路平沙小康街5号

**Joy Chinese Language Training** Room 803, Qiaoshun Block, Guanghua Plaza, 84 Tianhe Bei Lu (Alice 133 5282 5155 or 3881 5306). www.joy-chinese.com 天河北路84号光华大厦侨顺楼803室

**New Omega International Center** For language tutoring and university acceptance assistance. 9/F, Tower A, Center Plaza, East Railway Station Tianhe, Guangzhou (Tel: 3336 9791) 新奥美嘉教育, 天河区林和西路火车站东出口中泰国际广场A塔9楼

**New Concept Mandarin** Room 2001, Tower D, Phase 2, Tianyu Garden, 138 Linhe Zhong Lu, Tianhe District (3893 4200). www.newconceptmandarin.com 新概念汉语, 天河区林和中路138号天誉花园二期D座2001室

**School of International Education (South**

**China University of Technology** Wushan Lu, Tianhe District (3938 1048, 8711 0592), ymshan@scut.edu.cn, sieinfo@scut.edu.cn 天河区五山路

**Wall Street English 1)** 2/F Rongjian Building, 29-31 Jianshe Liu Malu; **2)** 109B Fortune Plaza, 116-118 Tiyu Dong Lu; **3)** 1/F CTS Center, Zhongshan Wu Lu (Hotline: 800 810 0661). 华尔街英语, 1) 建设六马路29-31号荣建大厦2楼; 2) 体育东路116-118号财富广场109B; 3) 中山五路中旅商业城1楼

**Xin Han Ji Chinese Language Center** Room 2901, Section A, Zhongyi City Garden, 25 Linhe Jie, Tianhe District (Tel: 3821 6343; fax: 3821 6643). www.hsktest.com.cn 新翰吉汉语国际学院, 天河区林和街25号中怡城市花园(中信广场东侧)A座2901室

## TUTORIAL SCHOOL

**Eye Level Nabio Learning Center** Rm217-219, Upzone, 20 Haiming Lu, Zhujiang New Town, Tianhe District (3827 9096) 乐必奥学习中心, 珠江新城海明路20号力迅上筑西座217-219室

**Whyville Education Suite** 3A08, Building A, Long Wei Office Tower, Tianhe Bei, Longkou Zhong Lu (3809 5020). 天河区龙口中路130号龙威广场A栋3A08室

## BUSINESS

### BUSINESS ASSOCIATIONS

**American Chamber of Commerce** Suit 1801, Guangzhou International Sourcing Center, 8 Pazhou Dadao Dong, Haizhu District (Tel: 8335 1476, fax 8332 1642; amcham@amcham-southchina.org) www.amcham-southchina.org 美国商会, 海珠区琶洲大道东8号广州国际采购中心1801室

**Australian Chamber of Commerce** Rm1714-15, Main Tower, Guangdong International Building, 339 Huanshi Dong Lu (Tel: 22372866; fax: 83190765; mail@austcham-southchina.org). www.austcham-southchina.org 澳洲商会, 环市东路339号广东国际大厦主楼1714-15室

**Australian Trade Commission** 12/F, Zhujiang New City, Development Centre, No. 3 Linjiang Lu (Tel: 2887 0188; fax 2887 0201; guangzhou@ustrade.gov.au) www.ustrade.gov.au 澳洲贸易协会, 临江路3号珠江新城发展中心12楼

**BenCham, Benelux (Belgium, the Netherlands, Luxembourg) Chamber of Commerce in China, Pearl River Delta**, Floor 34, 208 Teem Tower, 208 Tianhe Lu (155 2118 2708). 荷比卢商会, 天河路208号海天天河大厦34楼 www.bencham.org

**British Chamber of Commerce** Rm1206, 12/F, Guangdong International Hotel, 339 Huanshi Dong Lu (Tel: 8331 5013; fax: 8331 5016; events@britchamgd.com) 英国商会, 环市东路339号广东国际大酒店主楼12楼1206室

**Economic & Commercial Office of Spain in Canton** Rm503-504, R&F Center, 10 Huaxia Lu, Zhujiang New Town (Tel: 3892 7687; fax: 3892 7685). Office hour: 9am-5pm. 西班牙驻广州领事馆经济商贸处, 珠江新城华夏路10号富力中心503-504室

**European Union Chamber of Commerce** Rm 2817, Tower A, Shine Plaza, 9 Linhe Xi Lu, Tianhe District (Tel: 3801 0269; fax: 3801 0275) 中国欧盟商会, 天河区林和西路9号耀中广场A塔2817室

**FIT Plant Construction & Maintenance Corporation** RmB401A, 9 Caipin Lu, Guangdong Science Park, Guangzhou Hi-Tech Industry Zone, Guangzhou (3206 8771) 飞特工厂建设维保股份有限公司, 高新技术产业开发区广州科学城彩频路9号B401A

**French Chamber of Commerce in South China (CCIFC)** 2/F, No 64, Shamian Dajie (Tel: 8186 9009; Fax: 8121 6228; Email: ccifc-guangzhou@ccifc.org) 中国法国工商会(广州), 沙面大街64号2层www.ccifc.org

**French Trade Commission** Rm 803, GITIC, Main Tower, 339 Huanshi Dong Lu. (Tel: 2829 2100, fax 2829 2101; canton@ubifrance.fr) www.ubifrance.com / www.ubifrance.com/cn 法国驻广州总领事馆商务处, 环市东路339号广东国际大酒店主楼803室

**German Industry and Commerce** Rm 2911-

12, Metro Plaza, 183 Tianhe Bei Lu (Tel: 8755 2353; fax: 8755 1889; info@gz.china.ahk.de) china.ahk.de 天河北路183号大都会广场2911-12室

**German Chamber of Commerce** Rm 2915, Metro Plaza, 183 Tianhe Bei Lu (Tel: 8755 2353; fax: 8755 1889; chamber@gz.china.ahk.de) china.ahk.de 中国德国商会华南大西南区, 天河北路183号大都会广场2915室

**Guangzhou Municipal Board for International Investment** 7/F, Guangzhou Municipal Affairs Center, 61, Huali Lu, Zhujiang New Town (3892 0742; fax: 3892 0747) 广州市国际投资促进中心, 珠江新城华利路61号广州市政务中心7楼

**Guangdong Everbright International Driver Training Center** G/F, Youdian Zhong San Jie, Huanshi Dong Lu (8386 5232, 8753 0176) 广东光大国际驾驶培训中心, 邮电中3街9号1楼 gzguangda@126.com

**Hong Kong Chamber of Commerce** 23/F, Affiliated Tower A, GITIC, 339 Huanshi Dong Lu (Tel: 8331 1653; fax: 8331 2295; info@hkcccgd.org) www.hkcccgd.org 香港商会, 环市东路339号广东国际大厦A座附楼23楼

**Hong Kong Trade Development Council** 23/F, Affiliated Tower A, GITIC, 339 Huanshi Dong Lu (Tel: 8331 2889; fax: 8331 1081; guangzhou.office@tdc.org.hk) 香港商贸局广州办事处, 环市东路339号广东国际大酒店群楼A座附楼23楼

**Italian Chamber of Commerce** Rm 948, Office Tower, the Garden Hotel, 368 Huanshi Dong Lu (Tel: 8365 2682; Fax: 8365 2983) 意大利商会, 环市东路368号花园大厦948房 www.cameraitacina.com

**Italian IPR Desk** Rm 1402, International Finance Place, 8 Huaxia Lu, Zhujiang New Town (Tel: 8516 0140; email: iprdesk.canton@ice.it) 意大利知识产权项目, 珠江新城华夏路8号合景国际金融广场14楼1402室

**Italian Trade Commission Guangzhou office** Rm 1402, International Finance Place, 8, Huaxia Lu, Zhujiang New Town (Tel: 8516 0140; fax: 8516 0240; email: canton@ice.it) www.ice.it/paes/asia/cina/ufficio3.htm, www.italtrade.cn 意大利对外贸易委员会广州代表处, 珠江新城华夏路8号合景国际金融广场14楼1402

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## What you need to know about Invisalign.

In our IFC dental office, we treat every single patient with personal attention, to get you the quality dental care you deserve. From simple educational presentations to instant, digital X-ray graphic presentations of your teeth and gums, we'll be sure you understand each dental treatment and procedure.

We are a dental practice devoted to restoring and enhancing the natural beauty of your smile using conservative, state-of-the-art procedures that will result in beautiful, long lasting smiles!

### Q: How does Invisalign work and what's so good about it?

**A:** Similar to a treatment with conventional braces, your dental practitioner will initially take photographs, x-rays, impressions of your teeth and make a treatment plan. These records are then sent to Align Technology where they will be scanned and turned in to a 3D digital representation of your teeth. This allows your dental practitioner to continue to plan your treatment in 3D from start to finish and then show you the projected end results. In other words you can have a "designed smile".

After your virtual course of treatment has finished you will be able to see the movement of your teeth via a 3D animation. A series of aligners will then be custom manufactured for you. The aligners are made from a lightweight plastic material and will fit around only your teeth and will be changed every two weeks for new ones. Each aligner is slightly different from the previous one and moves your teeth gently into the desired position to create a smile you'll be proud of. The length of treatment may vary depending on the severity of your case and can be determined by your dental practitioner. On average, cases take approximately 9-18 months.

### Q: Who's eligible for Invisalign?

**A:** Invisalign treatment can be used for patients of different ages, especially for teen who have erupting or erupted permanent dentition. Ask your dental practitioner to see if you qualify to start treatment today.

### Q: How long does Invisalign treatment take?

**A:** The length of treatment depends on the severity of your case and can only be determined by your dental practitioner; however, the average case takes about 9-18 months.

### Q: What are some other advantages of Invisalign over traditional braces?

**A:** In addition to improved oral hygiene, an active lifestyle is made simpler when wearing Invisalign, as opposed to the fixed wire and brackets. Since the device is removable, it is easy for you to play sports, musical instruments and generally live your life as you would normally.

### Q: What happens if the aligners are not worn for the recommended amount of time?

**A:** Invisalign is most effective when worn according to your dental practitioner's

recommendation. Overall, we find the aligners are most effective if worn 20 to 22 hours per day and changed every two weeks or per your dental practitioner's recommendation – and removed only for eating, brushing, and flossing.

### Q: What happens if you lose one or both of your aligners?

**A:** In the event that an aligner is lost, you should inform your dental practitioner right away. Depending on your treatment progress, your dental practitioner may tell you to go back and wear the previous set of aligners and will the order a new set of aligners to replace the ones that were lost or have you move to the next set of aligners immediately.



**Dr. Bing Elliot Xia**

Specialized in Orthodontics, He earned DDS degree from University of the Pacific, Arthur A Dugoni School of Dentistry. A member of American Dental Association/California Dental Association/San Francisco Dental Society/American Orthodontic Society/American Association of Lingual Orthodontics

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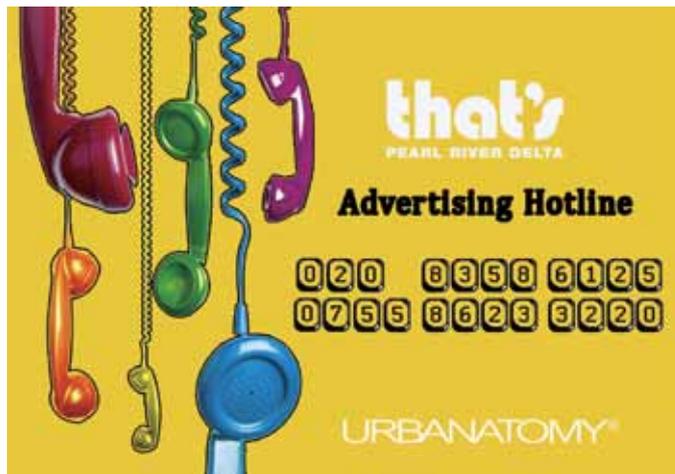
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# TO CELEBRATE FESTIVAL CROISEMENTS, THIS WEEK'S CRYPTIC PICTURES ARE POPULAR FRENCH BOOK TITLES (SOLVED IN ENGLISH).

We've got tons of prizes to give away including two tickets to Zinfest and two bottles of Hacienda Vieja tequila. Solve our French book titles cryptic pictures and send your answers to [marketing.prd@urbanatomy.com](mailto:marketing.prd@urbanatomy.com) with the subject "cryptic picture answers" by June 20 for a chance to win one of our many fabulous prizes.

How it works: Each picture represents a word or syllable. Spoken out loud the below combinations will create the title of a classic French novel.

**1**  →  **2**  → 

**3**  →  **4**  →  →  → 

**5**  →  **6**  →  → 

**7**  →  →  **8**  → 

**9**  →  **10** 

Last month's answers: 1. Bacon 2. Kahlo 3. Lichtenstein 4. Dali 5. Man Ray 6. Monet 7. Picasso 8. Hopper 9. Pollock 10. Warhol



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